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ACTIVITY REPORT

Meet Transnational Project

Design Erasmus+: Education through empathy: together against violence

Project Code: 2025-1-RO01-KA210-SCH-000354805

Location: Theoretically "Anghel Saligny", Cernavoda, Romania

Activity period: November 19 – 20, 2025

Coordinators: teacher Nina – Cătălina COSTIN and teacher Rodica PLUGARU




Type of activity: TPM – Transnational Project Meeting (Management Meeting)

Participants:

-  Romania:

Teachers: Ionuț Dinescu, Viorica Stafie, Gela Mihalca, Iuliana Cotitu, Lucreția Marinescu, Victorița Encică, Fănica Chiru, Adriana Popa, inform. Carmen Baniță,

Students: Bianca Costin, Bianca Scutaru, Eren Memet, Selen Memet, Sara Cazacioc, Mălina Sima, Julia Zaharia, Ioana Miesz, Rebecca Savage, Andrei Zaharia.

-  Greece: teacher Kalliopi Ntolou and teacher Sefer Souleiman Chasan
-  Portugal: teacher Carla Mansilha and teacher Sandra Moutinho
-  Slovakia: teacher Sona Sosenkova and teacher Jan Soltes

1. Introduction

Erasmus+ project "Education through empathy: together against violence", funded by the European Union European Union, aims to prevent and reduction

violence in environment school, through empathy and inclusion; development students' socio - emotional skills and professors and improvement competences language and development sustainable by cooperation with countries European, promoting important Europeans and respect mutual.

■ **2. The main objectives of the meeting were:**

- **Strengthening collaboration:** The partners of the Erasmus+ project "Education through empathy: together against violence" had the opportunity to get to know each other physically, to improve intercultural cooperation and to strengthen the coordination of the project implementation.
- **Presenting the context:** The host school presented the Romanian unit and educational system, providing the partners with a basis for cultural and educational understanding.
- **Planning and responsibilities:** A common calendar of activities was established and the specific responsibilities of each partner for the coming period were clarified.
- **Administrative aspects:** Administrative and financial tasks, essential for the proper management of the budget and future mobilities, have been clarified.
- **Dissemination and promotion:** Directions were established for promoting empathy and preventing violence through joint educational activities.
- **Planning for future steps:** focus on developing empathy and preventing violence in the educational environment.

■ **3. Participants**

Romania

- 11 teachers directly involved in the project.
- 10 student volunteers who supported logistics, guidance, presentations (the Romanian education system, the city of Cernavoda, the High School Theoretically " Angel" Saligny") and activities;

- 50 parents indirectly involved.
- School management and support teachers.

Partner countries

- Greece – 2 teachers
- Portugal – 2 teachers
- Slovakia – 2 teachers

Participants from partner countries played an active role in all sessions, management discussions, workshops, and exchanges of good practices.

4. Carrying out activities

DAY 1 – November 19, 2025

4.1. Official reception of delegations

- Welcoming guests by the Romanian team, students, and school management.
- Presentation of the school, history of the institution, resources, educational programs, results.
- Guided tour conducted by the 10 volunteer students (laboratories, classrooms, library, offices).

4.2. Opening the meeting

- Welcome from the management of the "Anghel Saligny" Theoretical High School in Cernavoda.
- *Ice-breaking* session and mutual presentations, followed by a detailed presentation of the local context by the "Anghel Saligny" Theoretical High School in Cernavoda.
- Reminder of the overall project schedule.

4.3. Management session

The following were analyzed:

- activities implemented so far.
- the status of intermediate products.
- financial and administrative situation.
- reporting schedule (interim and final);
- responsibilities distributed between partners.

- Erasmus+ financial procedures were reviewed, focusing on justification rules and the appropriate collection of documents in an already existing project Google Drive.
- and periodic communication system (WhatsApp group) was established between the coordinating institution and partners.

The discussions clarified all administrative points and allowed all partners to align.

4.4. Practical activity: Presentations and exchange of good practices

- Each country presented its experiences: anti-violence activities, empathy workshops, inclusive methods.
- and answer session was organized.

4.5. Cultural program and social activity

- Visit to Cernavoda and surroundings.
- Informal activity to strengthen collaborative relationships.
- Artistic program offered by high school students, but also by those from primary and secondary schools.

DAY 2 – November 20, 2025

4.6. Practical activity – Group workshops (6 groups)

Participants were divided into 6 mixed groups, each group working on a flipchart on a specific topic related to empathy and violence prevention.

Workshop topics:

1. Empathy in school
2. From conflict to solution
3. Empathy in action: 5 Pa and
4. Empathy - Methods for Teachers
5. Empathy Wall – Student Voice
6. The ideal school without violence

Workshop results:

- creation of 6 educational posters.
- identifying methods and interventions immediately applicable in school.

- students' messages and emotional needs.
- defining a common set of recommendations for partner schools.
- increasing participant involvement and international collaboration.

4.7. Presentation of results in plenary

Each group presented its creation, and the conclusions were integrated into a set of common ideas that will be part of the final Erasmus+ product.

4.8. Conclusions, evaluation and feedback

- detailed work plan (Gantt Chart) has been completed for following stage, with deadlines limit CLEAR for collection of goods practices.
- Participants completed feedback questionnaires (letters).
- The overall evaluation was very positive.
- International participants offered sincere messages of appreciation (see section 6).

