

# Cheat Sheet: 5 Steps to Discover Your Purpose

Unlock Clarity • Fuel Motivation • Live with Meaning

## 1. Self-Reflection

- Ask: *What activities make me lose track of time?*
- Journal your passions, values, and strengths.

## 2. Explore Your Passions

- Notice what excites you most in conversations.
- Try new hobbies or roles to uncover hidden interests.

## 3. Look Beyond Yourself

- Ask: *How can my skills serve others?*
- Purpose often comes from contribution and impact.

## 4. Set Intentional Goals

- Align your daily choices with your core values.
- Break big dreams into small, actionable steps.

## 5. Embrace Growth

- Be open to change—your purpose evolves with you.
- Celebrate progress, not just big milestones.

 **Inspiration Tip:** Your purpose isn't found overnight. It's **discovered through curiosity, action, and reflection.**