



**GBW**  
 HOMECARE SOLUTIONS  
 LLC

*We support you.*  
**You make a difference.**



At GBW Homecare Solutions, we're here to help you succeed from your first interview and every day after. Thank you for choosing a career that truly changes lives!



## CAREGIVER INTERVIEW PREPARATION GUIDE

*You've got this!*



### WHAT TO BRING

- Updated resume (if available)
- Government-issued ID
- Social Security card
- Proof of certification (if applicable)
- Two professional references
- Pen and notepad
- Positive attitude and a smile!



### DRESS TIPS

Dress comfortably and professionally. Clean, neat, and modest attire shows respect for our clients and our team.

- ✔ Wear solid colors or neutral tones
- ✔ Avoid strong perfumes or colognes
- ✔ Closed-toe shoes are recommended
- ✔ Hair should be neat and tidy
- ✔ Keep nails clean and trimmed



### COMMON INTERVIEW QUESTIONS

1. Why do you want to be a caregiver?
2. What experience do you have working with seniors or people in need of care?
3. How would you handle an emergency?
4. How do you deal with stress or challenging situations?
5. What does excellent care mean to you?



### CERTIFICATION REQUIREMENTS

- Current CPR Certification (Required)
- TB Test (Required)
- Background Check (Required)
- Home Health Aide Certificate (Preferred)
- Valid Driver's License (if driving required)
- Additional training provided by GBW



We believe in *you* and we're excited to learn how *you* can be part of our team!



## NEW CAREGIVER SUCCESS CHECKLIST

*Start strong. Stay confident.*



### COMMUNICATION TIPS

- Listen actively and speak respectfully
- Keep your client and family informed
- Ask questions when you're unsure
- Report changes or concerns promptly



### PROFESSIONALISM

- Be on time and dependable
- Maintain a positive attitude
- Respect privacy and personal space
- Follow the care plan and company policies



### INFECTION CONTROL BASICS

- Wash hands before and after care
- Wear gloves when needed
- Keep work areas clean and disinfected
- Follow standard precautions



### CLIENT RESPECT

- Treat every client with dignity
- Respect their choices and independence
- Be patient and compassionate
- Protect their confidentiality



### DOCUMENTATION REMINDERS

- Accurately record care provided
- Note changes in condition
- Report incidents immediately
- Complete timesheets on time



You are an important part of our team and the lives of those we serve. Keep learning, keep growing, and never hesitate to ask for support. *We're here for you!*



**YOU ARE MAKING A DIFFERENCE EVERY DAY.**  
*Thank you for your heart, your compassion, and your dedication.*



CALL US TODAY TO LEARN MORE!  
**757-641-4034**



VISIT OUR WEBSITE  
[www.gbwhomecare.net](http://www.gbwhomecare.net)



EMAIL US  
[info@gbwhomecare.net](mailto:info@gbwhomecare.net)



