

Preventive Health Assessment in Vancouver Hastings, Calgary, Toronto Bay and Ottawa.

Exams	Select	Prestige	Elite
Comprehensive review of your personal medical history.	✓	✓	✓
Discussion about lifestyle and recommendations for psychological well-being.	✓	✓	✓
Complete physical health and wellness assessment.	✓	✓	✓
Pelvic examination and Pap smear test.*	✓	✓	✓
Prostate-Specific Antigen (> 45 years).*	✓	✓	✓
Advanced laboratory and diagnostic screening.*	✓	✓	✓
Full nutritional assessment.		✓	✓
All-encompassing fitness assessment.		✓	✓
Body composition analysis (available in Vancouver Hastings, Calgary and Ottawa).			✓
Hearing test (audiometry).*		✓	✓
Vision test (ortho-rater & Ishihara).*		✓	✓
Pulmonary function test (spirometry).*	✓	✓	✓
Eye pressure test (tonometry), (> 40 years).*		✓	✓
Screening for fecal occult blood.*	✓	✓	✓
Resting / stress electrocardiograms.*	✓	✓	✓
Abdominal ultrasound.*			✓
Basic immunization update.*	✓	✓	✓
Feedback from the physician and results.	✓	✓	✓
Coordination of external and internal appointments.	✓	✓	✓
Well-Being Assessment (mental health).	Optional add-on	Optional add-on	✓

Other tests and services available at TELUS Health Care Centres:**

- Medical imagery (ultrasound, radiology and more)
- Travel health
- Stress management
- Specialists (cardiology, dermatology, gynecology, psychology, internal medicine, ENT and more)
- Vaccination
- Nutrition coaching
- Genetics

To learn more, call us at 1-800-361-3493

Notes: Some aspects of the above may vary depending upon the patient's age, gender, and personal risk factors, as well as provincial and College regulations. The Select protocol is not available in Quebec. In Quebec, a patient can only do the tests noted with an asterisk (*) if the physician determines that these tests are medically necessary during the patient's initial medical assessment. ** Additional cost may apply. Please inquire at your local clinic for pricing. Availability depending on the Care Centre.

 **TELUS** Health