

Cheat Sheet: 5 Steps to Discover Your Purpose

Unlock Clarity • Fuel Motivation • Live with Meaning

1. 🔍 Self-Reflection

- Ask: *What activities make me lose track of time?*
- Journal your passions, values, and strengths.

2. 🌱 Explore Your Passions

- Notice what excites you most in conversations.
- Try new hobbies or roles to uncover hidden interests.

3. 🤝 Look Beyond Yourself

- Ask: *How can my skills serve others?*
- Purpose often comes from contribution and impact.

4. 🎯 Set Intentional Goals

- Align your daily choices with your core values.
- Break big dreams into small, actionable steps.

5. ✨ Embrace Growth

- Be open to change—your purpose evolves with you.
- Celebrate progress, not just big milestones.

📌 **Inspiration Tip:** Your purpose isn't found overnight. It's **discovered** through **curiosity, action, and reflection**.