

Becoming The Parent Your Child Needs

A Numerology Guide to Decode Soul Contracts,
Your Child's True Nature, Potential, Life
Purpose, and Your Role in Their Life

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Dedication

I would like to lovingly dedicate my second book to my former colleagues — **Vinayak, Kavita, Kshama, and Nameetha** who unknowingly became a meaningful part of this journey.

At a time when I was stepping away from my conventional career and exploring my passions, they thoughtfully gifted me books on numerology. Back then, I could not have imagined how deeply those books would influence my path and perspective.

This book stands as a heartfelt acknowledgement of their kindness, thoughtfulness and belief in me.

Sometimes, the smallest gestures plant the biggest seeds and their gift did exactly that.

Contents

Acknowledgement.....i
Preface.....iii

	Section 1-Numerology Simplified- Chapters	
1.	Numbers Beyond Digits and Calculation	1
2.	Numerology Reading: The Soul's Diagnostic Report	3
3.	Even When I Didn't Know, the Numbers Influenced My Life	6
4.	A Mirror I Had Never Seen Before: My Numerology Chart	8
5.	My story of numbers	11
	Section 2-Numerology and Parenting-Chapters	
6.	Role of numerology in parenting	16
7.	Raising Children with Awareness	21
8.	The Two Numbers Every Parent Must Know	25
9.	The Parenting Mirror Exercise	30
10.	Read This Before You Go Ahead	34

	Section 3-Energies of Numbers- Chapters	
11.	Number 1	38
12.	Number 2	44
13.	Number 3	51
14.	Number 4	57
15.	Number 5	63
16.	Number 6	69
17.	Number 7	75
18.	Number 8	81
19.	Number 9	87
	Section 4-Soulful Parenting Insights- Chapters	
20.	What Your Parenting Mirror Reveals	94
21.	What Kind of Parent Are You? A Numerology Perspective	100
22.	Decoding your child numerology way	135
23.	Twins	167
	Section 5-Spiritual Perspective parenting -Chapters	
24.	My prebirth planning experience	171
25.	Remember! you choose your parents	177
26.	Soul's birth planning	183

27.	How soul contracts are formed	187
28.	Beyond Prediction: The Real Role of Occult Sciences	192
29.	Date of birth, timing and name	194
30.	Name or Spelling Change — Solution or Illusion?	199
31.	The Soul Message Behind “Your Children Are Not Your Children”	208
32.	Key Reminders to Carry Forward	213
	List of Books	

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A heartfelt thank you to my clients, students, and seekers who trusted me with their stories, experiences, and life journeys. Every interaction deepened my understanding of numerology and inspired many insights shared in this book.

Special gratitude to every reader holding this book today. Thank you for allowing me to be a part of your journey of self-discovery, healing, and transformation. My sincere hope is that these pages help you understand yourself better, unlock your potential, and view life with greater awareness and clarity.

With Love and Gratitude

Charuta R.

Preface

When I left my full-time corporate job to build a career around my true passions—teaching finance, swimming coaching, manifestation coaching, tarot, healing, and spiritual counselling, my colleagues, knowing my interest in occult sciences, thoughtfully gifted me books on numerology and palmistry.

I was genuinely grateful for their gesture. However, I clearly remember telling them that while Palmistry still interested me, Numerology did not. At that time, I believed Numerology was mainly about changing names or spellings and I strongly felt that it is far more powerful to change one's beliefs and inner patterns than to alter a name in order to manifest success or overcome challenges. That's why I had a certain aversion to numerology.

Numerology books quietly found their place on my bookshelf where they remained untouched for almost a year. Then one day, something shifted. It felt as if those books were calling out to me, pick me up, read me, there

is a message here for you. I still vividly remember the moment I finally started reading them. Once I began, I simply could not put them down. What I discovered felt like a hidden treasure. That was the moment I truly understood the real essence of numerology.

I saw how deeply it connects with other spiritual concepts, aligns with the beliefs or understanding I had. It was certainly more than name or spelling change and it was far deeper than the superficial way in which most people understood it.

In that moment, I felt a strong inner calling to bring the real role and core purpose of numerology to the world and I started offering Numerology readings in its truest sense.

