



A Conference of PCS Organized by AFIC & NIHD



26th Annual Cardiology Update

12th - 14th June 2026
PC Bhurban

“Innovations in Cardiology: From Evidence to Excellence”

SCIENTIFIC PROGRAMME

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Programme Overview

Date / Day	Event / Sessions	Time	Hall Name
Friday 12th June 2026	1. GO RED for Women	1600 – 1700	Zaver
	2. Best & Worst Cases	1700 – 1840	
	Inaugural Ceremony	1930 – 2030	
Saturday 13st June 2026	3. Preventive Cardiology	0800 – 0920	Zaver
	4. Heart Failure & Cardiac Devices	0920 – 1040	
	5. Interventional Cardiology-I	1040 - 1150	
	6. Interventional Cardiology-II	1150 – 1310	
	7. Hypertension	1310 - 1400	
	8. Structural Heart Diseases	1445 - 1550	
	9. Cardiac Imaging	1550 - 1720	
	PCS Council Meeting	1800 - 1900	Mirajani
Sunday 14th June 2026	10. Cardiac Electrophysiology	0800 – 0845	Zaver
	11. Congenital & Paediatric Cardiology & Cardiac Surgery	0845 - 1015	
	12. Cardiac Surgery	1015 – 1115	
	Conference Closing	1130 - 1200	



Conference Sideline Activities

Date / Day	Event / Sessions	Time	Hall Name
Friday 12th June 2026	Registration Desk by Hilton Pharma	1100 – 1730	Kashmir
	Scientific Sessions	1600 – 1830	Zaver
	Inaugural Ceremony	1930 – 2030	
	Dinner	2030 – 2200	Chinar
Saturday 13th June 2026	Scientific Sessions	0830 – 1730	Zaver
	BLS for the Families	0930 – 1100	Bhurban
	PC Chef Class for the Families	1200 – 1400	Bhurban
	Scientific Workshop by GSK	0930 – 1100	Mirajani
	Rotablation Workshop	1200 – 1400	Mirajani
	Lunch	1400 – 1445	Chinar
	TOACS	1500 – 1730	Mirajani
	E-Poster Competition	1530 – 1700	Shazia
	Faculty Lounge by Diamond Sponsor Hilton Pharma	0800 – 1800	Zaver
	Pharma Exhibition	0800 – 1800	Foyer, Shazia & Bhurban
Swing into Heart Health Cardiologists' Golf Round	1500 – 1900	Golf Club	
Conference Dinner	2030 – 2300	Lawn	
Sunday 14th June 2026	Scientific Sessions	0800 – 1115	Zaver
	Conference Closing	1130 – 1200	
	PCS Council Meeting	1145 - 1215	Mirajani



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**Day 1 | Friday
12th June 2026**



Day 1 Friday 12th June, 2026		Moderator: Amber Ashraf
Time	1600 – 1700 hrs	Panel of Experts: Rajkumar Sachdewani, Bilal S. Mohyidin, Fawad Farooq, Musrat Ara, Syed Tahir Shah, Nazir A Memon
Session – 1	GO RED for Women	
Talk Time 8 min, Q & A 2 min		
Time	Talk	Speaker Name
1600	Biomarkers and Genomics for Precision Cardiovascular Risk Prediction in Autoimmune Disease	Mubarra Nasir
1610	Rheumatoid Arthritis and Cardiovascular Disease: The Role of Chronic Inflammation	Syedah Saira Bokhari
1620	Tips and Tricks of Intervention in Pregnancy	M Abdur Rauf
1630	Prevention of Climate change's impact on Heart Disease	Khalida Soomro
1640	Pregnancy and Heart Diseases: An Overview	Cheragh Hussain
1650	Go Red with Smart Nutrition: Healthy & Tasty Meals for Women at Risk of CVD	Mahnoor Ahsan

