



# SOPHIE ILIONSKY

*Student · Aspiring  
Medical Professional*

## EDUCATION

**Laguardia Performing Arts  
High School** | New York, NY |  
Expected Graduation: June 2027

- GPA: 99/100
- NYSMA Violin Certificate

## VOLUNTEER WORK

**Volunteer** | Local Nursing Home  
| 150–200 Hours

- Provided companionship and support to elderly residents, contributing significant volunteer hours to community care

## SKILLS

- **Medical & Research:** Cell Culture · Microscopy · Clinical Observation · Health Sciences
- **Leadership:** Nonprofit Management · Event Coordination · Club Presidency
- **Languages:** English · Spanish (coursework)
- **Arts:** Violin · Orchestral Performance

## CONTACT

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## PROFESSIONAL & RESEARCH EXPERIENCE

**Laboratory Research Intern** | New York University | Summer 202X

- Conducted laboratory work involving cell culture and microscopy techniques
- Gained hands-on research experience in a university-level scientific environment

**Clinical Shadowing** | NYU Tumor Clinic | Summer 202X

- Observed clinical procedures and patient care in a specialized oncology setting
- Developed foundational understanding of medical diagnostics and clinical workflows

## ACADEMIC PROGRAMS

**Medicine Summer Program** | Oxford Summer Courses, Sidney Sussex College, Cambridge

- Completed an intensive medicine course; received certificate of completion

**Study Abroad Program** | EF Education, Málaga, Spain

- Completed language and cultural immersion program in Spanish; received certificate of completion

## LEADERSHIP & ACTIVITIES

**President** | Red Cross Medical Club

- Led club operations, organized events, and coordinated community health initiatives

**Junior Board Member** | National Honor Society (NHS)

- Endorsed by faculty; contributed to school-wide leadership and service programs

**Board Member** | HOSA – Future Health Professionals

- Participated in competitive medical events and health science leadership programming

**Events Organizer / President-Elect** | Bloom-Aid Nonprofit | Plover International Project

- Organized fundraisers and donation drives supporting women's hygiene initiatives globally
- Transitioning to President role; passionate advocate for women's health and dignity

**Board Member** | Bloom-Aid Nonprofit

- Supported operations of a nonprofit focused on women's hygiene as part of the Plover International Project

**Varsity Volleyball Manager**

- Supported varsity volleyball team operations, coordination, and logistics

## PERFORMING ARTS

**Violinist** | New York Philharmonic Orchestra | February 202X

- Performed with one of America's oldest and most prestigious symphony orchestras
- Sustained 4+ years of orchestral training and ensemble performance