4.9. Official closing

- Thanks, from the management and coordinators.
- Handing over participation and organization certificates.
- Official photo.

■ 5. Major results of the meeting

✓ Management results

- Updating the common calendar.
- Finalizing the implementation, evaluation, monitoring, dissemination, communication plans, risk plan and establishing responsibilities for the coming months.
- Establishing reporting stages.

✓ Educational and methodological results

- 6 visible products resulting from the workshops.
- Common set of methods for increasing empathy in the classroom.
- International perspectives on violence prevention.

✓ **School results**

- Increasing the visibility of the "Anghel Saligny" Theoretical High School within the European network.
- Involving students in volunteering and guidance activities.
- Strengthening internal collaboration between teachers.

■ **6. Impact of the event**

✓ **Impact on teachers**

- Developing communication and collaboration skills.
- Improving understanding of empathy and its application in real - life situations.
- Access to international perspectives and exchange of good practices.

✓ **Impact on students**

- Increasing self-confidence through the role of guides and volunteers.
- to an international experience.
- Developing socio - emotional skills.

✓ **Impact on international partnership**

- Strengthening collaboration.
- Developing mutual trust.
- Establishing common directions for final products.

■ **7. Messages, impressions and reflections of participants**

Messages from international participants

- „Dear partners, dear coordinators and our wonderful host school , as we conclude these two days of our Erasmus kick-off meeting, we would like to express our sincere gratitude for everything you have given us . These moments were more than just a project meeting and discussions - they were days full of warm feelings, authentic connection, and unforgettable experiences that we will carry with us throughout the project.

To our hosts, both creative teachers and active students: thank you for welcoming us with such openness, professionalism, and kindness. Your careful preparation, your willingness to support us every step of the way

and the positive atmosphere you created made us feel truly at home. The program you put together was not only well-organized, but also inspiring, meaningful and full of personal details that reflect your dedication. We are deeply grateful.

To all partners: it was a pleasure to spend these days together, exchanging ideas, learning from each other, and building the foundation of a strong and fruitful collaboration. The energy, commitment, and enthusiasm that each of you brought made this launch meeting something special. It is reassuring to know that we are part of a team that values cooperation, mutual respect, and a shared vision.

These two days reminded us why we get involved in international projects: for human connections, inspiration, and the shared belief that together we can make a difference. Thank you for the smiles, the meaningful conversations, the new friendships, and the memorable moments we created.

We return home with full hearts, renewed motivation, and a lot of enthusiasm, we have already begun the return journey.

Thank you once again for everything - your hospitality, your professionalism and, above all, your warmth.

We are already looking forward to seeing each other again soon (online) and welcoming you and your students to us next year.” – Priests from GREECE.

- "I would like to sincerely thank you and your entire team for the wonderful and very well-prepared two days of project activities. We felt truly wonderful and very comfortable in Cernavoda. We really enjoyed the time spent with you and our colleagues from Greece and Portugal. We warmly welcome you all and look forward to the next moments together within the project.

Thank you once again for your warm welcome, care and kindness.” – Sona from Slovakia.

- "Respect for the internal team in Romania, who prepared for mobility very responsibly. We felt very comfortable among you. Thank you for your hospitality. You have wonderful students because they have wonderful teachers. Behind every project, objective, activity, trip, there are people. They are the people who give value to things.

I wish you all good health, success in your personal, family, and professional life. I can't wait for the next adventures within the project..." – Jan from Slovakia.

Messages from Romanian teachers

- "The transnational meeting demonstrated once again how important collaboration between schools is. The exchange of good practices was extremely valuable." – Rodica
- "The international partners appreciated the hospitality and professionalism of our team. It was an efficient and warm meeting." – Viorica
- "The activity charged me with positive energy and reminded me how important it is to work with students in an open and collaborative way." – Gela
- "I was impressed by the maturity of the students and the way they connected with teachers from other countries. It was a proud moment for our school." – Adriana
- "It was a successful activity, well organized, with visible impact. I thank the entire team for their involvement and professionalism." – Iuliana

Messages from student volunteers

- "I liked that I was directly involved in the workshops. I felt that my opinion mattered and that I was part of a real international team." – Bianca S.
- " For me, this experience was one of the most beautiful. I met new people, worked in a team and learned how to express my ideas with confidence." – Selen
- "I would repeat this experience anytime. It gave me confidence in myself and motivated me to get more involved in school activities." – Bianca C.
- "I liked the atmosphere, the way we felt listened to, and the fact that we contributed to the posters together." – Eren
- "Thank you to the teachers for giving us the opportunity to be part of this project. It was an experience that changed me." – Julia

■ 8. Final conclusions

Erasmus + transnational meeting on 19–20 November 2025 was an important moment in the evolution of the project, both from an administrative and educational point of view. The activities were well structured, interactive, and relevant. The Romanian team stood out for its professionalism, hospitality, and involvement. The students played a remarkable role, and the feedback from the partners confirmed the success of the event.

■ 9. Annexes

- Photos
- Official agenda
- Attendance lists
- Group products
- Completed questionnaires.
- certified







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