

	A	B	C	D	E
1	LTMC Midweek Walk Programme July - December 2025				
2					
3	Wed July 16th	Brian			
4	Tues Aug 5th	Bert			
5	Mon Aug 18th	Anne M			
6	Wed Sept 3rd	Jenny			
7	Tues Sept 23rd	Janet			
8	Thur Oct 9th	Karen			
9	Tues Oct 21st	Jeanette			
10	Mon Nov 3rd	Val			
11	Tues Nov 18th	Sheila			
12	Thur Dec 11th	Helen			
13	Mon Dec 29th	Oli			