



EST. 2025 · MUMBAI, INDIA

Nurture and Build Academy

Structured thinking training for real life

3 STAGES

6-16 AGES

OUR BELIEF

Children are not lacking intelligence. They lack **structured exposure to real-world thinking frameworks**. This academy exists to close that gap — not through tutoring, not through motivation, but through deliberate practice of how to think.

NOT THIS

Not tuition. Not motivational speaking. Not vague personality development. Not activity for the sake of activity.

THIS →

STAGE 1

Ages 6-8

FOUNDATION

26 sessions · 3 layers

- Naming and managing emotions with precision
- The habit loop — building and disrupting behaviour
- Positivity vs. forced positivity — the real difference
- 3-step decision-making for everyday choices
- Empathy as a skill, not just a feeling
- Civic responsibility — shared spaces, shared rules
- What money is — and what it cannot buy
- Resilience — how to fail better each time

Exit: Can name an emotion, give a reason for a decision, and attempt real-world tasks between sessions.

STAGE 2

Ages 9-12

REASONING

44 sessions · 3 layers

- Critical thinking — claims, evidence, logic traps
- Cognitive bias — including your own
- Budget simulations and financial trade-offs
- How platforms are designed to capture attention
- Peer pressure as a design problem — with a fix
- Growth mindset — the neuroscience, not the poster
- Systems thinking — why fixing one thing breaks another
- Corporate-style brainstorming and problem solving

Exit: Can construct an argument with evidence, run a budget, evaluate a source, and facilitate a short discussion.

STAGE 3

Ages 12-16

APPLIED INTELLIGENCE

48 sessions · 3 layers

- Mental models and first-principles thinking
- Second-order consequences — thinking beyond next
- Economics, investing, and how markets work
- Ethics in practice — no clean answers
- Power dynamics and institutional trust
- Public speaking as structured thinking
- AI, automation, and the future of work
- Community project — solve a real local problem

Exit: Can facilitate a structured discussion, produce a written analysis of a real-world problem, and present their own reasoning framework.

HOW EVERY SESSION WORKS

01

HOOK STORY

A real-world scenario that creates genuine curiosity before the concept is introduced

02

CONCEPT

Simplified but intellectually honest — no talking down, no vague inspiration

03

DISCUSSION

Structured questioning that surfaces assumptions children didn't know they had

04

ACTIVITY

Applied simulation or scenario — budget constraints, decision maps, dilemma analysis

05

BRIDGE PROTOCOL

A structured real-world micro-experiment the child runs before the next session

WHAT MAKES THIS DIFFERENT

Not tuition. Not motivation.

Every session introduces a thinking framework your child will use for the rest of their life — not exam answers and not feel-good speeches.

Real-world simulations.

Children run budget exercises, corporate-style brainstorms, and consequence mapping — the same tools used by professionals, scaled for their age.

Small groups. Deep engagement.

Each session requires a child to think, respond, and act — not sit and absorb. Progress is visible by the second session.

CHILDREN LEAVE WITH

Structured reasoning | Emotional regulation | Financial literacy | Digital self-defence |
Confident decision-making | Real-world problem solving

Begin the first session.

Small cohorts · Ages 6–16 · Mumbai

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