

## **Dirty Dozen 2026**

1. Apples
2. Blackberries
3. Blueberries
4. Cherries
5. Grapes
6. Kale and leafy greens
7. Nectarines
8. Peaches
9. Pears
10. Potatoes
11. Spinach
12. Strawberries

## **Clean Fifteen 2026**

1. Asparagus
2. Avocados
3. Bananas
4. Cabbage
5. Carrots
6. Cauliflower
7. Frozen peas
8. Kiwi
9. Mango
10. Mushrooms
11. Onions
12. Papaya
13. Pineapple
14. Sweet corn
15. Watermelon