Section 1 - Numerology Simplified

Chapter 1

Numbers Beyond Digits and Calculation

Numbers in mathematics are objective, definitive, and precise. They convey exact meaning. If I say I have 2 books, it cannot mean 3. If I have 100 rupees, it cannot be 200. In mathematics $4 + 5 = 9$, it can never become 10. There is no ambiguity or confusion in mathematical numbers. They are clear and specific. However, in numerology, numbers are understood as energy. They are not just digits; they represent themes and vibrations. For example, imagine the theme of a party is *blue*. One person may wear blue jeans, another a blue skirt, someone else a blue T-shirt, and another a blue scarf. Some may choose dark blue, others sky blue, navy blue, or pastel blue. The expression differs, but the theme remains blue.

In the same way, take numbers in numerology as themes. To simplify further, imagine each number as a different color. Suppose Number 1 represents green and Number 2 represents red. Now, some Number 1 people may reflect a lighter shade of green, some a darker shade, but they will still remain green. They will not suddenly become red.

The intensity may vary, the expression may vary, but the theme of their life will remain aligned with that number's energy.

Chapter 2

Numerology Reading - The Soul's Diagnostic Report

When we go for a blood test, the technician collects just a small sample of blood. Yet, when that tiny sample is analyzed in the lab, it can generate an 8 to 10 page report.

From such a small amount, detailed information is revealed about different health parameters such as Vitamin D levels, hemoglobin, sugar levels, cholesterol, and much more.

A person may look physically fit from the outside, or someone may appear unfit but appearance does not always reflect reality. A fit looking person's report may show hidden deficiencies, while someone who appears unhealthy may have perfectly balanced parameters.

The health report gives an objective picture of what is truly happening inside the body, irrespective of outward appearance. It reveals the real internal condition beyond what the eyes can see.

Similarly, a date of birth looks very small and simple, just a combination of day, month, and year. Only 8 digits but when we prepare a numerology chart, from those few digits we can derive 20 to 25 different numbers using various calculations and combinations.

Each of these numbers represents a different aspect of life such as personality, strengths, challenges, destiny, lessons, relationships, and more.

Numerology reveals who a person truly is at their core. It uncovers the authentic nature that lies beyond behavior, social image, or the persona they project to the world. A person may appear very strong and confident outwardly but internally, he or she may struggle with self-worth issues or carry a very sensitive heart. A person may appear polite and soft-spoken outwardly, yet internally they may carry ego or a judgmental mindset.

Numerology helps uncover that inner reality beyond what is visible on the surface. Numerology goes beyond what people say they are, what they project to the world, or what others assume based on their behavior. It looks past perception and surface personality to reveal the deeper, authentic nature of the individual.

Chapter 3

Even When I Didn't Know, the Numbers Influenced My Life

Even during the years when I was completely unaware of numerology and later when I consciously chose not to follow it, my life was still being guided by numbers. I could clearly see how the themes of events, my innate nature, the shifts in my personality over time, as well as my strengths and weaknesses, followed distinct numerical patterns. Suddenly, many unanswered questions began to make sense. I finally understood the why behind my life.

Why I am the way I am, Why I faced certain type of challenges that others did not, Why people around me behaved the way they did, Why some patterns repeated, while others changed, Why I could get along with certain people and not with others...

Numerology reading gave me clarity not by predicting my life, but by helping me understand my own life, guiding me where should I focus my energy more, what am I capable of becoming or achieving or doing, what do I need to work on. What I had long assumed to be my weakness was, in fact, my strength. I realized that I had been unnecessarily judging myself and trying to fit into spaces that were never meant for me.

For the first time, I looked at myself through the Divine's lens rather than through comparison or self-criticism. We often say we shouldn't compare apples with oranges, but Numerology taught me how to recognize who is an apple and who is an orange in the first place and why some are meant to be apples while others are meant to be oranges.

Chapter 4

A Mirror I Had Never Seen Before: My Numerology Chart

When I analyzed my numerology chart, it felt as though a mirror was held up to my soul. I was being reintroduced to myself. There was a unique, indescribable, liberating feeling in discovering myself this way as if a divine, pure love energy was gently telling me who I truly am, without any judgment. A profound sense of clarity, peace, love, and self-acceptance washed over me but almost immediately, that peace was followed by a deep wave of sadness. I found myself wondering why I wasn't introduced to numerology earlier.

