

A man in a dark blue t-shirt and light blue shorts is running towards the camera with his arms raised, holding a black sign that says "BORN 2 WORM" in white. The sign features a green worm graphic for the number '2'. In the background, there is a wooden building with a balcony where several people are watching. A group of people is gathered on a grassy area to the right, some wearing bright green shirts. The scene is outdoors on a sunny day with trees in the distance.

**BORN 2 WORM**

# **BORN 2 WORM 2026 INFO PACK**

20-22 February  
Camp Wainui



**BORN 2 WoRM**

**LOCATION**

### Q. Where the hell is this place?

- A. The address is 203 Coast Rd, Wainuiomata (30mins from Wellington). Basically, head over the Wainui hill and stick to the main road. You'll eventually veer right on to Coast Rd – follow this for a few kms and you'll see a sign for Camp Wainui on the left. Drive right in – past the lagoon and cross a small bridge before looping around to the car park.

### Q. Will there be carpooling?

- A. YES! A week or two before B2W we will post a sheet on the Facebook page to organise carpooling. I'll email it too for non-Facebookers.  
If you need a ride, or can offer a ride, then coordinate through this.

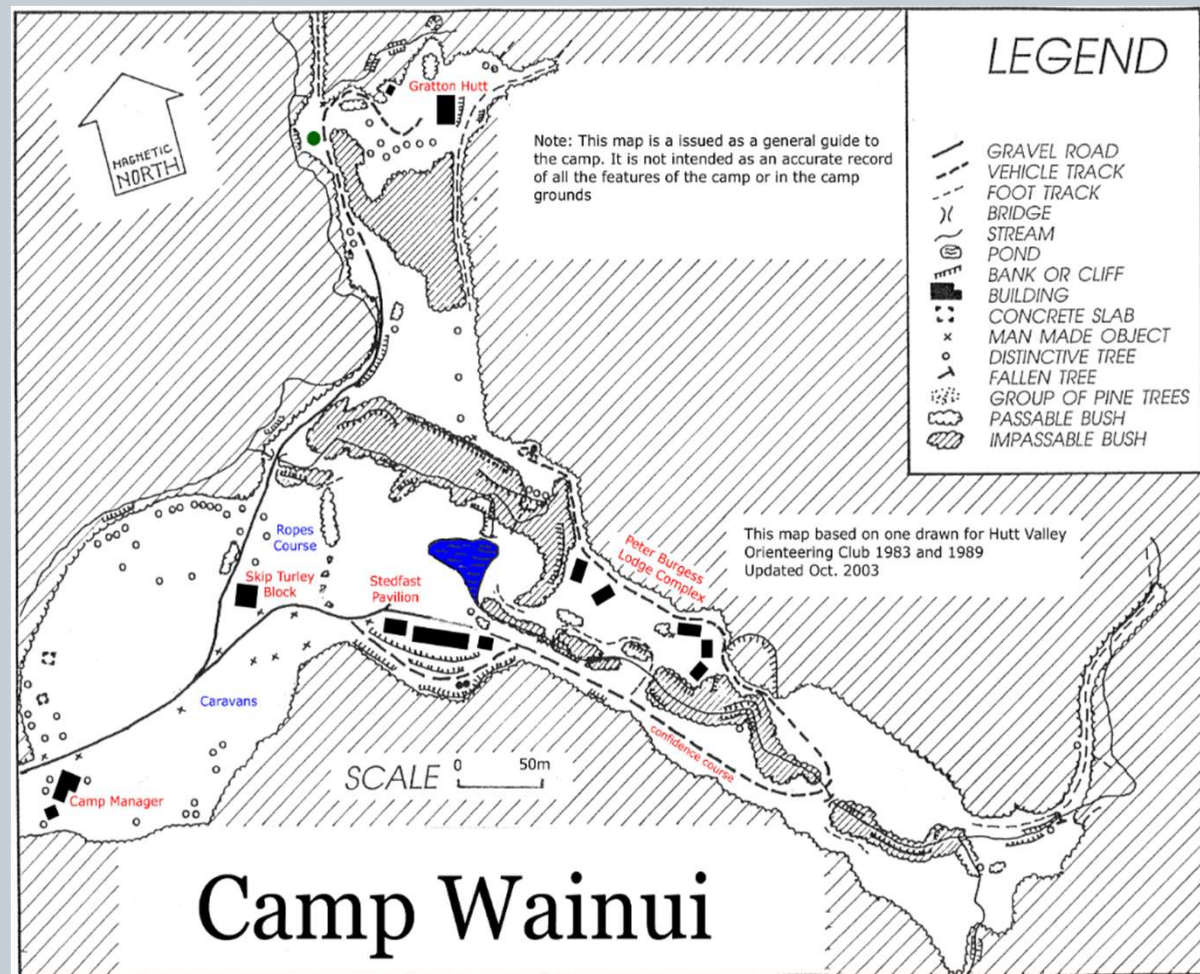


### Q. What facilities are available at Camp Wainui?

A. There are lodges for sleeping, tent sites, grassy areas, picnic tables, a hall, kitchen areas, bathrooms, a lagoon for swimming, a river, and bush tracks.

### Q. Is there food available to buy?

A. NO. There is nothing available at Camp Wainui to purchase. However, there are shops, restaurants, supermarkets etc a short drive away in Wainuiomata if you need to top up. Please buy food that requires minimal/no cooking as the kitchen is small.



### Q. Where do I sleep?

- A. If you are in a lodge, you will be designated a lodge number and a room number. Remember this, because it will make finding your room much easier. Each lodge has four dorms that can sleep 18 people, two toilets, two showers, plus a utility room. Two of the four lodges also have a kitchen and living area (these will be available for all people, not just the people in those lodges).

If you are camping, then you can set up in the field outside lodges 1 and 2. Don't set up near the paths or connections to the lagoon unless you want to have your gear trampled during the beer mile.





**BORN 2 WORM**

**PROGRAMME**

## 2pm – Gear Swap

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### Main Hall

Swap, sell or donate all your unwanted trail running gear. Bring along those pants that didn't quite fit you, or your old watch after your Xmas upgrade – and find yourself some new kit as well!

## 3:30pm – NZ Mountain Safety workshop

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### Main Hall

