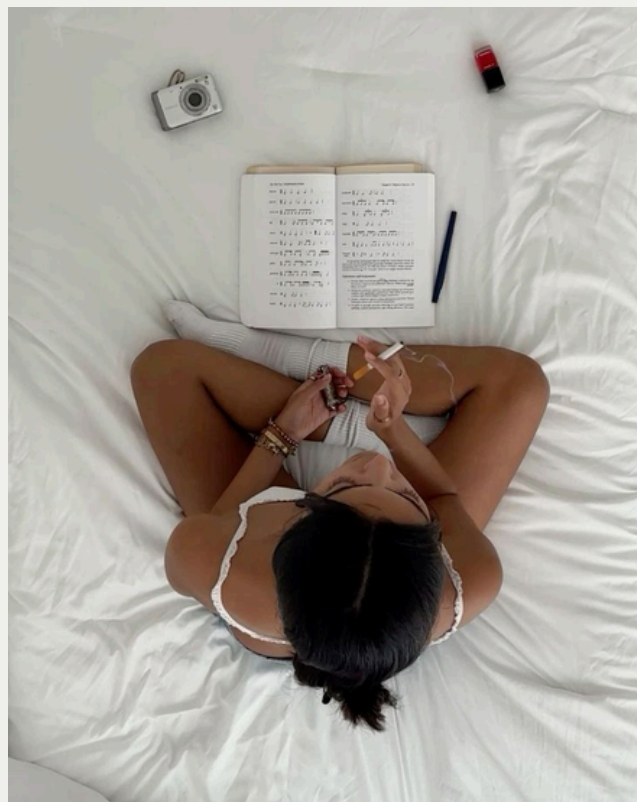


# 10 Empowering Journal Prompts for Self-Confidence

*A guided mini journal by Allebazi*



I believe that every woman should journal to learn about herself and the power she holds.

We are capable of so many things, yet society has often made us feel like the weaker sex — but we shouldn't believe that.

In 2025, I truly feel that a global awakening has begun.

Let's be part of it.

# *Welcome beauty!*

First of all, I'm really proud of you for taking the first step and downloading this journal.

Every change begins with a small step — and this is yours.  
You hold more power than you think.

This mini journal is your first step toward reconnecting with your confidence — that quiet, unshakable belief that you are worthy, capable, and beautifully enough.

Now, take a deep breath, find a quiet space, and let these prompts guide your thoughts.

And remember: confidence is built through self-awareness — one reflection at a time.

*X Allebazi*

“Be proud of how far you’ve come,  
and have faith in how far you can go.”

What does confidence mean to me personally?

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When do I feel most powerful and why?

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What limiting belief am I ready to release about myself?

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“Trust the woman you’re becoming  
she knows her worth.”

How would I act today if I were 100% confident in myself?

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What am I most proud of in my life so far?

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Which qualities make me unique and strong?

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“Trust the woman you’re becoming  
she knows her worth.”

How do I speak to myself when I make a mistake — and  
how can I show more compassion?

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Who inspires me with her confidence, and what can I learn  
from her?

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What fears have held me back — and how can I face them  
with courage?

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“Confidence begins the moment you stop doubting your worth.”

What small action can I take today to build my confidence?

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# Your Journey Has Just Begun

Every word you've written is a seed of self-trust. Keep nurturing it, and watch your confidence bloom.

If this mini journal inspired you, take the next step in your journey with The Empowered Woman Journal — filled with 60+ prompts and exercises to help you reconnect with your strength, purpose, and feminine power.

Discover it now on [allebazi.blog](http://allebazi.blog)

Created with love by Allebazi