

LTMC meet report Torridon 15th to 18th May 2026

Members attending: Anne L, Barbara D, Dot, Sheila, Helen, Ron, Barry

We all arrived at Mol Mor, the National Trust bunkhouse in Torridon, about 6 pm on Friday evening. Mol Mor is in a fantastic location just outside the village on the shore of Loch Torridon. The weather was sunny with daylight till almost 10 pm.

The weather on Saturday was kind, with long sunny spells and no rain. We all set off together, parking at the Torridon Hotel, and started up the path to Ben Damph. Dot, Ron, Barry and Helen continued up the path while Sheila, Barbara and Anne took a path leading to an ascent of Bein na h-Eaglaise. The time to the top according to the Graham book is 2 hours 5 minutes. It took the threesome a tad longer than that to reach the top. This was partly due to the necessity to cross a river. After considering several possible crossing points, they were about to give up when they met two younger fellows who nimbly crossed. On seeing this, our threesome approached to see how they had managed to get over. The gallant pair, then helped our threesome across and proceeded to place more stepping stones in the river for the return. After following a path for about 600 m, the threesome struck up over rocky ground to finally reach the top a few hours later. The views from the top were stunning and worth the climb. The descent was challenging due to the terrain but they eventually met up with the path and returned to the start. Meanwhile Dot, Ron, Barry and Helen continued up the path to Ben Damph. Helen turned back half way to prevent aggravation to a foot injury. The terrain at the top was rough but the walk was enjoyable and the views stunning.

After heavy rain during the night, Sunday morning was dry. Ron and Barry climbed An Ruadh-mheallan, undulating in the lower reaches, wet underfoot, steep in the upper reaches but with good views. They were lucky to miss the rain. The others did a circular walk from the Torridon Hotel car park to Aird Mhor and the Falls of Balgy. They were caught in a couple of heavy rain showers but enjoyed a varied and scenic walk.

Monday morning dawned with clear blue skies and sunshine making the scenery even more stunning. After breakfast and packing up, we all took a leisurely stroll along the shore of Loch Torridon to Am Ploc to visit the open air church. We then continued on to a path leading to an old township before returning to the bunkhouse. After a rendezvous at the Blair Atholl Watermill cafe we went our separate ways.

It was an excellent weekend, impressive scenery, tolerable company (according to Barry) and food to rival that of the Torridon Hotel at a fraction of the price.