Why couldn't the astrologers my mother consulted during my childhood decode the essence of my soul and my life the way numerology did? Had I known this was my soul's blueprint, I would have lived my life very

differently. I would have related to people with greater clarity, and many choices would have felt lighter, clearer, and far less painful.

More than anything, I wished my parents had known my soul's blueprint. If someone had guided them through my numerology profile, they would have understood me. That understanding could have helped them parent me with greater awareness, compassion, and clarity. Later in life, knowledge of Numerology would have helped me understand them as individuals in a much better manner by decoding the reasons behind their behavior, thinking patterns, and personal challenges.

That moment made one truth very clear to me, Numerology is a language of understanding self and other people and when known early in life, can transform relationships, life choices, and the entire parenting journey.

Chapter 5

My Story of Numbers

With a Date of Birth Number 9 and Life Path Number 7 combination, it now feels clear why I have always been naturally drawn toward spirituality, counseling, and teaching. This inclination was not something I consciously chose, it felt like an inner pull that existed from a very young age. Growing up, I had several spiritual experiences that I could not logically explain at that time, but they quietly shaped my perspective. Even in my corporate journey, the role I enjoyed the most was training. I have always had a natural tendency to trust people easily and connect with them heart to heart. Values like humanity, fairness, and justice have always been important to me.

I also felt emotionally mature at an early age. Sensitivity and compassion were strong traits in my personality, not just toward people but toward animals, trees, and the planet as a whole. Somewhere deep inside, I carried idealistic dreams of world peace, harmony, and a cleaner Earth and kinder world.

Since childhood, I have carried a deep desire to serve society in some way. Whenever I was able to help others, even in small and simple ways, it brought me a sense of satisfaction and inner fulfillment.

At the same time, there were inner struggles. I often dealt with low self-worth and low confidence. Taking a stand or choosing sides felt difficult because I could understand multiple perspectives. Yet, whenever I witnessed injustice toward the weaker or vulnerable, something within me would rise immediately, and I would speak up without hesitation.

My first instinct has always been acceptance without judgment. I tried to maintain peace by suppressing my own emotions. Life experiences and emotional hurt

taught me deeply what pain feels like, which made me more careful not to hurt others. This often led to anger suppression and avoidance of conflict, but like any suppressed emotion, it eventually surfaced in intense and dramatic expressions.

Earlier, I had a large social circle, but over time I naturally became selectively social, valuing depth over numbers. Looking back, even during the phase when I did not believe in numerology, my nature and life events were still reflecting these number energies.

For a long time, I lived with a sense of wrongness, feeling different from others. I believed I was too emotional for this practical world, too intuitive for this logical environment, and too shy and timid for such a competitive space. In short I was more towards negative side of number 9 energy.

I was not focusing on my strengths, and at that time the skills I naturally carried intuition, listening, compassion, counseling, and teaching, did not seem to have much scope or recognition. Later, when I gathered the courage

to follow my inner calling step by step, I began evolving into a better version of myself and gradually started experiencing the higher, positive expressions of my Number 9 and 7 energies.

Life events are not isolated incidents; they revolve around this core theme. Within that framework, we always have free will. We have the choice to express the higher, positive side of our number energies or to fall into their challenging expressions. Awareness simply helps us choose more consciously.

Life kept guiding me toward my life purpose, whether it was finance teaching, swimming coaching, spiritual counseling. The path unfolded gradually, but in hindsight, it feels aligned with the deeper design of my chart and my soul's journey.

Whether you know your chart or not, whether you believe in it or not, life continues to call you toward your purpose, toward what you are destined to become. Your inner calling, intuitions, and recurring desires are never random,

Becoming The Parent Your Child Needs

If you feel drawn to build wealth, create a business, or achieve material success, that desire exists for a reason. If your heart longs to serve society, heal others, or contribute to a larger cause, that too is there for a reason. Every experience whether it is pleasant, or painful unfolds within a larger theme of your life.

