

Core Skills of The Soft Skills Way™

SELF-AWARENESS

Notice → Recognize → Choose

BOUNDARY SETTING

Internal Clarity → Clear Expression → Consistent Integrity

ACTIVE LISTENING

Receive → Regulate → Reflect

CONFLICT MANAGEMENT

Know yourself → Manage yourself → Lead through tension

DECISION MAKING

Awareness → Clarity → Self-Trust

CREATIVE THINKING

Expand → Reframe → Contribute

SWAY is agency in motion.