

Present Perfect Continuous Practice Sheet

ACTIVIDAD 1 — Completa con Present Perfect Continuous

1. She _____ (study) for three hours.
2. They _____ (wait) for the bus since 8 a.m.
3. I _____ (work) all morning.
4. We _____ (look) for you everywhere.
5. He _____ (exercise) a lot recently.
6. You _____ (talk) on the phone for too long.
7. The dog _____ (bark) all day.
8. My parents _____ (plan) the trip for weeks.
9. The students _____ (practice) for the exam.
10. It _____ (rain) since last night.

ACTIVIDAD 2 — Completa usando for / since

1. She has been studying _____ two hours.
2. They have been traveling _____ last summer.
3. I have been waiting _____ 10 minutes.
4. He has been working _____ 2019.
5. We have been living here _____ a long time.

ACTIVIDAD 3 — Corrige los errores

1. She has studying for hours.
2. We have been work since morning.

3. They has been waiting for you.
4. I have been read that book.
5. He have been trying to call you.

ACTIVIDAD 4 — Escribe frases según las ideas

1. (I / work / all day)
2. (she / study / since early morning)
3. (they / look for / a new house / for months)
4. (we / try / to solve the problem)
5. (my friends / plan / a surprise)

ACTIVIDAD 5 — Elige la opción correcta

1. She *has been studying / has studied* for hours.
2. They *have waited / have been waiting* since 7 a.m.
3. I *have worked / have been working* all day.
4. We *have been looking / have looked* for my keys.
5. He *has been exercising / has exercised* a lot recently.
6. You *have talked / have been talking* for too long.
7. The dog *has barked / has been barking* all day.
8. My parents *have planned / have been planning* the trip.
9. The students *have been practicing / have practiced* for the exam.
10. It *has been raining / has rained* since last night.

KEY ANSWERS

ACTIVIDAD 1: 1. has been studying 2. have been waiting 3. have been working 4. have been looking 5. has been exercising 6. have been talking 7. has been barking 8. have been planning 9. have been practicing 10. has been raining

ACTIVIDAD 2: 1. for 2. since 3. for 4. since 5. for

ACTIVIDAD 3: 1. has been studying 2. have been working 3. have been waiting 4. have been reading 5. has been trying

ACTIVIDAD 4: Answers vary

ACTIVIDAD 5: 1. has been studying 2. have been waiting 3. have been working 4. have been looking 5. has been exercising 6. have been talking 7. has been barking 8. have been planning 9. have been practicing 10. has been raining