

## 2 Months Old

(Milestones reflect what most babies are beginning to do by this age.)



### What this can look like in everyday life

- Your baby quiets when you pick them up
- They look at your face during feeding
- They react to your voice
- They briefly lift their head during tummy time

### What most 2-month-olds are doing:

#### Social & Emotional

- Your baby smiles when you talk to them
- They look at you and seem happy to see you
- They may calm by sucking on their hands or fingers

#### Communication

- Your baby makes cooing sounds
- They turn their head when they hear your voice
- They make sounds when you talk or interact with them

#### Learning

- Your baby watches your face when you talk
- They follow a toy or object with their eyes as it moves
- They look at toys or objects for several seconds

#### Movement

- During tummy time, your baby lifts their head
- Their arm and leg movements look smoother than before
- They begin opening and closing their hands more

### Early Learning Foundations

Your baby is starting to learn that communication is a back-and-forth experience.

- responding to voices and interaction
- making sounds when someone talks to them
- watching faces during interaction
- beginning early social smiles

These early exchanges are the first building blocks for language and connection.

### When to reach out to a professional:

You may want to consider speaking with a developmental professional if you notice:

- your baby does not respond to loud sounds
- they rarely look at people's faces
- they do not lift their head during tummy time
- they rarely make sounds besides crying