

LolaGets85

FAITH • COMMUNITY • ENCOURAGEMENT

UPLIFTING SPIRITS | FAITH IN ACTION
MARCH 2026 | VOLUME 1 ISSUE 1

OPENING NOTE | FROM THE EDITOR

Hello dear hearts,

Welcome to the first volume of the bi-monthly **Uplifting Spirits | Faith in Action Newsletter** where we are continuing to build faith and connection.

This month we are focused on communication, not just talking, but aligning. We will align in faith, health, marriage or relationships, and growth. When communication breaks down, conflict grows. But when clarity increases, peace has room to lead. Let's go deeper!

Sincerely yours,

Nicole T. Terrel

FAITH EXPERIENCES COMING



DIGITAL REFLECTION

Some stories aren't just meant to be read — they're meant to be processed. The Blind Faith Digital Reflection Bundle pairs the book with a guided digital journal designed to help you slow down, reflect deeply, and respond to what God is speaking in your own season of trust. Reset with me beginning March 10th.



IMMERSIVE BUNDLE

The immersive bundle pairs the author-narrated audiobook, the digital book, and the guided reflection journal into one intentional faith experience. This bundle was created for those walking through uncertainty, waiting, or spiritual growth. Listen with me beginning April 10th.



FEBRUARY RECAP | MARCH THEME | SNEAK PEEK INTO APRIL

TRUST TALK

February centered around loving like Jesus – not emotionally, not selectively, but intentionally. What started as a whisper, launched into the release of Blind Faith on February 10th. Reflective thought: if love doesn't require humility, it probably isn't Christlike love.

This month on Trust Talk, we're diving into how mature faith handles tension. We're talking about being peaceable with all people, receiving correction without pride, and speaking truth without offence.

April is National Volunteer Month, and our theme will be Service in the Community. Because faith that communicates well should also demonstrate well.

MAINTENANCE MINDSET

In February, our Maintenance Mindset focus centered on love – not just loving others, but loving yourself in a healthy, grounded way. We talked about confidence rooted in God's love.

This month, we're bringing communication into the conversation especially with your healthcare provider. We're going to talk about how clearly to express your concerns, how to ask better questions, and how to respond when you don't fully agree.

In April, we will focus on service through stewardship and how consistency in health impacts our energy for service. You can't pour from an empty place and service requires strength.





MARRIAGE IN MOTION

In February, for Marriage in Motion we talked about loving like Jesus. This means choosing patience when it's inconvenient, offering grace without lowering standards, and leading with humility instead of ego.

This month, we're leaning into something every marriage will face, which is communication and conflict. We'll be discussing how to communicate feelings without attacking, how to disagree without disconnecting, and how to repair after tension.

In April, we'll focus on serving together. There's something powerful about couples who build beyond themselves. We'll talk about serving in your church or as a team, aligning your marriage around shared purpose, and how service strengthens connection.

LESSONS FROM FEBRUARY

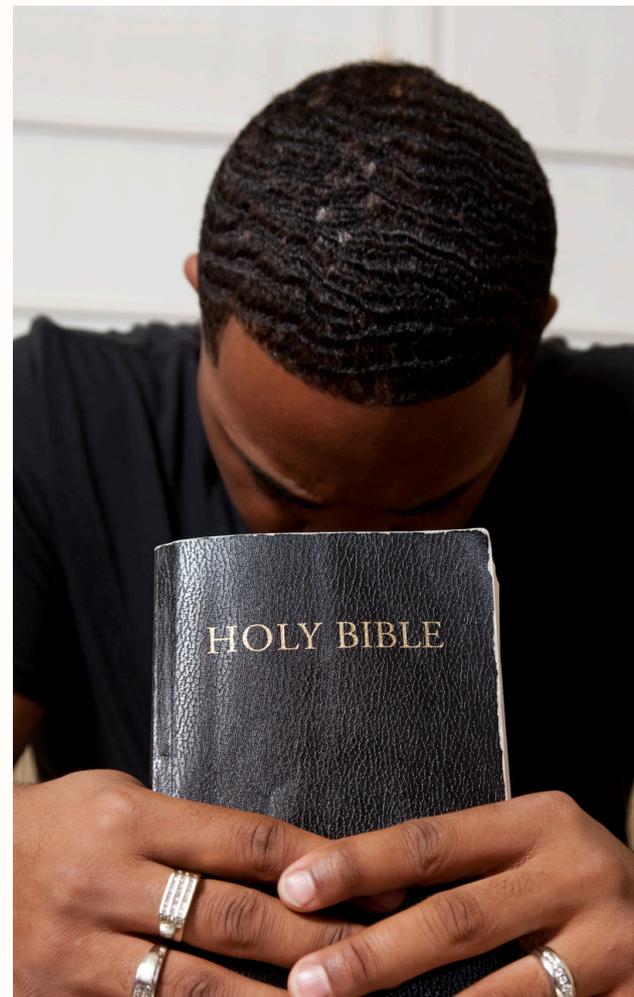
WHAT GOD IS TEACHING ME

February taught me that obedience doesn't have to be loud to be powerful.

Launching Blind Faith didn't go viral. It didn't explode overnight. But it did something more important – it stretched me. It forced me to move from “one day” to “today.”

I learned that small beginnings are still beginnings. That foundation work is holy work. That testing systems, fixing links, troubleshooting spam folders, and figuring out Apple portals is still part of the calling.

God is teaching me that momentum isn't always measured in numbers. Sometimes it's measured in consistency.





COMMUNITY SPOTLIGHT

This month, I want to highlight two voices who reminded me why obedience matters.

✦ D. Lovell

“Blind Faith is a powerful and deeply personal testimony of what it looks like to trust God when fear, chaos, and uncertainty try to take over your life.”

Reading those words meant more than I can explain. When someone sees the heart behind the work, it reminds you that the message is landing where it needs to. Thank you!

✦ G. Williams

“I was blessed to see Nicole's landing page. I am humbled by your obedience. You will reach thousands if not millions with your ministry. Thank you for saying ‘Yes’ to Our Lord Jesus Christ.”

That message stopped me in my tracks. Sometimes obedience feels quiet and then someone reminds you that saying “yes” is bigger than you realize. Thank you!

CLOSING THOUGHT | MORE THAN ENCOURAGEMENT

Everything we’re building here with Trust Talk, Maintenance Mindset, Marriage in Motion, and the books and bundles— is all connected. This is more than spiritual encouragement. We’re building faith that matures, health that strengthens, marriages that pursue unity, and a community that serves.

When Blind Faith soft launched in February, it wasn’t about mass marketing. It was about obedience. Phase one allowed me to launch the book, test the systems, connect with early readers, and build the foundation for what’s next because foundations matter.

So now in Phase two, we’re expanding the experience. We’re moving from inspiration to intentional application through the Faith Reset Bundle. And Phase Three will take it even further with the full immersion experience, including the audiobook and limited physical resources.

The books, the journals, the episodes — they are tools. Tools to help you process, apply, and live what you’re learning in real time. Let’s not just consume encouragement but build something steady.

LET'S STAY *Connected*



Stay connected for ongoing conversations, resources, and updates as we continue building faith in action.

Whether you're here for Trust Talk, Maintenance Mindset, Marriage in Motion, or the latest resources, you belong here. Choose the platform that fits you best, and let's keep building together.

- Website: <https://lolagets85.shop/>
- Email: community@lolagets85.shop
- [YouTube](#)
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