Section 2 - Numerology and parenting

Chapter 6

Role of numerology in parenting

When we buy seeds or plants from a nursery, we know exactly what we are bringing home whether it is a fruit plant, a flowering plant, or a vegetable seed. When we sow those seeds, we already know what they will grow into. We also know how to care for them, how much water they need, whether they require sunlight or shade, and what conditions will help them thrive. However our children are like seeds or saplings given to us without any label or manual.

We do not know what kind of seed they are. Parenting is a journey of discovering what kind of plant our child is, whether they are meant to bloom like a flower or a fruit-bearing tree and further, which specific flower or fruit they are destined to become.

The interesting thing is that children are like magical plants, they keep changing from time to time and because of this constant evolution, the journey of understanding them and the journey of parenting becomes more complex, yet deeply fascinating.

We want our children to grow up happy, successful, and become good human beings. We want strong relationships with them and a lifetime of beautiful memories, yet despite all this, we may not always know *HOW* to create these experiences. Many times, even with love and the best intentions, we assume what will help our children and take actions that may not actually support their growth. Good intentions alone do not always translate into real help.

Let me share a simple example. Imagine your closest friend or family member, someone you deeply love calls you and says there is an urgent situation and they need ₹10 lakh. Before they can even finish explaining the problem, you immediately transfer the money, feeling proud that you were able to help. You say, *“Don't worry,*

check your bank account, I've transferred it just now." Now imagine that person responds with frustration, *"Why did you do that? I hadn't finished explaining. I needed cash because there is an issue with my bank account."* In this situation, your intention was pure. You loved that person and genuinely wanted the best for them, but can this be called real help? Not really. What went wrong was simple, you did not pause to ask *HOW* the other person wanted to be helped. Similarly, when it comes to our children, we all parent with good intentions and unconditional love. Yet, we may not always know what truly works for them, what doesn't, how to help them, or how to create the right conditions in which they can thrive. When we assume the chances of going wrong increase.

It is always better to first know how a child needs to be parented. Toddlers, young children, and even teenagers will never be able to tell us how they want to be parented; it is also not about doing whatever a child says or demands. It is about understanding what their *SOULS*

truly need and necessary, then becoming the kind of parent that is right for that child.

This is a journey of self-growth for parents as well. It often requires making conscious changes in our approach, behavior, thought processes, perspectives, beliefs, and parenting style and why should we do this? Simply because we brought our children into this world. We want them to thrive. We want this plant to bloom—whether as fruit or as a flower. Therefore it is our responsibility to create a conducive environment for their growth.

This is where numerology plays an important role. It makes the parenting journey easier by helping parents understand what kind of plant their child is, what supports their growth, what harms it, and what environment helps them thrive.

If you are reading this book, reading this chapter instead of skipping straight to the meanings of numbers, it clearly shows that you are a conscious parent who is committed

Becoming The Parent Your Child Needs

not only to their child's growth, but also to their own personal and spiritual growth.

Chapter 7

Raising Children with Awareness

Take the example of a parent who was raised in an atmosphere of constant criticism, strictness, and negativity. In his case, he managed to use all of that pressure as fuel to prove himself and become a high achiever. His numerology analysis later explained why this was possible—his core number energies made him emotionally strong, resilient, and mentally tough. Challenges, harsh words, and judgment pushed him to rise higher instead of breaking him.

Now, without realizing it, he passes on the same upbringing and behavior to his own son. He parents his child the same way he was treated, through harsh judgments, sarcasm, strict discipline, and negative motivation but the father and son are poles apart. As per his Numerology chart, the son is an extremely sensitive and creative child. He is not as practical as his father, not as emotionally tough, and not naturally confident in the

same way. He is someone who thrives in a positive, loving, and encouraging atmosphere. Appreciation helps him grow, while criticism slowly breaks his spirit. He is certainly wiser than his father. He is extremely good at writing, painting and connecting with people.

Yet the father sees the child as weak. He believes toughness creates strength, so he becomes even stricter and harsher, expecting his son to be *strong* and perform better. When the child struggles instead of improving, the father feels disappointed again and again. This vicious cycle continues, leaving both sides feeling unheard and dissatisfied. Someone has to break the pattern, and in most cases especially when children are young it is the parents who can take the first step toward change.