Day 1 Friday 12th June, 2026		Moderator: Kumail Abbas Khan
Time	1700 – 1840 hrs	Panel of Experts: M Nadir Khan, Sohail Aziz, Mujeeb ul Haq, Akhtar Ali Bandesha, Fawad Farooq, Asim Javed, Amber Malik, Asaad Akbar, Ali Raza, Muzaffar Ali
Session – 2	Best & Worst Cases	
Talk Time 8 min, Q & A 2 min		
Time	Talk	Speaker Name
1700	A Battle within the Metal	Hafiz Waleed Khan (AFIC)
1710	When the Left Main Clots: Acute LMS–LAD–LCx Stent Thrombosis	Shah Humaiyon (PIMS)
1720	Beyond the Bypass – The Second Act	Komal Zahid, (RIC)
1730	The Procedure was Perfect Until the Exit: Extreme Access Vessel Spasm and entrapped sheath after TAVI in a horizontal Aorta	Omar Ashfaq (PIC, Pesh)
1740	Crossing, Crushing, Stenting & Trissing: Mastering a complex PCI	Kh Adnan Younis (FFH)
1750	Breaking Rocks in Cath Lab	Arsalan Masoud (PIC, Lhr)
1800	A tale of two Vessels	Andaleeb Khan (AFIC)
1810	Advanced case of Cardiomyopathy with Severe Aortic Stenosis	M Saad Rizwan (Shifa Intl Hospital)
1820	CTO PCI: From failed attempt to Second-Time Success	Kashif Ali (LRH)
1830	Calcium Chronicles	Akram Yousif (NICVD)



Day 1 | Friday 12th June, 2026

Time	1930 – 2030 hrs	Moderator: Ayaz Ahmed
	Inaugural Ceremony	
Time	Talk	Speaker Name
1930	Recitation of Holy Quran	
1935	Welcome Address by Convener	Maj Gen Muhammad Nadir Khan
1940	Address by the General Secretary PCS	Prof Dr Fawad Farooq
1945	Address by the President PCS	Prof Dr Bilal S. Mohyidin
1950	Address by the Chief Guest	
	Souvenir's Presentation	
	Visit Exhibition Area	
	Faculty Dinner	



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**Day 2 | Saturday
13th June 2026**



Day 2 Saturday 13th June, 2026		Moderator: Abdul Rehman Jokhio
Time	0830 – 0920 hrs	Panel of Experts: Muhammad Nawaz Lashari, Waheed Ur Rehman, Fasih Hashmi, Shahid Abbas, Khalida Soomro, Bilal Siddique, Azhar Ali Chaudhry, Amber Ashraf
Session – 3	Preventive Cardiology	
Talk Time 8 min, Q & A 2 min		
Time	Talk	Speaker Name
0830	Current 2026 guidelines on Dyslipidemia	Abid Saeed Khan
0840	Why prevention is an urgent need of time?	Shazia Fatima Malik
0850	Turning the tide of CVD Epidemic: Time to invest in our youth	Khawar Kazmi
0900	National Policy for Cardio Vascular Disease prevention for Pakistan	Mohammad Hafizullah
0910	Cardiovascular Diseases Prevention in Pakistan: From Awareness to Action	Abdul Rehman Jokhio

Day 2 Saturday 13th June, 2026		Moderator: Kumail Abbas Khan
Time	0920 – 1040 hrs	Panel of Experts: Qazi Abdul Saboor, Zafar ul Islam, Khalid Raja, Farhan Tuyyab, Azmat Hayat, Amber Malik, Akhtar Ali Bandesha, Jalal ud Din Achakzai, Fazal ul Aziz Mian, Hikmat Ullah
Session – 4	Heart Failure & Cardiac Devices	
Talk Time 8 min, Q & A 2 min		
Time	Talk	Speaker Name
0920	Echo predictors of Heart Failure in post MI patients	Nusrat Ara Majeed
0930	Conduction System Pacing: An Overview for Cardiologists	Muhammad Shabbir
0940	HFpEF: From Therapeutic Nihilism to Targeted Therapy	Jalal Ud Din Achakzai
0950	The Mechanical Miracles: “Giving Failing Hearts a Second Beat.” HF Cardiac Implantable Devices	Azmat Hayat
1000	The New Era of HCM: From Observation to Precision Modification: Use of advanced Imaging and AI	Akhtar Ali Bandesha
1010	Advanced Heart Failure: Management and Future Directions	Rajkumar Sachdewani
1020	Optimizing Heart Failure Management: From Guidelines to Real-World Practice	Fawad Farooq
1030	Beyond Glucose Control: Cardiorenal protection with Finerenone in FINE-HEART	Qurban Hussain Khan