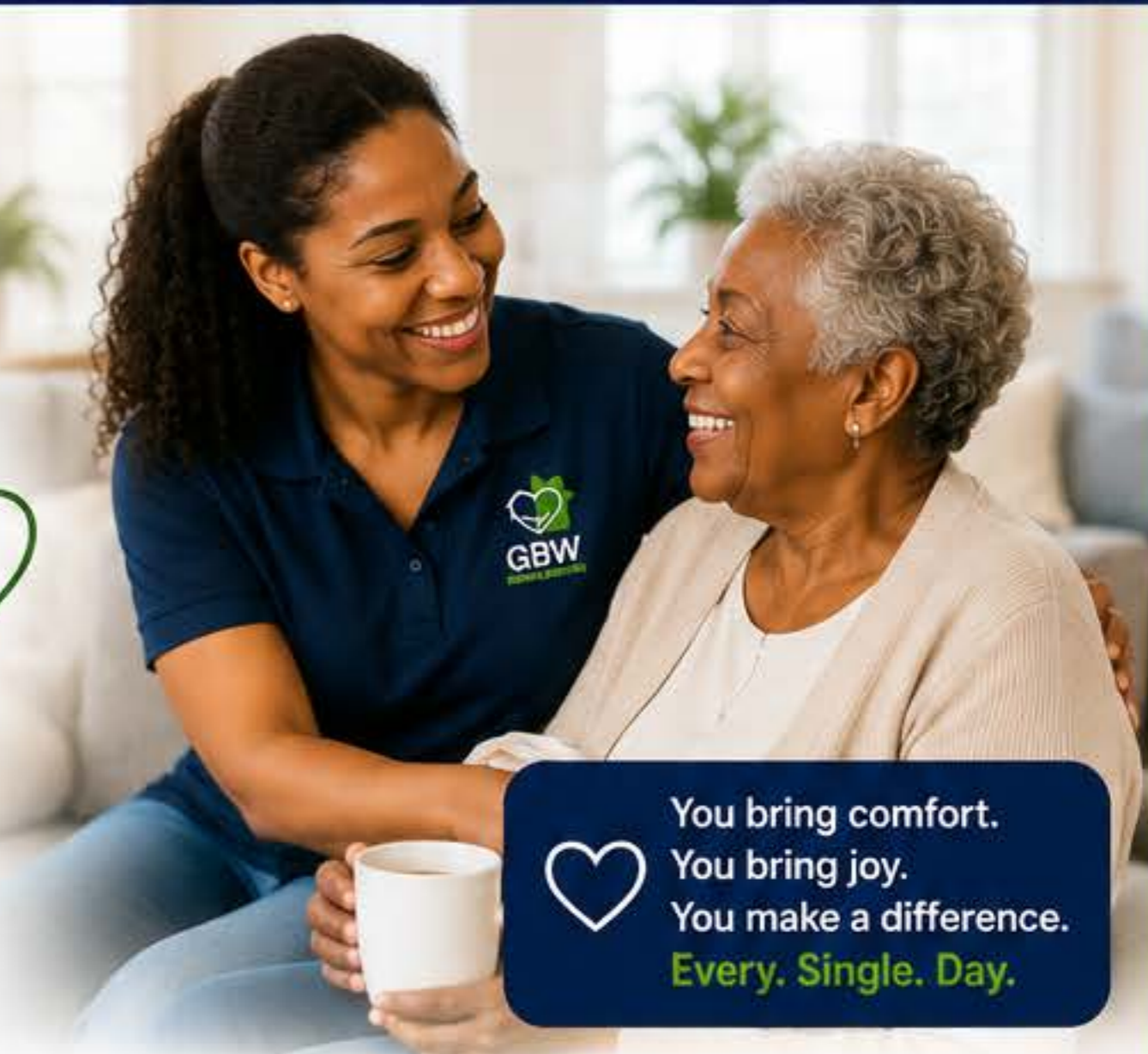


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# A Day in the Life of a Caregiver

More than a job.  
 It's a *heart-fueled* purpose.

Every day brings new moments, meaningful connections, and the chance to make someone's life brighter.








You bring comfort.  
 You bring joy.  
 You make a difference.  
**Every. Single. Day.**

## A Typical Day Might Look Like...

<p><b>8:00 AM</b></p> <p><b>A Warm Hello</b></p>   <p>You start the day with a smile, a kind hello, and a warm connection.</p>	<p><b>9:30 AM</b></p> <p><b>Morning Routine</b></p>   <p>You help with personal care, medication reminders, and getting the day off to a great start.</p>	<p><b>11:00 AM</b></p> <p><b>Engaging Moments</b></p>   <p>You share stories, play games, or enjoy a favorite hobby together.</p>	<p><b>12:30 PM</b></p> <p><b>Lunch &amp; Laughter</b></p>   <p>You prepare a nutritious meal and enjoy good conversation.</p>	<p><b>2:00 PM</b></p> <p><b>Out &amp; About</b></p>   <p>You assist with appointments, errands, or a fun outing.</p>	<p><b>4:30 PM</b></p> <p><b>Peace of Mind</b></p>   <p>You end the day knowing you made a difference that truly matters.</p>
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### Why Caregivers Love What They Do

-  Build meaningful relationships
-  Bring comfort and joy
-  Make a positive impact every day
-  Feel appreciated and valued
-  Grow personally and professionally

“  
 It's not just about the care I provide—it's about the lives we touch together.”



*You don't just care for people.*

 **YOU BRIGHTEN THEIR WORLD.**

And in doing so, you brighten *yours.*



*Be the reason someone smiles today.*



### Join GBW Homecare Solutions

A supportive team. A rewarding career.  
 A purpose that feels good every day.



**TEAM-FIRST**  
 We support each other.



**COMPASSION**  
 We lead with heart.



**RESPECT**  
 We value every person.



**GROWTH**  
 We invest in your future.



**RECOGNITION**  
 We appreciate you!

*Your heart has the power to change lives.*

*We can't wait to welcome you to the GBW family!*



CALL US TODAY  
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EMAIL US  
[info@gbwhomecare.net](mailto:info@gbwhomecare.net)





**GBW**  
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LLC

# WE'RE HIRING!

*Care With Purpose. Make a Difference.* 

At GBW Homecare Solutions, we're more than a homecare agency—we're a family.

Join our team and help us provide compassionate care that changes lives.



## GREAT CARE STARTS WITH A GREAT TEAM!



### WEEKLY PAY

Get paid weekly for your hard work!



### FLEXIBLE SCHEDULING

Choose shifts that fit your lifestyle.



### SUPPORTIVE TEAM

We value, respect, and support you.



### GROWTH OPPORTUNITIES

We invest in you and your future.



### CAREGIVERS CLOSE TO HOME

When possible, we match you in your community.



### MAKE A REAL DIFFERENCE

Your compassion brings comfort, dignity, and joy.

## NOW HIRING

- ✓ Personal Care Aides (PCAs)
- ✓ Home Health Aides (HHAs)
- ✓ CNAs
- ✓ Companion Caregivers
- ✓ Nursing Students
- ✓ Experienced Family Caregivers

*Whether you're experienced or just starting your caregiving journey,*  
**THERE'S A PLACE FOR YOU HERE!**

## WHY JOIN GBW?

- ♥ Meaningful one-on-one care
- ♥ Treat clients like family
- ♥ Positive & respectful work environment
- ♥ Ongoing training & support
- ♥ Full-time, Part-time & PRN opportunities
- ♥ Be appreciated for the impact you make every day!

*You bring the heart.  
We'll provide the support.*



### WE'RE LOOKING FOR PEOPLE WHO:



- ✓ Show compassion and patience
- ✓ Are dependable and professional
- ✓ Have reliable transportation
- ✓ Want to build meaningful relationships
- ✓ Believe caregiving is more than a paycheck

## THIS ISN'T JUST WORK. THIS IS PURPOSE.

Every visit matters.  
Every conversation matters.  
Every caregiver matters.



## READY TO JOIN THE GBW FAMILY?

*Apply Today!*

SCAN TO APPLY



 757-641-4034

 info@gbwsolutions.net

 www.gbwhomecare.net



SERVING HAMPTON ROADS & SURROUNDING COMMUNITIES