Bevan from NZ Mountain Safety is coming in to take us on an interactive workshop on all things safety. Learn how to read a map, what gear you need on your big adventures, and what to do if you are ever injured or lost.

## 7.30pm – WoRM Awards

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### Main Hall

Did you do something incredible this year? No? Then did you do something stupid? Well, you may be up for an award! Join your host Neil as he presents awards for the best (and worst) achievements this past year.

## 8.30pm – Movie Night

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### Main Hall

Grab a chair, some popcorn, and a bevvie and enjoy a selection of trail running documentaries!

## 8am – Group Runs

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### Meet in the Carpark

A range of distances and paces available. You'll have the chance to sign up to your preferred route in the week prior – sign up details to come. Group runs will start in nearby Catchpool Valley and we'll coordinate rides there and back.

## 5:00pm – Beer Mile

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### Main Lawn

Four drinks. Four laps. It's the perfect event for the imperfect athlete. Not a beer fan? All good – just get something fizzy and participate. Assemble 10 minutes before the start for a briefing.

There will also be a 'magic mile' where people who don't want the full bloatedness of beer can do something a little lighter.

## 6:30pm – Dinner

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### Main Hall

We are putting an asterisk next to the dinner this year! If we get a few more attendees then we'll put on a free dinner – but at the very least we will provide a whole bunch of (dietary sensitive) sides so you don't need to cook up a full meal.

## 8.30pm – PARTY TIME!

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### Main Hall

Get into your 'Wellington Trails' costume and join in the hall for the party to end all parties! We've even got an actual DJ this year for you to dance the night away to!

## 9am – Stretching class

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### **Under the Pine Trees**

Join Amanda in the woods (not as scary as it sounds) for a runner-focused stretching session. Ease out the aches and pains from the previous couple of days, surrounded by the chirps of our native birds.

Note: about 100m from the carpark is a set of pine trees – join here (or meet at the carpark at 8.55am to walk over).

## 10am – Clean up

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### **Everywhere**

Please respect our hosts (and the organisers) by making sure the facilities and grounds are spotless. If you are leaving early, please contribute to the clean up before you go.

## 12pm – Exit 😞

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### **Anywhere but Camp Wainui**

We have to be **out by midday**. Don't be sad it is over, be happy it happened.

