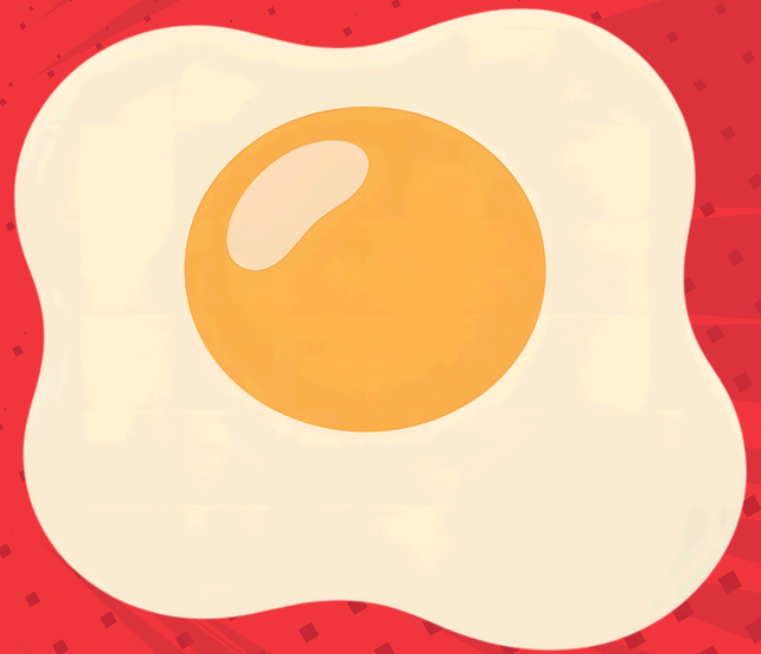
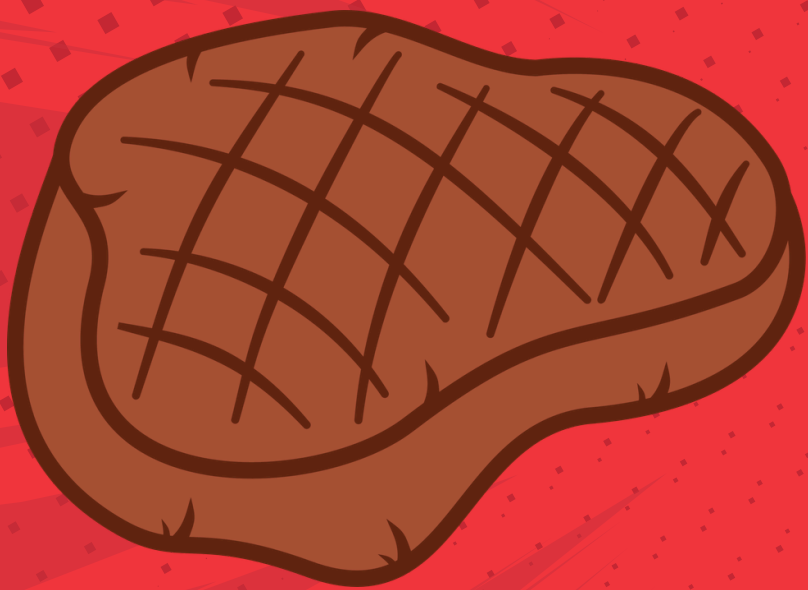


# THE PROTEIN SNACKER



**The Snack Theory**

LET'S GRAB A SNACK

# GYM BOOSTER

## DIET!



Is The Dite  
killing your  
progress?



Protein Monkey  
keeps you fit  
from inside



Natural Protein  
Gives Your Natural  
Inner Strength



Our dietis  
focused on  
strength  
building

# *The Menu!*

BOILED PLANKTON BANANA WITH BOILED DUCK EGGS

VEG LOADED BHURJI OF DUCK EGGS

SOYA NUGGET & TOFU SALAD

CHICK PEA SALAD

SOAKED NUTS SALAD

SAUTÉED CHICKEN BREAST

SAUTÉED DUCK BREAST

PROTEIN OATS VEG

PROTEIN OATS CHICKEN

PROTEIN OATS DUCK

SAUTÉED FISH

STEAMED HERB CHICKEN

STEAMED HERB VEGETABLE WITH SOYA

STEAMED CHICKEN LEGS

STEAMED HERB DUCK

STEAMED SOYA NUGGETS

BAKED FISH FINGERS



***CALL FOR MORE  
INFO!***

***+91 9315182477***