

Eating and Drinking of Jesus is Essential to Grow

Once one is born again and has tasted that the Lord is Good (Psalm 34:8, 1 Peter 2:2) they are as new born babes that should long for the sincere milk of the word of Christ that they may grow up in respect to salvation.

Jesus spoke of this need in John 6 where the apostle John again filled in some of Jesus' teachings concerning himself and His Spirit the other gospel writers had missed in their accounts of His feeding of 5,000 men near the Sea of Galilee. Please read John 6 completely and I'll point out some things that stand out to me:

- 1) Jesus was completely dependent upon the Father to bring an abundant satisfying meal to thousands of people from an otherwise meager portion the disciples had with them.
- 2) Jesus used this as an opportunity to bring out that his body, broken on the cross would be the believers true food, and His blood, spilled on the cross would be the believers true drink for them, both of which fill the hunger and thirst for God the Psalmists had spoken of.
- 3) While sounding offensive to many, eating Jesus' flesh and drinking his blood is a matter of "the words that I speak are spirit and life" and believing in the Father and His son sent from heaven as heavenly manna (daily food to supply our walk in the world towards our promised inheritance which was typified in Exodus).
- 4) Part of Jesus' role as "The Son of Man (see Daniel 7) is to provide food and drink that saves the Father's chosen ones from eternal judgement and leads them to eternal life instead.
- 5) Such spiritual eating is a matter of believing in the Father and His son.
- 6) Jesus is completely confident that those who eat will live because of Him and this life would be secure (eternal life, no one can snatch them out of my hand, and I will raise them up on the last day).

So what are your takeaways, and how is your eating of this one who's words are spirit and life going? Jesus promises that such food would be abundant and never leave you hungry.

As a new believer I was trained to spend time in the word of Christ, the holy Bible, prayerfully daily, and I can testify that Jesus is indeed true food and drink, He fills me through His Spirit, and that has been an important part of growing as a believer.