### WoRM Bake-off Competition

The bake-off is back this year! Bring your best dish and battle it out against other WoRMers for the esteemed prize of **WoRM's Greatest Baker!**

When you arrive on Friday, place your baking entry on the 'WoRM Bake-off' table in the Main Hall. Label it with the category, dietary info (i.e. vegan, gluten-free etc) and provide your name + details to Caro.

- Over the next day or two, people can sample your baking and place their vote for their favourites.
- Voting closes on Saturday evening before dinner and winners will be announced that evening.



### 'Wellington Trails' themed costume party

Everyone loves a dress up party right?! Well, tough if you don't! The Saturday night party will be 'Wellington Trails' themed and there will be prizes for the best outfits.

### PRIZES!!!

There are a range of prizes on offer over the weekend. While we are still finalising these, there will be plenty!



# BORN WORM

LEST  
WE  
PARTY

BORN  
TO  
WORM

**CAMP RULES**

### Meet your organising team



#### **Brad Coleman**

Chief Organiser and dad joke enthusiast. Constantly injured and lets you know.



#### **Neil Wilson**

Entered the 70+ category recently but is still faster than most of us. Loves a pie.



#### **Heather McDonald**

Has run further than most of us (Tarawera Miler). Use the code HEATHER at basically any website and receive a discount.



#### **Justin Sprecher**

50% of the world famous Sprecher couple. Coffee and beer snob aficionado.



#### **Elsbeth Knewstubb**

WoRMer for over a decade! Claims the South Island is better yet hasn't lived there in years.

**All organisers are available throughout the weekend to help out and provide info.**

### Gear Checklist – what to bring

- Food and snacks – Friday lunch and dinner, Saturday breakfast and lunch (dinner will be provided on Saturday) and Sunday breakfast. Plus snacks.
- Drinks - all beverages you wish to consume over the weekend, including four cans for the Beer Mile (if participating)
- Your own cutlery, bowl, plate, mug etc
- Swimwear and towel
- Sunscreen and insect repellent
- Torch
- Powerbank and phone charger
- Sheets/pillow case/sleeping bag (mattress and pillow provided)
- Yoga mat for stretching class
- Costume for the party
- Your entry for the baking competition

#### Running gear

The following items are **mandatory** for the group runs – you will not be allowed to run without them:

- Trail shoes / sandals
- Waterproof jacket
- Emergency blanket or bag
- Thermal long sleeve top
- Beanie or buff
- Thermal gloves
- First aid kit
- Water/hydration in flasks
- Food/nutrition
- Sunscreen
- Whistle

### Q. Will there be cell reception?

- A. It's patchy. The further into the camp you go the less reliable it is. But you *should* be able to get some reception over the weekend. Please note I am unsure how many power sockets there are in the lodges – so if you want to charge your phone then bring a powerbank to be sure.

### Q. Can I bring my doggo?

- A. Sadly, no. Under no circumstances are dogs allowed on the premises. These are the venue's rules :(

### Q. How many bathrooms are there?

- A. There are two unisex toilets and two unisex showers in each lodge. **These are communal and can be used by any attendee at any time**, regardless of whether it is their lodge.

### Q. What are the rules for the Beer Mile?

- A. The rules are typically that you drink a beer before running a 400m lap – and then repeat four times. The beer must be 5% or higher, 330ml and in an unopened can. However, we are not wanky on this. Participation is key and it is all about having fun. If beer isn't your thing, drink cider, or Coke. Or if all of this sounds horrible then drink seltzers. Or if drinking four drinks that quickly will make you collapse on the floor, then mix it up. It's all good!



### Q. What night is the free dinner\*?

- A. We will provide dinner on the Saturday night – including vegan, vegetarian and GF options. Every other meal or snack you will need to provide for yourself. There are kitchens in lodges 1 and 2 and a kitchen in the main hall. Please be mindful that there will be many people wanting to use the kitchen areas, so **keep usage to reheating meals** and do not spend half an hour cooking up a deluxe meal. 5-10 mins each only.

### Q. How deep is that lagoon?

- A. It's pretty shallow in parts. The end closest to the lodges does get a bit deeper – maybe 2m at a guess. It is sludgy underneath and if you step on something that feels like a wedding ring – pick it up and return to Scott Mellins. We do ask that you refrain from using the lagoon when under the influence, for your own safety.

