

2-Days Intensive Certificate Workshop in Mumbai on 2 & 3 May  
**BEHAVIOUR MODIFICATION TRAINING**  
By Dr. Alok Arora

### About the Workshop

This intensive 2-day training is designed to equip parents, therapists, educators, and special educators with practical, evidence-based strategies to understand and manage challenging behaviors in children with special needs.

The workshop focuses on real-life application, hands-on learning, and case-based training, ensuring participants can directly implement strategies in home and therapy settings.



*“Understand Behaviour.  
Change Outcomes.”*

### What You Will Learn

- Understanding why Behaviour occur
- Identifying behavior functions (Escape, Attention, etc.)
- Using ABC Model effectively
- Conducting simplified Functional Behaviour Assessment (FBA)
- Applying reinforcement strategies correctly
- Preventing and managing challenging Behaviours
- Teaching communication & replacement Behaviours
- Designing Behaviour Intervention Plans (BIP)
- Collaborating effectively with parents & professionals

### Workshop Highlights

- Practical & hands-on training
- Real-life case discussions
- Role plays & interactive activities
- Ready-to-use tools & templates
- Designed for immediate implementation

## Who Should Attend

- Parents of children with Autism / ADHD
- Special Educators
- Therapists (OT, Speech, Psychologists)
- Shadow Teachers
- Caregivers

## What You Will Get

Training Certificate  
Printable Worksheets (ABC, FBA, BIP)  
Reinforcer Menu Templates  
Practical Intervention Strategies  
Case-based Learning Experience

## Workshop Duration

2 Days | 10:00 AM – 5:30 PM

### Venue

Victoria Memorial School for the Blind  
73, Tardeo Road, Opp. Film Centre, Tardeo,  
Mumbai-400034.



Just 7 minutes from Mumbai Central station

## ABOUT THE TRAINER



### DR. ALOK ARORA

Clinical Psychologist | Autism Expert  
Founder – JKP Care Foundation

Dr. Alok Arora is a renowned Clinical Psychologist and Autism Specialist with extensive experience in working with children with Autism Spectrum Disorder (ASD), ADHD, and other neurodevelopmental conditions. He is the Founder of JKP Care Foundation, a leading organization dedicated to training parents and professionals in the field of special needs. Under his leadership, the foundation has successfully trained 4000+ therapists, doctors, and educators globally.

Dr. Arora is known for his highly practical, structured, and result-oriented approach, focusing on real-life implementation rather than theory. His training programs are widely appreciated for simplifying complex behavioral concepts into easy, actionable strategies that parents and professionals can immediately apply.

He has designed multiple specialized training programs in areas such as:

- Behavior Modification & ABA Principles
- Autism Assessment & Management
- Parent Counseling & Family Training
- Functional Communication & Skill Development

His mission is to empower families and professionals with the right knowledge and tools to create meaningful and lasting change in children with special needs.

Dr. Arora is not only a distinguished professional but also an accomplished author, having penned the insightful book on Autism "Spectrum of Hope." This book stands as a testament to his dedication to raising awareness and understanding of autism, offering a beacon of hope to those navigating the challenges associated with the spectrum.

In recognition of his outstanding contributions, Dr. Alok Arora has been honoured with the Bhartiya Gyan Ratna Award in 2022.

## Participation Fee

Rs. 7500/- only

includes Lunch and High Tea both days.

## Book Your Seat Now



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[www.jkp.ngo](http://www.jkp.ngo)

# WORKSHOP SCHEDULE (2 Days)

## Day 1: Understanding & Assessing Behaviour

Time	Session Title	Key Topics	Activity
10:00 – 10:30	<b>Introduction &amp; Ice-Breaker</b>	Participant expectations; Sharing real challenges	Discussion
10:30 – 11:30	<b>Understanding Behavior &amp; ABC Model</b>	What is behavior; Why behavior occurs; ABC Model	Identify ABC from real-life examples
11:30 – 11:45	<b>Tea Break</b>	—	—
11:45 – 1:15	<b>Functions of Behavior</b>	Escape, Attention, Tangible, Sensory; Identifying functions	Guess the Function (case-based game)
1:15 – 2:00	<b>Lunch Break</b>	—	—
2:00 – 3:15	<b>Behavior Observation &amp; Recording</b>	ABC Recording; Frequency & Duration	Fill ABC sheet from case/video
3:15 – 4:15	<b>Functional Behavior Assessment (FBA)</b>	Simplified FBA; Linking ABC → Function	Group FBA creation
4:15 – 4:30	<b>Tea Break</b>	—	—
4:30 – 5:30	<b>Reflection &amp; Q&amp;A</b>	Key learnings; Clarifications	Open discussion



## Day 2: Intervention & Behaviour Change

Time	Session Title	Key Topics	Activity
10:00–10:30	<b>Recap &amp; Discussion</b>	Review of Day 1, Participant observations	Group sharing
10:30–12:00	<b>Reinforcement Strategies</b>	Positive & Negative Reinforcement, Types, Reinforcer vs Bribe	Create Reinforcer Menu
12:00–12:15	<b>Break</b>	—	—
12:15–1:30	<b>Preventing Challenging Behaviors</b>	Proactive vs Reactive, Environment modification, De-escalation	Role-play (meltdown handling)
1:30–2:15	<b>Lunch Break</b>	—	—
2:15–3:30	<b>Teaching Replacement Behaviors</b>	FCT, Basics of PECS/AAC	Design replacement behavior plan
3:30–4:30	<b>Behavior Intervention Plan (BIP)</b>	Components of BIP, Goal setting & monitoring	Create BIP (case study)
4:30–4:45	<b>Tea Break</b>	—	—
4:45–5:15	<b>Parent-Therapist Collaboration &amp; Closing</b>	Teamwork, Burnout handling, When to refer	Role-play difficult conversations
5:15–5:30	<b>Certificate Distribution</b>	—	Closing