Day 2 Saturday 13th June, 2026		Moderator: Ayaz Ahmed
Time	1040 – 1150 hrs	Panel of Experts: Tahir Saghir, Sohail Aziz, M Nadir Khan, Nadeem Rizvi, Bilal S. Mohyidin, M Ishaq, Zubair Akram, Naseer Ahmed Samore, Abdul Mannan Bari, Jahanzab Ali, Ali Nawaz Khan, Naeem Mengal
Session – 5	Interventional Cardiology	
Talk Time 8 min, Q & A 2 min		
Time	Talk	Speaker Name
1040	From Rock to Compliance: A Stepwise Approach to Heavily Calcified Lesions	Asim Javed
1050	Emerging role of DEB	Sohail Aziz
1100	Beyond Conventional PCI: Contemporary Strategies in CHIP Revascularization	Naseer Ahmad Samore
1110	The essentials of Retrograde CTO PCI: Concept, Planning and Execution	Bilal Iqbal (Canada)
1130	LMS PCI: A single Center based Experience at PGHI	Abdul Manan Bari
1140	Role of IVUS in PCI	Syed Yasser Javaid

Day 2 Saturday 13th June, 2026		Moderator: Jahanzab Ali
Time	1150 – 1310 hrs	Panel of Experts: Azhar Mehmood Kayani, Syed Khurram Shahzad, Naseer Ahmed Samore, Abdul Hameed Siddiqi, Nauman Naseer, Asaad Akbar, Ali Raza, Jabbar Ali
Session – 6	Interventional Cardiology	
Talk Time 8 min, Q & A 2 min		
Time	Talk	Speaker Name
1150	Redefining urgencies: Integrating NSTEMI-ACS into the primary PCI protocol in Pakistan	Nadeem Rizvi
1200	Thrombosis: Hallmark of Cardiovascular Events	Muhammad Ishaq
1210	CHIP in 2026: Beyond the Basics	Jabbar Ali
1220	Bifurcation PCI: What every Interventional Cardiologist should know	Fazal ul Aziz Mian
1230	Drug Coated Balloon Angioplasty: Leaving nothing behind in Coronary Atherosclerosis	Jawaid Akbar Sial
1240	LMS PCI at resource constrained Cardiac Centre	Muzaffar Ali Zahidi
1250	Back to the Brachial: The forgotten Access	Jahanzab Ali / Babar Khan
1300	Recent Advances in Interventional Cardiology: Trials that Redefine Practice	Ali Shiram



Day 2 Saturday 13th June, 2026		Moderator: Syed Ali Shiram
Time	1310 – 1400 hrs	Panel of Experts: Muhammad Ishaq, Qazi Abdul Saboor, Syed Khurram Shahzad, Jalal ud Din Achakzai, Haroon Babar, Ahmed Fawad, Tariq Abbas, Abdul Hameed Siddiqi, Waheed Ur Rehman, Fawad Farooq
Session – 7	Hypertension	
Talk Time 8 min, Q & A 2 min		
Time	Talk	Speaker Name
1310	Pregnancy Induced Hypertension: An Overview	Ahmed Fawad
1320	Management of Hypertension in Specific Populations	Bilal S.Mohyidin
1330	Primary Hypertension: A Less Attended Entity	Haroon Aziz Babar
1340	Resistant Hypertension: Diagnosis and Management	Farhan Tuyyab
1350	Approach to secondary HTN: When to suspect and how to investigate?	Nasir Ali Gardezi
Lunch Break 1400 – 1445		