### Q. Will there be any quieter spaces?

- A. YES! After 2024's rain-filled cram-fest, we have made sure to create some quiet spaces. These will be in the lounge / kitchen areas in lodges 1 and 2 and are available for everyone. Please be respectful of others using this space, but also recognise that these are 'quiet' spaces and not 'silent' spaces.

After 8pm each night, these two spots will become 'Chill Zones' that are a place to chill if you need to get away from the party / festivities. These spaces will be stocked with tea, coffee, and the occasional snack.

### Q. How do I sign up for group runs?

- A. TBA. But you will be able to sign up for the route/pace of your choice in the lead-up. Please be aware that, due to the number of people attending, there will be a cap on the group sizes – so signing up early will guarantee you a spot in your preferred group. You can change this at any time though!

You will also need to come prepared for a few hours in the Remutaka ranges. You will not be allowed to participate unless you have the following gear: trail shoes (or appropriate sandals), warm gear (thermals, beanie, gloves), emergency blanket, sun protection, whistle, water bottles, food, jacket in case of rain. It doesn't matter how fit or fast you are, a sprained ankle can easily happen and mean you are idle and in the bush for hours, or potentially overnight. We will also ensure that each group has at least one PLB with them.



### Cleaning and recycling

#### Cleaning



Everyone is equally responsible for the cleanliness of the camp. While we have designated people making sure it all goes smoothly – if you see some rubbish, put it in the bin. If the bin is overflowing, empty it and replace the bag. If someone left water all over the bathroom floor, mop it up. You get the idea!

#### Recycling



There will be several bins available to deposit your recycling and rubbish. All bins will be labeled so please pay attention and place everything into the appropriate bin. All recycling will be taken to the nearest recycling facility, as needed.

#### Sustainability



We ask that you be mindful of the environment during your time at B2W. Reusable or biodegradable items are encouraged, as is carpooling or public transport. When out on the group runs, please keep to the main tracks to avoid disturbing wildlife and keep all rubbish with you, to be deposited back at camp.

#### Composting



A bin will be provided in the main hall kitchen to deposit any compost.

### Code of Conduct

#### 1. Respect and inclusivity

We expect all participants to show respect to each other, our hosts, the venue, nature, and themselves. This includes respecting personal boundaries and treating everyone with kindness and consideration.

#### 2. No tolerance for inappropriate behaviour

Any behaviour that could be interpreted as creepy, aggressive, disrespectful, too forward, or repetitive is strictly prohibited. This includes unwanted advances, harassment, or any actions that make others feel uncomfortable, regardless of the intention.

#### 3. Safety first

Follow all safety protocols set out by the organising team. These will be updated closer to the event and must be followed at all times.

#### 4. Compliance with rules and regulations

Participants are required to follow all rules and regulations as outlined by the event organisers. These rules are in place to ensure the safety and enjoyment of everyone involved.

#### 5. Responsible drinking

We encourage responsible drinking and remind you to be mindful of your alcohol (or any other substance) consumption. Any disruptive or unsafe behaviour resulting from this will not be tolerated.

#### 6. Respect for the environment

As we will be enjoying the natural beauty of Wellington's trails and Camp Wainui, it's important that we leave no trace. Please dispose of any waste properly and avoid disturbing wildlife or damaging the environment.

#### 7. Responsibility for damages

Participants are responsible for any damages or costs that may occur as a result of their actions during the event. This includes any damage to the venue, equipment, or property, as well as any costs incurred due to violations of the Code of Conduct or event rules.

