

NEW YORK STATE  
OFFICE OF CHILDREN AND FAMILY SERVICES  
**FAMILY DAY CARE AND GROUP FAMILY DAY CARE PROGRAM**  
**SLEEPING AND NAPPING AGREEMENT**

This form may be used to meet the regulatory requirement that, other than for school-age children, sleeping and napping arrangements must be made in writing between the parent and the program.

<b>Name of Child in Care:</b>	<b>Date of Birth</b> / /
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Name of Parent/Guardian:	
Name of Program/Provider:	Facility ID#

**Napping Agreements:**

Area of home where child will nap:
Sleeping arrangements (Check all that apply): <input type="checkbox"/> Mat <input type="checkbox"/> Cot <input type="checkbox"/> Bed <input type="checkbox"/> Crib
How will the child be supervised?
<input type="checkbox"/> Direct supervision
<input type="checkbox"/> Functional electronic monitor (provider must remain on same floor and physically check on child every 15 minutes)

**Evening and Night Sleeping Agreements:**

Area of home where child will sleep:
Sleeping surface (Check all that apply): <input type="checkbox"/> Mat <input type="checkbox"/> Cot <input type="checkbox"/> Bed <input type="checkbox"/> Crib
How will the child be supervised?
<input type="checkbox"/> Direct supervision (provider must remain awake and physically check on sleeping child every 15 minutes)
<input type="checkbox"/> Functional electronic monitor in room where child is sleeping (provider may sleep while child is sleeping)

All applicable regulations must be followed, including, but not limited to, those listed below. Contact your regulator with any questions.

- Sleeping arrangements for infants through 12 months of age require that the infant be placed flat on their back to sleep, unless medical information from the child's health care provider is presented to the program by the parent that shows that arrangement is inappropriate for that child.
- Cribs, bassinets, and other sleeping areas for infants through 12 months of age must include an appropriately sized fitted sheet and must not have bumper pads, toys, stuffed animals, blankets, pillows, wedges, or infant positioners. Wedges or infant positioners will be permitted with medical documentation from the child's health care provider.
- The resting/napping places must be located in approved day care space; be located in safe areas of the home; be located in a draft-free area; be where children will not be stepped on; be in a location where safe egress is not blocked; and allow caregivers to move freely and safely within the napping area in order to check on or meet the needs of children.
- Children unable to sleep during nap time shall not be confined to a sleeping surface (cot, crib, etc.) but instead must be offered a supervised place for quiet play.

- With the prior written permission of the parent, children who are napping or sleeping may do so in a room where an awake, approved caregiver is not present, but the doors to all rooms must be open; the approved caregiver must remain on the same floor as the children; and a functioning electronic monitor must be used in any room where children are sleeping or napping and an awake, approved caregiver is not present.
- When a functioning electronic monitor is in use, napping and sleeping children must be physically checked every 15 minutes to assess the overall safety and well-being of the children and to make sure infants' faces are uncovered. The checks must be done in close physical proximity to the child.
- For evening and night care, the caregiver may sleep while children are sleeping only if functional electronic monitors are in use in each room where children are sleeping. The licensee must obtain the written permission to do so from the parent of each child receiving evening or night care in the home. In the event written permission is not obtained from all parents, the caregiver must remain awake at all times and physically check sleeping children every 15 minutes to assess the overall safety and well-being of the children and to make sure infants' faces are uncovered. The checks must be done in close physical proximity to the child.
- A copy of this agreement must be kept on file at the program and accessible for review.

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Signature of Parent/Guardian

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Date

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Signature of Provider

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Date