

1 RACE ORGANIZATION

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Race Director: Joonas Henttala (t. +358407535505)

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Chief Comissaire: Raimo Kytömaa (t. +358504345245)

Finish judge: Mia Bäckman (t. +358405133095)

Timing and finish camera: Maarten Patteeuw (t. +358407501567)

2 EVENT DESCRIPTION

Gravel Finnish Championships 2025 will be held in Sipoo on Saturday 2.8.2025. The event area is located at Nikkilän Sydän (Iso Kylätie 12, 04130 Sipoo).

The competition will follow the rules of UCI and Suomen Pyöräily ry (Finnish Cyclists' Federation) as well as the instructions provided by the event organizer, which will be explained in Section 7 of this guide.

All competitors must familiarize themselves with this guide before the competition. Besides which we highly recommend each participant to take part in the race brief taking place on Friday 1 July, 18:00-19:00 which will also be available in English.

The Finnish Championship race will be held as part of the Dirty Sipoo gravel event, which has been organized by the cycling division of IF Sibbo Vargarna since 2022. Dirty Sipoo and the Finnish Championships are organized in collaboration with [Breakaway CC](#), which has been organizing gravel events not only in Finland but also in Norway and Sweden under the name Nordic Gravel Series for several years.

The event is expected to have a total of approximately 400 participants, with around 70 participants competing for the Finnish championship. The total number of participants for the entire event is limited to 500.

All participants are insured for accidents by the organizer. However, we also recommend that participants have personal accident insurance. Suitable insurance can be obtained, for example, when purchasing a license through Suomisport.