Day 2 Saturday 13th June, 2026		Moderator: Mohsin Saif
Time	1445 – 1550 hrs	Panel of Experts: Tahir Saghir, M. Farqad Alamgir, Muhammad Nadir Khan, Asaad Akbar, Ali Raza, Usman Faheem, Abdul Hameed Siddiqi, Abdul Hakeem
Session – 8	Structural Heart Diseases	
Talk Time 8 min, Q & A 2 min		
Time	Talk	Speaker Name
1445	Imaging based assessment for TAVR Suitability	Asaad Akbar
1455	Mitral clip or Percutaneous Mitral therapy: Is it cost effective in Pakistan?	Farqad Alamgir/ Misbah Manzoor
1510	Balloon Expandable THVs in TAVI	Ali Raza
1520	Complications of PTMC	Naeem Mengal
1530	Medtronic Evolut valve procedural aspects	Nauman Naseer 
1540	Bicaval Tric Valve Implantation in patients with severe symptomatic Tricuspid Regurgitation	Asad Ullah 



Day 2 | Saturday 13th June, 2026

Time 1550 – 1720 hrs

Session – 9 **Cardiac Imaging**

Talk Time 8 min, Q & A 2 min

Moderator: Usman Iqbal

Panel of Experts:

Farhan Tuyyab, Abdul Hameed Siddiqui,
Mohsin Saif, Fakhar-e-Fayyaz, Sajjad
Hussain, Ghulam Rasool Maken

Time	Talk	Speaker Name
1550	Recent Advances in Cardiovascular CT	Muhammad Ayub
1600	Hypertrophic Cardiomyopathy: Spectrum of LVOTO	Shahbaz Sarwar
1610	Aortic Valve Crossing: Different techniques	Naeem Tahir Kheili
1630	An Update on Cardiac Imaging: What's New?	Fateh Ali Tipoo
1640	CMR: A novel way to look at Heart	Usman Iqbal
1650	Modality imaging in Structural Heart Interventions	Abid Ullah
1700	Illuminating the Coronaries: The evolution and future of Intra Coronary Imaging	Kumail Abbas Khan
1710	Enhancing SPECT MPI with Myocardial Blood Flow Quantification	Saima Seher

Day 2 | 13th June 2026 | Sideline Halls Activities

Time	Session / Talks	Speaker Name	Hall Name
0930 – 1100	BLS for the Families	Syed Aqeel Hussain / Rashad Siddiqi	Bhurban Hall
1200 – 1400	PC Chef Class for the Families		
0930 – 1100	Scientific Session by GSK Heart and Viral Infection: Uncovering the hidden burden	Syed Nadeem Rizvi	Mirajani Hall
1200 – 1400	Rotablation Workshop		
Lunch Break 1400 - 1445			
1500 – 1730	TOACS	Hafiz Abdul Manan	Mirajani Hall
1530 – 1700	E-Poster Competition	Jury: Akhtar Ali Bandesha, Fawad Farooq, Muzaffar Ali, Waheed ur Rehman, Hajira Akbar	Shazia Hall
	Moderators: Javeria Kamran, M Asad Ali		
1800 – 1900	PCS Council Meeting		Mirajani Hall

Conference Dinner | 2030 hrs PC Lawn



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**Day 3 | Sunday
14th June 2026**





Day 3 Sunday 14th June, 2026		Moderator: Sardar Jawad Gul
Time	0800 – 0845 hrs	Panel of Experts: S.M. Imran Majeed, Ashraf Dar, Naseer Ahmad Samore, Muhammad Shabbir, Talha Bin Nazir, Zahoor Ahmed, Hafiz Abdul Mannan
Session – 10	Cardiac Electrophysiology	
Talk Time 8 min, Q & A 2 min		
Time	Talk	Speaker Name
0800	Burning near the Coronaries-Peshawar Experience	Zahoor Ahmed
0810	SVT vs VT	Qurban Hussain Khan
0820	Atrial Fibrillation Ablation in 2026: Who really benefits?	Sardar Jawad Gul
0830	Four Tachycardias, one patient: A Case of Curative Multimechanism PSVT Ablation – One Life Changed	Hafiz Abdul Mannan