In this case what the father does not realize is how emotionally damaging his behavior is. In his mind he believes,

“I was raised this way. Tough words create strong character and strictness makes me strong so what’s wrong with this approach?”

What he doesn't understand is that he could do it because his numbers were different. His emotional wiring was different. His child's numbers are different, and so is his soul nature. Every person's life journey is unique.

Let's say the father's journey was from A to B, while the son's journey is from X to Y. When the starting points and destinations are different, how can the journey ever be the same? So how can the same parenting strategy work for two completely different soul journeys?

This is exactly what numerology helps parents understand that every child is wired differently, and growth happens in different ways for different souls.

Numerology helps parents decode:- Personality, strengths, weakness, true Potential, core competencies, suitable careers or hobbies, challenges, true nature, their approach towards life and situations. What motivates them? what puts them off? what they really want from life, rough theme of the future and direction in which child is growing

Becoming The Parent Your Child Needs

This understanding helps parents create a conducive environment for their child's growth at home. It allows them to parent their child in the way the child truly needs, rather than in the way the parent assumes is right for them in order to bring out the best in the child and build a beautiful, healthy bond and relationship with them.

Chapter 8

The Two Numbers Every Parent Must Know

There are several numbers in a numerology chart that influence a person's personality and life experiences. However, these two numbers are the most important for parents to know, as they have the strongest impact on a child's nature and life journey. Even understanding just these two numbers can equip parents to better understand their child, respond with awareness, and parent more consciously. These two numbers are Date of Birth Number (*Mulanĳ*) and Life Path Number (*Bhagyanĳ*).

Let's understand how to calculate these two numbers.

Date of Birth Number (*Mulanĳ*).

For example:-

If your date of birth is 29th December 1990, consider only the date — 29.

Now reduce it to a single digit:

$$2 + 9 = 11$$

$$1 + 1 = \underline{2}$$

So your Date of Birth Number (*Mulank*) is 2.

If your date of birth is 23rd July 1980 then your Date of Birth Number (*Mulank*) is $2+3=5$

Life Path Number (*Bhagyank*)

For example:-

If your date of birth is 29th December 1990, consider day, month and year. Reduce full date of birth to a single digit number.

$$2 + 9 + 1 + 2 + 1 + 9 + 9 + 0 = 33$$

$$3 + 3 = \underline{6}$$

So your Life Path Number (*Bhagyank*) is 6.

The Date of Birth Number (*Mulank*) represents

what you are born with.

It shows your natural personality, strengths, weaknesses, emotional patterns, and core nature. These qualities are part of your inner wiring like your DNA and remain with you throughout life.

Becoming The Parent Your Child Needs

The Life Path Number (Bhagyank) represents what you are becoming over time.

It shows the direction your life is moving in, the lessons you will experience, and the qualities you will slowly develop through life situations.

Think of your Date of Birth Number (*Mulanke*) as your home, your family, your roots, environment in which you have grown. No matter where life takes you, you remain connected to that foundation it shapes who you are at the core. Now think of your Life Path Number (*Bhagyank*) as the roads you travel, the people you meet beyond your family circle, the new cities and countries you visit for your education or work, the experiences you gather along the way influence your personality, perspective, and growth as well. Together, your Date of Birth and Life Path Number shape your personality and the overall theme of your life experiences.

In the example above, the person is born with Number 2 energy, while their Life Path is Number 6. This means they will always carry the core qualities of Number 2, but

as life unfolds, they will gradually develop and express the traits associated with Number 6.

How does this happen?

Destiny creates situations both positive and challenging that push the person to grow into the energy of Number 6. Over time, person slowly become that number while still carrying their original nature. As we grow older, we gradually begin to express more qualities of our Life Path Number. Over time, this energy becomes stronger in our personality and life experiences. However, there is no fixed rule about when this shift begins. The age at which a person starts acquiring these traits varies from individual to individual.

Therefore, at any given point in time, every person is a combination of two main numbers i.e. the Date of Birth Number (*Mulank*) and the Life Path Number (*Bhagyank*). Together, these two energies shape a large part of a person's personality, behavior, and life experiences.