

Anna Vanosi



Contact

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About Me

I'm a Milan-born performer and theatre-maker based in Scotland. My practice combines ensemble work, storytelling, live music and physical approaches to performance, shaped by early training with Gabriele Vacis. Alongside creating and producing my own solo shows at the Edinburgh Fringe, I'm currently developing new work and now deepening my practice within collaborative ensemble theatre-making.

Skills

Physical theatre
Improvisation-led devising
Storytelling performance
Jazz singing (professional)
Singer-songwriter
Commedia dell'arte
Workshop facilitation
Yoga

Languages: Italian (native)
English (fluent) French (working knowledge)

Training

- BA (Hons) Acting for Stage and Screen
Edinburgh Napier University 2015
2017
- Jan Fabre Teaching Group
Puglia, Italy 2023
- Commedia dell'Arte
Savino Italiano e I nuovi scalzi 2020
- Making a Performance
Giacomo Veronesi 2020
- Mime Technique (Decroux): The language of the actor
Theatre Re / Guillaume Piget 2020
- Wake up - voice and movement training
Company of Wolves 2019
- Academy of Commedia dell'arte
Charioteer Theatre / Enrico Bonavera & Stefano Guizzi 2018
- Intensive Platform Physical Theatre, mime (Marceau technique)
Stockholm Academy 2018
- Character Study
Arianna Scommegna, ATIR Teatro Ringhiera 2014
- Etjud technique (Anatolij Vasiliev tradition)
Giacomo Veronesi 2012
2014
- Long-term Ensemble training with Gabriele Vacis & Barbara Bonriposi
Physical and devising-based practice in the lineage of Grotowski and Odin Teatret 2009
2012
- Preparatory course
Paolo Grassi Drama School, Milan 2009

Ensemble & Devised Performances

- **Performed and devised** in three large ensemble productions **with Gabriele Vacis**, developed through long workshop processes using movement, rhythm, voice and schiera technique:
La bellezza salvata dai ragazzini — Teatro Stabile di Torino
Paura Diseguale — ATIR Teatro Ringhiera
Chi sei tu? — ATIR Teatro Ringhiera
- These projects shaped my early experience of collective creation and physical ensemble performance.

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Additional Education

MA Communication for Media and Organisations 2010
2012

Catholic University of Milan / Sorbonne
Nouvelle Paris III / Paris X Nanterre

International Master in Cinema and Audiovisual
Production

BA Cultural Heritage Studies 2006
2009

Catholic University of Milan

TEFL Certificate 2020

Qualified Tour Leader (Italian / English / French) 2014

Facilitation

Acting teacher 2019
2020

Film Academy Edinburgh

Delivered acting training for young performers aged 9-17

Q & A leading 2018

Touring productions of *The Little Prince*,
Laura Pasetti and *Charioteer Theatre*

Assistant performer supporting disabled actors and teenagers 2013
2014

Paura Diseguale, *Chi sei tu?*, *La bellezza salvata dai ragazzini*, directed by Gabriele Vacis

Continuing practice & Selected Performance

EPAD development residency at Whale Arts Agency 2024

Script development for a new play

Actors Gym (Edinburgh)

Stage work includes **Three Sisters (Masha)**, **Mammals (Lorna)**, **The Greenhouse (Stella)**, and **short films** with **Screen Academy Scotland** and independent productions

Original Performance Work

Late Bloomers' Tales 2019
2023
writer and performer

Presented across three Edinburgh Fringe runs and later performed in Milan

Solo storytelling performance with live music exploring experiences of feeling "out of time"

Don't Follow Me: My Misguided Tour 2018
writer and performer

First solo theatre work combining storytelling and live music stemming from being a ghost tour guide

Currently developing a new ensemble play exploring mental health and recovery (developed through a EPAD residency at Whale Arts)

Music Projects

Italian Jazz Affair 2016
2020
creator and performer

Narrative concert-format show combining storytelling, American songbook and Italian folk repertoire

Performed regularly over the last three years including Edinburgh Fringe runs.

Regular performer at The Jazz Bar, Edinburgh

Singer-songwriter 2019
2020
Jazz, Neo-soul, pop, blues

Writing and performing original material in collaboration with musicians across soul, jazz and contemporary styles.

Improvisation practice (live music contexts) 2019
2020
Jam sessions

Regular participant in jam sessions, improvising melody and lyrics spontaneously in ensemble settings.

Assistant Directing & Other Roles

Music Supervisor 2019
The Snow Queen, Trinity Theatre

Tour Manager - Performer 2019
The Dreaming Prince, Charioteer Theatre

Assistant Director 2018
A lie in the Mind, Ian Dunn, Napier University

Assistant Director 2018
The Dreaming Prince, Charioteer Theatre