Day 3 Sunday 14th June, 2026		Moderator: Maimoona Saeed, Madeeha Ikram
Time	0845 – 1015 hrs	Panel of Experts: Khurram Akhtar, Asim Khan, Najam Haider
Session – 11	Congenital & Paediatric Cardiology & Cardiac Surgery	
Talk Time 8 min, Q & A 2 min		
Time	Talk	Speaker Name
0845	The Living Valve: Transforming Complex Aortic Stenosis Care: A Comprehensive review of our Local Ross Experience, Children Hospital Lahore at Ittefaq Hospital	M. Asim Khan
0855	Breaking Barriers, Building Hearts: Capacity Building in Pediatric Cardiac Services Across Sindh and Baluchistan to reduce Congenital Heart Disease Mortality in Underserved areas of Pakistan	Abdul Sattar
0905	The Bridge to Somewhere: RVOT Stenting as a Bridge to Definitive treatment in Paediatric and Adult natural survivors	Najam Haider
0915	The Light at the End of the Tunnel? Can Homograft pave the path to Heart Transplantation and act as the Catalyst for a Formal Program?	Intisar Ul Haq
0925	Shaping the Cone, Surgical Masterclass: Our Experience with the Cone Procedure in the "Ebstein Files	Dawood Kamal



Day 3 Sunday 14th June, 2026		Moderator: Maimoona Saeed, Madeeha Ikram
Time	0845 – 1015 hrs	Panel of Experts: Khurram Akhtar, Asim Khan, Najam Haider
Session – 11	Congenital & Paediatric Cardiology & Cardiac Surgery	
Talk Time 8 min, Q & A 2 min		
Time	Talk	Speaker Name
0935	Stem Cell Therapy: Software Patches for Pediatric Cardiac Defects	Yasir Qureshi (Mayo Clinic, USA)
0945	The Swiss Army Occluder, The MacGyver Move: Varied Uses of MFOs (Konar) at AFIC-NIHD Rawalpindi.	Madeeha Ikram
0955	Redefining the Gold Standard: Our Journey from Sternotomy to Minimal Access at AFIC	Hafiz Asghar Ali
1005	Beyond the Femoral: Transjugular ASD Closure when the low road is Blocked	Maimoona Saeed
1010	Cardiac Rehabilitation in postoperative Paediatric Cardiac patients	Anoosha Aziz

Day 3 Sunday 14th June, 2026		Moderator: Farah Sobia
Time	1015 – 1115 hrs	Panel of Experts: Muhammad Aamir Khan, Asif Janjua, Tahseen Ahmed
Session – 12	Cardiac Surgery	
Talk Time 10 min, Q & A 5 min		
Time	Talk	Speaker Name
1015	Association between Post Op Thrombocytopenia and Acute Kidney Injury in On Pump Versus Off Pump CABG	Atiq Ur Rehman
1030	Valvular Heart Disease in Women: Surgical Outcomes and Gender Differences	Ammar Gilani
1045	Vasoactive Inotropic Score as a Predictor of Short-Term Outcomes in Adult Cardiac Surgery	Usama Akhtar
1100	CO ₂ insufflation of CPB circuit prior to priming to mitigate Neurological complications in postop Valvular Heart Surgery patients	Farah Sobia
Conference Closing Ceremony 1130 to 1200 hrs		



DIL KI BAAT DIL KAY SATH



Armed Forces Institute of Cardiology & National Institute of Heart Diseases

Conference Secretariat

Department of Cardiology, The Mall Rawalpindi.

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Event Management



GRACE Events
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