

LOCAL STORIES DECEMBER 16, 2025

Rising Stars: Meet Aimee of Lebanon, TN

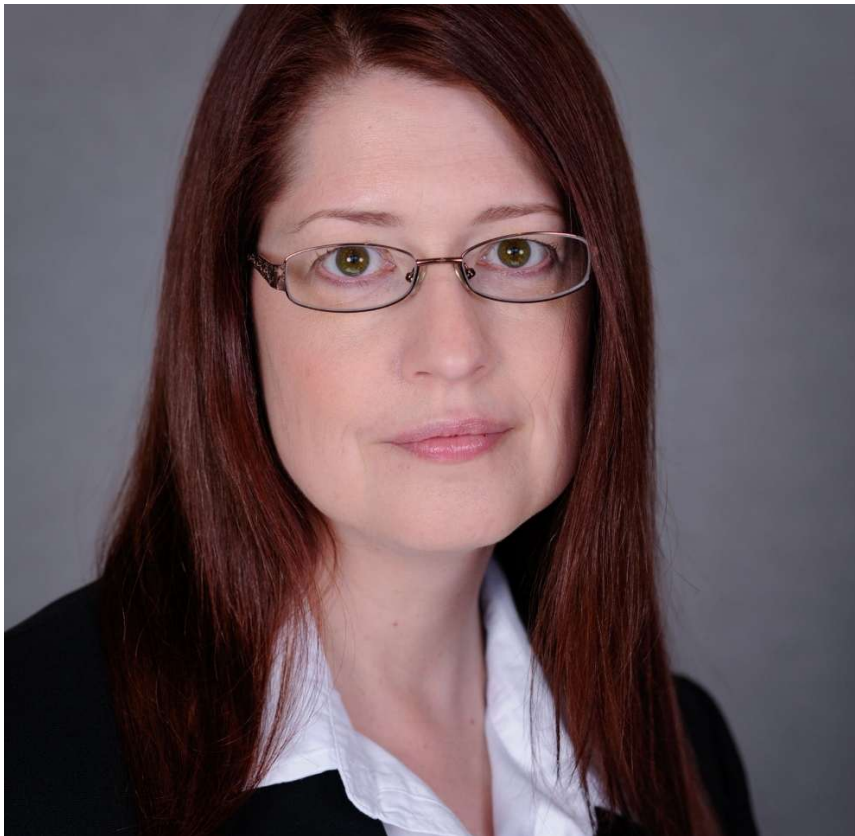


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Today we'd like to introduce you to Aimee.

Hi Aimee, can you start by introducing yourself? We'd love to learn more about how you got to where you are today?

My career has been anything but linear, and I wouldn't have it any other way. I started with a BA in theatre and worked in the acting industry from 1990 to 2014—though acting was something I did alongside other professions throughout those years. It was a world I loved, but eventually I was ready for something different. I transitioned into the legal field by working as a paralegal for three years, which gave me a solid foundation before deciding to take the plunge into law school.

After graduating, I moved to Nashville to sit for the bar exam in 1997. I lived in Atlanta for a couple of years after that, where I took some time away from practicing law. The truth is, I needed a break. Burnout is real, and I stepped back to teach public school for a while. Later, I found my way to teaching paralegal studies at Nashville's ABA-approved paralegal program at Kaplan College. That job was incredible—honestly, the best I've ever had. There's something special about helping students discover a path in the legal profession.

Eventually, I returned to practicing law then spent nine years working in eDiscovery as an attorney for a large company. The work was fascinating, and I became deeply engaged with the technology side of legal practice. After those nine years, I decided to start my own business, Tenaglia Law and eDiscovery Services, while continuing to practice law part-time. I've also donated time to legal aid because giving back to the community matters to me.

My attorney practice focuses on estate planning, business and employment law for small local businesses, and limited scope representation. On the eDiscovery side, I'm passionate about making these services affordable for small plaintiffs' firms who might otherwise struggle with the cost. I offer everything from Gmail and cell phone extractions to eDiscovery protocols, consultations, importing documents, document productions, privilege log generation, redactions, and

more. I'm a Certified eDiscovery Specialist, and I genuinely love technology. I've kept up with all the changes over the years and have even worked on projects involving large language models for legal AI software.

Looking ahead, I'm planning to take my privacy (CIPP) and AI Governance exams in 2026. I'm also working on a book. It's always been a dream of mine to become a writer.

Outside of work, I love to travel and have been to over 14 countries. Exploring new places and cultures is something that energizes me.

My journey has taken me from the stage to the courtroom to the classroom and beyond. Each chapter has taught me something valuable, and I'm excited to see where the next one leads.

I'm sure it wasn't obstacle-free, but would you say the journey has been fairly smooth so far?

No. Absolutely not.

I've spent most of my career teaching myself technology from the ground up. No formal training, no computer science degree—just determination and countless hours figuring things out on my own. For a long time, that felt like something to be proud of, proof that I could adapt and learn whatever I needed to.

But these last five years have been different. Harder. I watched younger colleagues get opportunities I was more than qualified for. It's one of the reasons I decided to start my own business. The frustration isn't just about being overlooked—it's about fighting against assumptions about my age and generation. People look at my age and decide they already know what I'm capable of. Or more accurately, what I'm not capable of.

I've put in the work. I've stayed current, learned new software, adapted to new tools. I didn't just rest on what I knew a decade ago—I kept pushing, kept

growing. But none of that seems to matter when someone has already decided that people from my generation “just don’t get it” when it comes to technology.

What makes it worse is that I know I’m good at this. I’ve solved problems, I’ve mastered technology in both legal and AI areas. I understand technology not just in theory but in practice, because I’ve had to learn it the hard way, without anyone holding my hand. That kind of self-taught resilience should count for something.

As you know, we’re big fans of you and your work. For our readers who might not be as familiar what can you tell them about what you do?

What sets me apart from others?

I actually care about people and help them. When someone calls, I call them back—not three days later, not when it’s convenient, but when I said I would. I take my responsibilities seriously, and when I’m on the clock, I’m working. No lackadaisical attitude. I’m honest to a fault, and I genuinely want to help people solve their problems, not just check a box and move on.

Here’s the thing about me: my brain doesn’t fit neatly into one category. I can dig into spreadsheets, break down complex problems, handle the logical and analytical stuff without breaking a sweat. But I’m also the person who sees creative solutions others miss, who brings imagination and artistry to the table.

That’s probably why my career path looks like someone threw darts at a board while blindfolded. I’ve zigzagged because I can’t help chasing what genuinely interests me, what lets me use all of who I am. Some people might see that as unfocused. I see it as refusing to waste half my abilities just to look good on paper.

At the end of the day, what sets me apart is pretty simple: I care, I show up, and I bring everything I’ve got—logic, creativity, and actual human decency.

Let's talk about our city – what do you love? What do you not love?

I love the creative energy that runs through Nashville. There's this incredible music and art scene that feels accessible and real. You can catch live music any night of the week, obviously, but it's more than that. There's always something happening. And the people here actually show up for each other's shows, openings, and performances. That sense of community is what really gets me. Folks are genuinely supportive of what others are doing, whether you're a musician, painter, or just someone trying something new.

But man, the growth has been brutal in some ways. Housing costs have shot through the roof, and it's pushing out the very people who made Nashville special in the first place. Finding an affordable place to live feels almost impossible now. And don't even get me started on the traffic – what used to be a quick drive across town can now eat up hours if there's an accident. The infrastructure just hasn't kept pace with how many people are moving here.

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