

# Founder *Immersion*

## 8 DAYS | GOA

A retreat to stop, think, learn,  
and realign your venture.



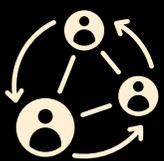
Morning  
Rythm



Deep Work  
Blocks



Vision to  
Action



Founder  
Circles



Taste &  
Trails



18-25 April, 2026



+91 70814 87691



[www.thestartupghar.com](http://www.thestartupghar.com)

**Limited Seats – Applications Open**

# Founder IMMERSION

A quiet retreat for founders who want clarity, not noise.

## WHY THIS RETREAT EXISTS

Most founder programs talk at you.

This retreat is designed to let you observe, reflect, and think.

We bring founders into direct contact with real, operating businesses family-run, export-focused, and quietly scaled, while creating space to step back from constant execution.

- Experience business beyond daily execution.
- Engage in honest, founder-to-founder conversations.
- Learn directly from real operators and not speakers.
- Return with renewed momentum and clearer direction.

## WHAT MAKES THIS RETREAT DIFFERENT

- Curated circle, not a crowd.
- Slow mornings, thoughtful days, reflective evenings.
- Time to think like a CEO, not perform like one
- Built around founders, not frameworks
- Outcomes over inspiration.

This is not about speed.

It is about seeing clearly.

# Retreat RHYTHM

## *Mornings*

- Quiet start with meditation,
- Journaling, reading, & quiet walks.
- Designed to clear the mind before the day unfolds.

## *Days*

- Deep conversations in small circle.
- Exposure to real founder journeys.
- Personal exploration and unstructured time to think question and reflect.
- *Learning Session and AMA.*
- *Deep Work Block*

## *Evenings*

- Sunset by the beach.
- Music, art, and high-energy conversations.
- Café hops and local food trails.
- Ocean walks and spontaneous resets.
- Optional club night to unwind and celebrate.

# Retreat FLOW

**DAY 1 - Arrival, Connections & Vision Mapping**  
(Set intention, build connections, create your vision board)

**DAY 2 - Awareness & Pattern Recognition**  
(Identify recurring blocks, habits, and decision loops)

**DAY 3 - Identity & Perspective**  
(Reframe how you see yourself and your venture)

**DAY 4 - Design & Direction**  
(Shape structure, priorities, and growth roadmap)

**DAY 5 - Context & Outside Exploration**  
(Expand thinking through environment, conversations, and city immersion)

**DAY 6 - Decision & Consolidation**  
(Clarify trade-offs, lock key decisions, simplify focus)

**DAY 7 - Life & Long-Term View**  
(Align business with lifestyle, values, and sustainability)

**DAY 8 - Closure & Commitment**  
(Define next steps and commit to execution)

# Sessions at THE IMMERSION

- **Energy Reset & Mapping**
- **Vision Board Workshop**
- **Structured Deep Work Blocks**
- **Founder Problem-Solving Rooms**
- **Unwinding the Noise**
- **Founder AMA Sessions**
- **Peer Learning Circles**
- **Outdoor Exploration**
- **Movement & Mind Integration**
- **Music & Creative Evenings**
- **The Founder Operating System**
- **Insight to Action: The Next 90 Day Plan**

# Who is this FOR?

- You're building or seriously planning to build something meaningful.
- You're at idea stage, early revenue, or scaling phase.
- You feel stuck, scattered, or unclear about your next move.
- You value depth, structure and focused execution.
- You want clarity before you chase speed.

...and IT'S NOT BE FOR YOU IF:

- You're looking for a vacation disguised as a retreat.
- You prefer passive listening over active participation.
- You want hype, not honest conversations.
- You're unwilling to reflect, rethink, or receive feedback.

# Inclusions

- 7 Nights / 8 Days of shared accommodation.
- All vegetarian meals and refreshments.
- Structured strategy sessions, workshops, and collaborative founder circles.
- Guided vision board creation to define your next phase clearly.
- Daily deep-work blocks for focused execution.
- Wellness experiences including yoga, meditation, and journaling.
- Curated city exploration, including local café work sessions and intentional outings.
- Designed group activities beach trail walks, collaborative challenges, and team-based exercises.
- Reflection frameworks, founder toolkits, and curated surprises
- Continued access to the post-retreat founder network and community ecosystem.

# EXCLUSIONS

- Travel to and from retreat venue, including flights, trains and road travel
- Meals not specified in the program; additional café orders or personal food preferences
- Personal expenses (alcohol, shopping, spa services, etc.)
- Optional experiences outside the core retreat schedule
- Laundry, room service, or non-standard hospitality services
- Medical insurance or emergency-related expenses
- Any damage, loss, or additional costs arising from unforeseen circumstances beyond the organizer's control (including weather disruptions, strikes, natural events, etc.)

# HOW TO JOIN?

- Submit a detailed Founder Application

We review for seriousness, stage, clarity of intent, and contribution potential.

- Shortlisted founders will receive a private confirmation call.

This ensures alignment, expectations, and depth of participation.

- Secure your seat with a 30% commitment deposit

Your seat is confirmed only after selection and payment.

“We curate for depth, readiness, and intent not volume.”

We are not building an audience.

We are building a room filled with intention.

# INVESTMENT IN THE CIRCLE

A limited cohort. Intentionally small.

Early Access Investment

(until 10<sup>th</sup> March, 2026) – ₹35,000

Immersion Investment

(post 10<sup>th</sup> March, 2026) – ₹40,000

This is not priced for attendance.

It is priced for commitment.

## **Cancellation Terms:**

- Full refund for cancellations made at least 30 days before the Immersion start date.
- 50% refund for cancellations made at least 10 days before the start date.
- No refunds for cancellations made within 10 days of the Immersion.
- A 30% advance is required to confirm your seat. The remaining balance must be paid at least 15 days prior to the Immersion.

CONNECT WITH US



# Founder *Immersion*

Email: [founders@thestartupghar.com](mailto:founders@thestartupghar.com)

WhatsApp: +91 70814 87691

Website: [www.startupghar.com](http://www.startupghar.com)

We are building a room of thoughtful founders.

Not an event. Not a crowd. A circle.

Apply with intent.