

The background of the cover is a soft-focus photograph of a rural landscape. A gravel road curves through a green field, bordered by a wooden fence. In the distance, a white barn is visible under a bright, hazy sky. Pink cherry blossoms are in the foreground, framing the top corners of the image.

A Blossom Ridge Companion

**THE  
ROAD  
HOME  
WORKBOOK**

*A Guided Journey to Reclaim  
Your Voice, Identity & Purpose*

**Sarai Abrams**

# Truth to Hold Onto

*For I know the plans I have for you," declares the Lord,  
plans to prosper you and not to harm you,  
plans to give you hope and a future.*

— Jeremiah 29:11

# Welcome

*If you're here, something in the story stayed with you.*

*Maybe it was a moment.*

*A feeling.*

*A truth you weren't expecting to face.*

*This isn't about having all the answers.*

*It's about giving yourself the space to pause...*

*to reflect...*

*and to begin noticing what's stirring within you.*

*You don't have to rush this process.*

*You don't even have to understand it fully yet.*

*Just be willing to be honest.*

*That's where the journey begins.*

# What Stayed With You?

*Take a moment and reflect:*

- *What part of the story lingered in your mind after you finished reading?*
- *Was there a moment that felt uncomfortably familiar?*
- *Did you see yourself in any of the characters?*

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*Write freely - this is for you*

# What Are You Carrying?

*Sometimes stories reveal what we've been holding quietly.*

- *Is there something you've been carrying that you haven't fully acknowledged?*
- *A belief, a hurt, or a question you've been avoiding?*
- *What feels unresolved in your own story right now?*

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*Write freely - this is for you*

# Where Do You Go From Here?

*You don't have to have everything figured out.*

*But you can take one step.*

- *What is one small, honest step you can take toward yourself?*
- *What does "home" look like for you right now?*
- *What would it mean to begin again—with grace?*

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*You don't have to walk this journey alone.*

# Stay Connected

This workbook is just the beginning.

If you'd like to continue the journey, access the full workbook, and explore more resources, visit:

**[www.saraiabrams.com](http://www.saraiabrams.com)**