

2-Days Intensive Certificate Workshop in Mumbai on 16 & 17 May

BEHAVIOUR MODIFICATION TRAINING

By Dr. Alok Arora

About the Workshop

This intensive 2-day training is designed to equip parents, therapists, educators, and special educators with practical, evidence-based strategies to understand and manage challenging behaviors in children with special needs.

The workshop focuses on real-life application, hands-on learning, and case-based training, ensuring participants can directly implement strategies in home and therapy settings.



*“Understand Behaviour.
Change Outcomes.”*

What You Will Learn

Understanding why Behaviour occur

Identifying behavior functions (Escape, Attention, etc.)

Using ABC Model effectively

Conducting simplified Functional Behaviour

Assessment (FBA)

Applying reinforcement strategies correctly

Preventing and managing challenging Behaviours

Teaching communication & replacement

Behaviours

Designing Behaviour Intervention Plans (BIP)

Collaborating effectively with parents & professionals

Workshop Highlights

Practical & hands-on training

Real-life case discussions

Role plays & interactive activities

Ready-to-use tools & templates

Designed for immediate implementation

Who Should Attend

- Parents of children with Autism / ADHD
- Special Educators
- Therapists (OT, Speech, Psychologists)
- Shadow Teachers
- Caregivers

What You Will Get

Training Certificate
Printable Worksheets (ABC, FBA, BIP)
Reinforcer Menu Templates
Practical Intervention Strategies
Case-based Learning Experience

Workshop Duration

2 Days | 10:00 AM – 5:30 PM

Venue

Victoria Memorial School for the Blind
73, Tardeo Road, Opp. Film Centre, Tardeo,
Mumbai-400034.



Just 7 minutes from Mumbai Central station

ABOUT THE TRAINER



DR. ALOK ARORA

Clinical Psychologist | Autism Expert
Founder – JKP Care Foundation

Dr. Alok Arora is a renowned Clinical Psychologist and Autism Specialist with extensive experience in working with children with Autism Spectrum Disorder (ASD), ADHD, and other neurodevelopmental conditions. He is the Founder of JKP Care Foundation, a leading organization dedicated to training parents and professionals in the field of special needs. Under his leadership, the foundation has successfully trained 4000+ therapists, doctors, and educators globally.

Dr. Arora is known for his highly practical, structured, and result-oriented approach, focusing on real-life implementation rather than theory. His training programs are widely appreciated for simplifying complex behavioral concepts into easy, actionable strategies that parents and professionals can immediately apply.

He has designed multiple specialized training programs in areas such as:

- Behavior Modification & ABA Principles
- Autism Assessment & Management
- Parent Counseling & Family Training
- Functional Communication & Skill Development

His mission is to empower families and professionals with the right knowledge and tools to create meaningful and lasting change in children with special needs.

Dr. Arora is not only a distinguished professional but also an accomplished author, having penned the insightful book on Autism "Spectrum of Hope." This book stands as a testament to his dedication to raising awareness and understanding of autism, offering a beacon of hope to those navigating the challenges associated with the spectrum.

In recognition of his outstanding contributions, Dr. Alok Arora has been honoured with the Bhartiya Gyan Ratna Award in 2022.

Participation Fee

Rs. 7500/- only

includes Lunch and High Tea both days.

Book Your Seat Now

+91 97297-90651

www.jkp.ngo

WORKSHOP SCHEDULE (2 Days)

Day 1: Understanding & Assessing Behaviour

Time	Session Title	Key Topics	Activity
10:00 – 10:30	Introduction & Ice-Breaker	Participant expectations; Sharing real challenges	Discussion
10:30 – 11:30	Understanding Behavior & ABC Model	What is behavior; Why behavior occurs; ABC Model	Identify ABC from real-life examples
11:30 – 11:45	Tea Break	—	—
11:45 – 1:15	Functions of Behavior	Escape, Attention, Tangible, Sensory; Identifying functions	Guess the Function (case-based game)
1:15 – 2:00	Lunch Break	—	—
2:00 – 3:15	Behavior Observation & Recording	ABC Recording; Frequency & Duration	Fill ABC sheet from case/video
3:15 – 4:15	Functional Behavior Assessment (FBA)	Simplified FBA; Linking ABC → Function	Group FBA creation
4:15 – 4:30	Tea Break	—	—
4:30 – 5:30	Reflection & Q&A	Key learnings; Clarifications	Open discussion



Day 2: Intervention & Behaviour Change

Time	Session Title	Key Topics	Activity
10:00–10:30	Recap & Discussion	Review of Day 1, Participant observations	Group sharing
10:30–12:00	Reinforcement Strategies	Positive & Negative Reinforcement, Types, Reinforcer vs Bribe	Create Reinforcer Menu
12:00–12:15	Break	—	—
12:15–1:30	Preventing Challenging Behaviors	Proactive vs Reactive, Environment modification, De-escalation	Role-play (meltdown handling)
1:30–2:15	Lunch Break	—	—
2:15–3:30	Teaching Replacement Behaviors	FCT, Basics of PECS/AAC	Design replacement behavior plan
3:30–4:30	Behavior Intervention Plan (BIP)	Components of BIP, Goal setting & monitoring	Create BIP (case study)
4:30–4:45	Tea Break	—	—
4:45–5:15	Parent-Therapist Collaboration & Closing	Teamwork, Burnout handling, When to refer	Role-play difficult conversations
5:15–5:30	Certificate Distribution	—	Closing