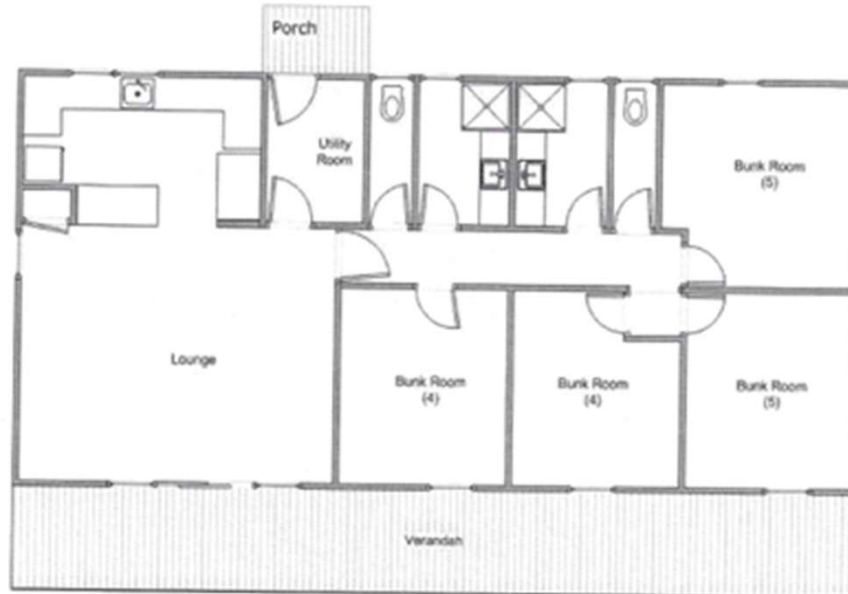
BORN  WORM

**PHOTOS AND MAPS**

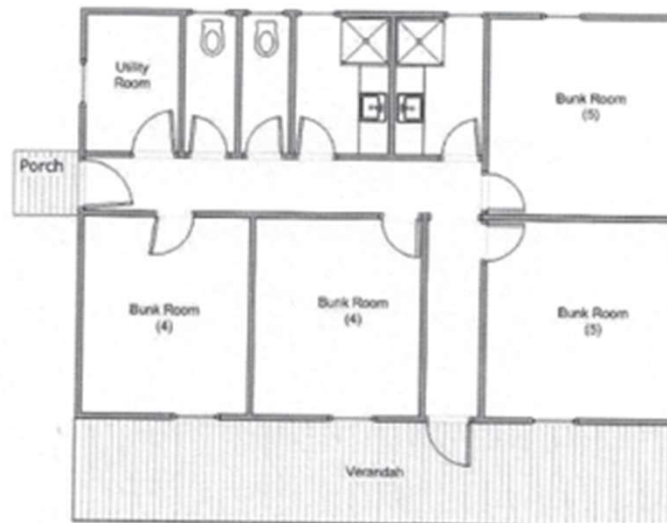


### Plans of Camp Wainui's Lodge Complex

Units 1 & 2

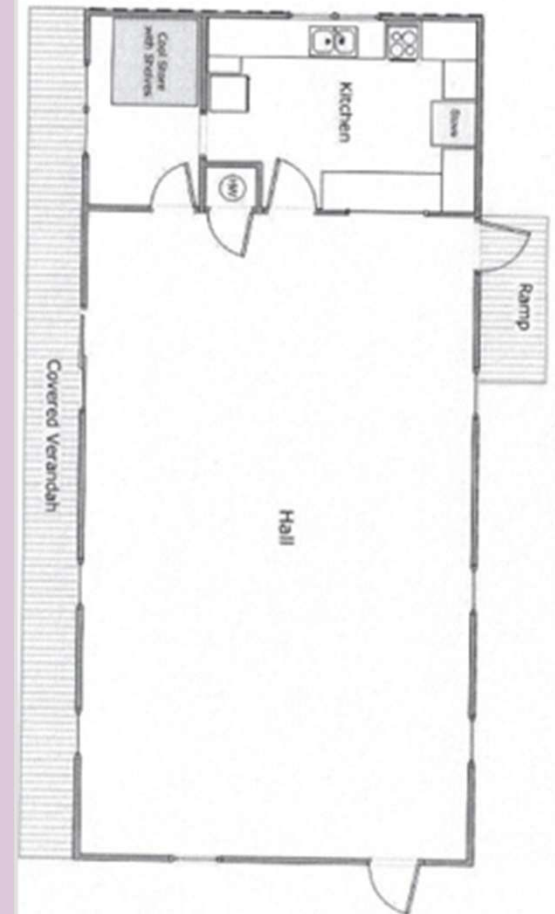


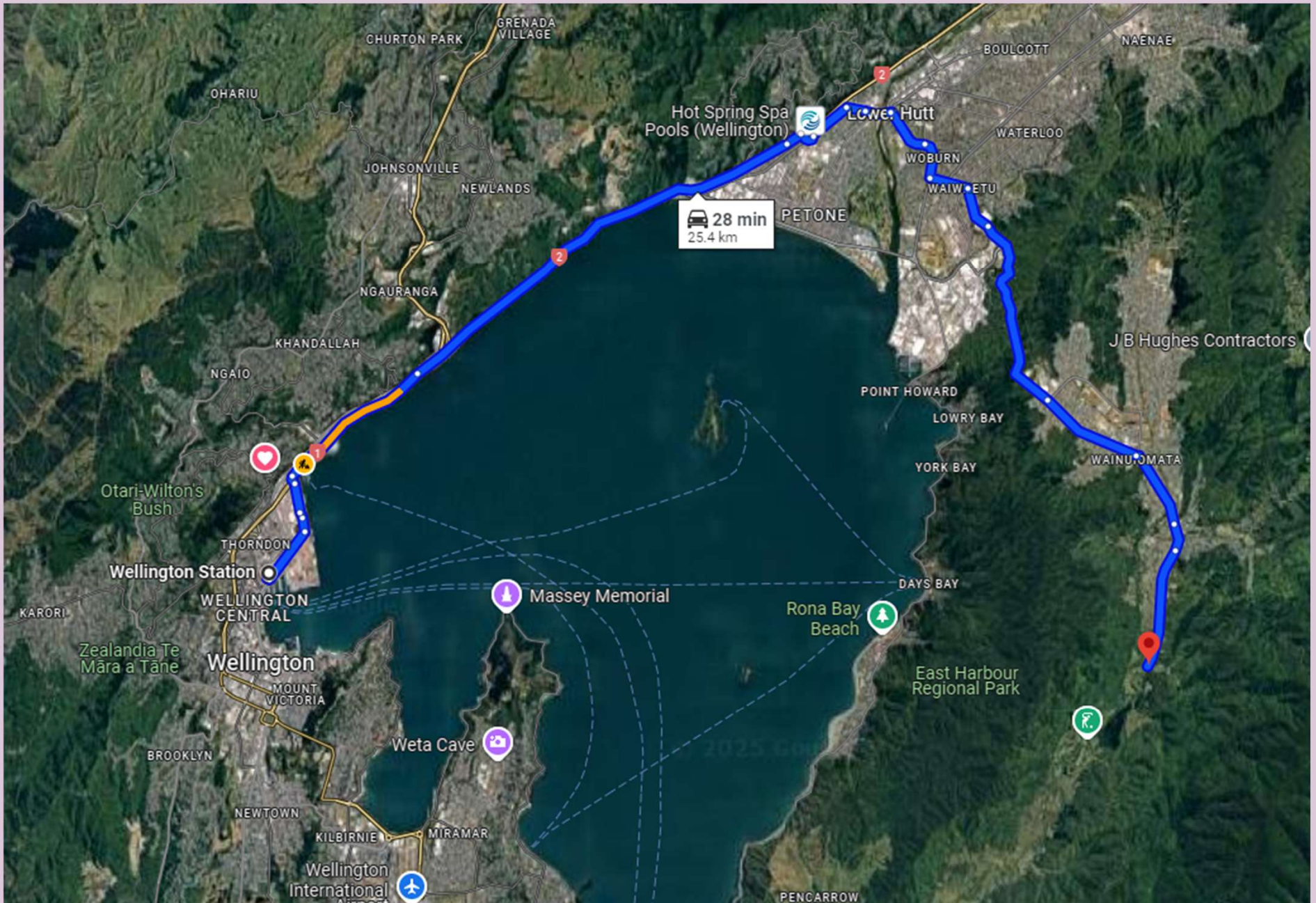
Units 3 & 4



The numbers shown in brackets indicate the number of bunks in each Bunk Room.

Hall & kitchen





## **A final word from the organiser**

I want to acknowledge how fortunate we are to secure this space. There is a considerable amount of room for us at Camp Wainui – it can sleep up to 120 people. It backs on to the Remutaka ranges, has a lagoon for swimming, is private, has bathroom facilities, a hall for our activities... in a word, it is PERFECT!

The only reason we have been able to land this space is due to WoRM being a community group and B2W being not-for-profit. But it is also due to the awesome people at Camp Wainui and the The Boys' Brigade Camp Wainui Trust – keeping spaces like this open and available for community groups to use.

Ideally, we will be able to keep using this space for future Born 2 WoRM events. Please keep this in mind during B2W and respect the space and the hosts by treating the grounds and facilities as if they were your own.

**Brad**