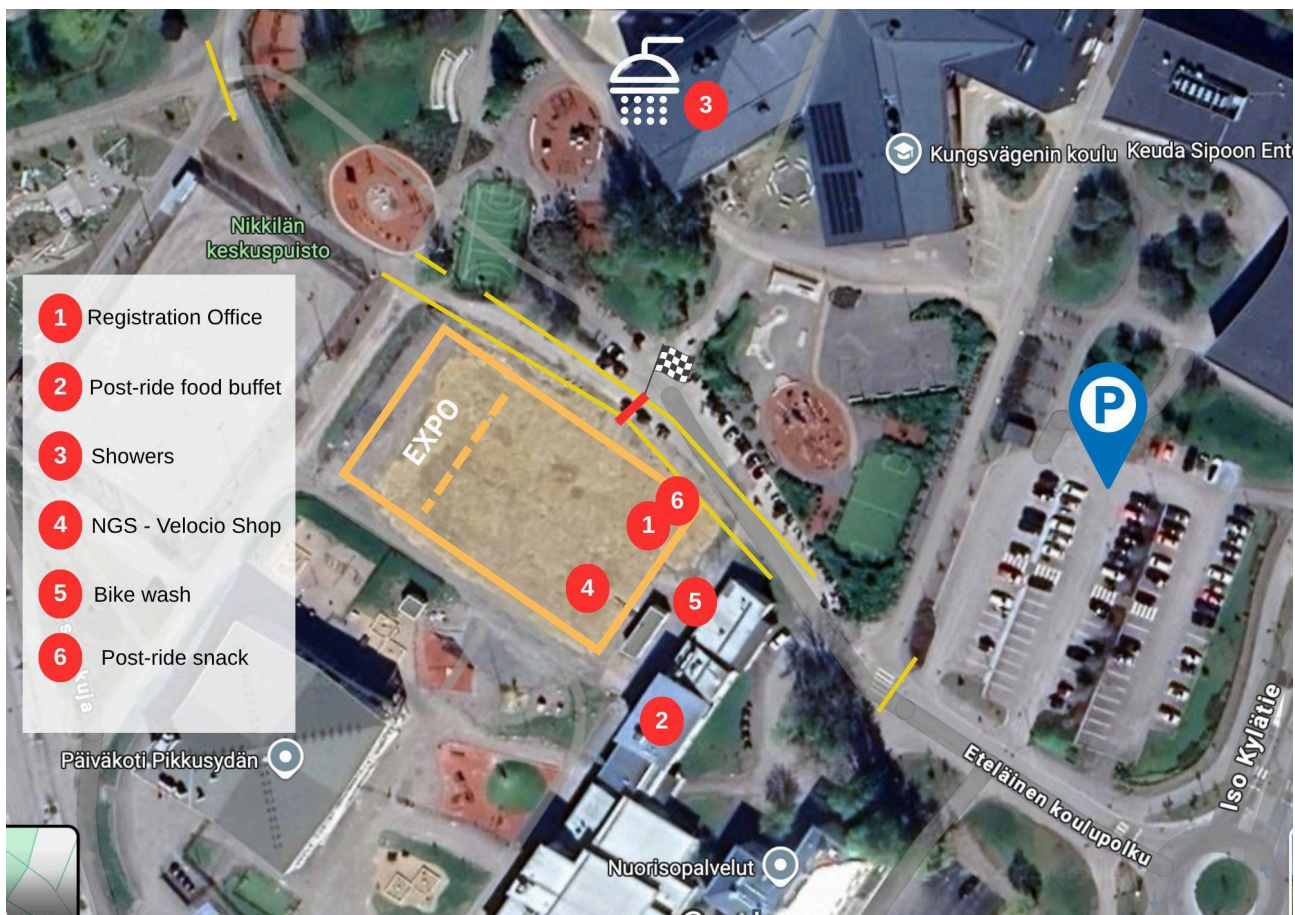
3 DESCRIPTION OF THE EVENT VENUE

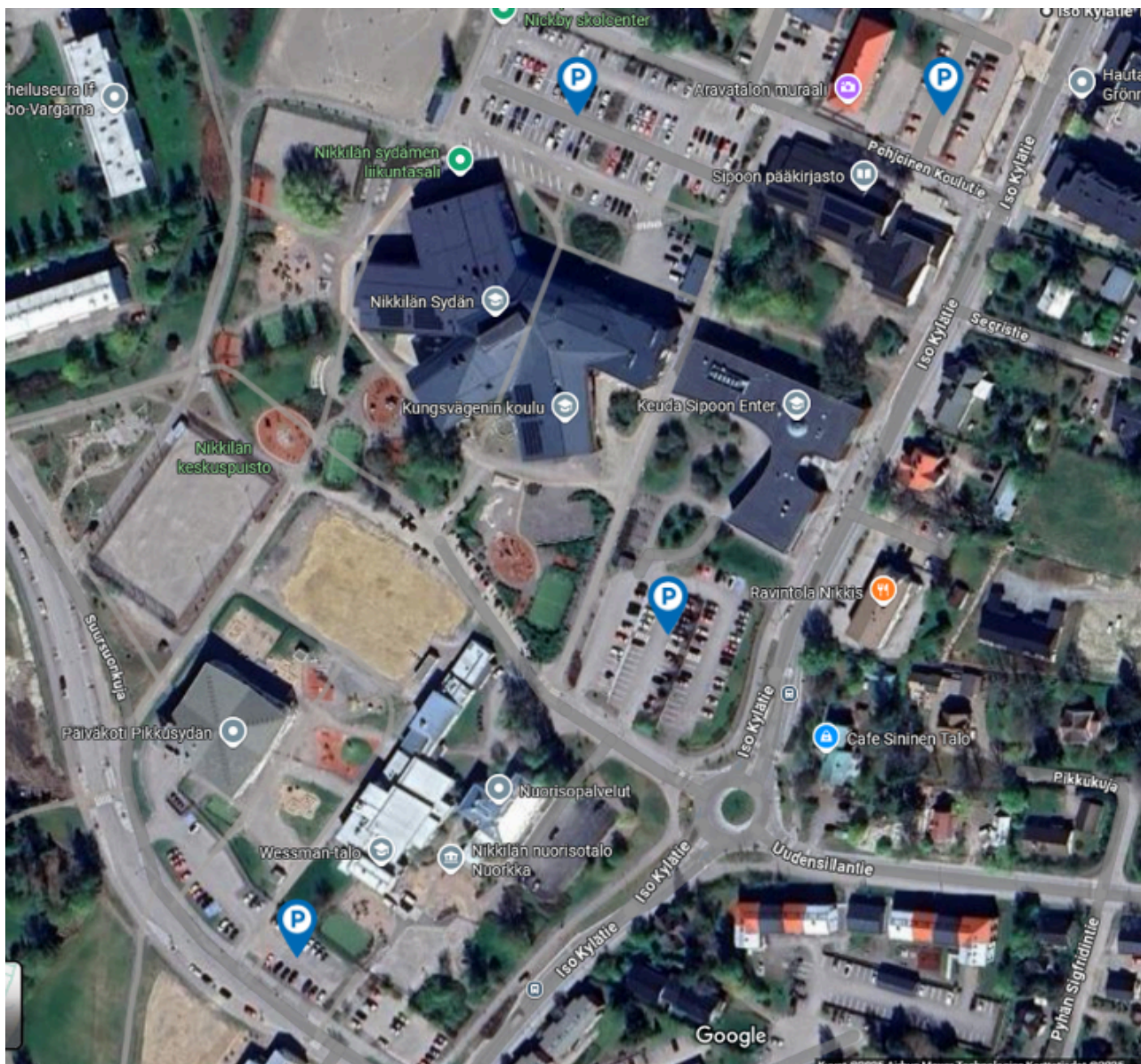
The event area will be located at Nikkilän Sydän.

The race office is in Wessman-talo. Doping testing, dressing rooms, and washing facilities are in Nikkilän Sydän. If doping testing takes place, the numbers of the selected riders will be personally communicated at the finish line.

The bike washing area is located in the event area near the hotel, and there will also be partner tents, a dining area, and a first aid station.

We encourage participants to use public transportation to attend the event. If you arrive by car, there are several parking lots near the event area.





3.1 REGISTRATION FOR THE RACE

Registration must be completed by Sunday July 27, 2025 at 23.59 in [RacelD](#).

Participation in the Finnish National Championships requires a competition license issued by the Finnish Cyclists Federation and registration according to the National Championship rules.

Pre-registered participants confirm their participation by collecting their race numbers (more information below) from the race office, where licenses will also be checked.

Cancellations must be notified by email to contact@nordicgravel.com. The right to participate cannot be transferred to future years. Cancellation protection can be purchased through the RacelD service.

3.2 RACE NUMBERS AND CHIPS

Race numbers are collected from the race office the day before, on August 1 at 12:30–18:30 (recommended!), or on the race day, August 2, from 08:00.

The race office performs a simultaneous license inspection which is a procedure in accordance with the rules.

The race number, with a passive chip already attached, is fastened to the seatpost of the bike using the sticker of the race number.

NOTE! Chips and race numbers do not need to be returned.

3.3 ALLOWED EQUIPMENT

A bicycle is a vehicle that must have two wheels of equal diameter. The front wheel must be steerable, while the rear wheel is controlled using pedals and transmission. In competitive cycling, the bicycle must be propelled solely by leg movement through the rotation of the wheels and the chain, without any electrical or other assistance.

Each participant has their own bike computer for which they are responsible for downloading the route. The route is provided to the participants in GPX format by the organizers. Routes are also fully marked

The use of a rigid cycling helmet is mandatory.

3.4 START AND FINISH

The start/finish area is located at Nikkilän keskuspuisto in the immediate vicinity of Nikkilän sydän. The start line area is clearly marked. Participants must be present at the starting point no later than 15 minutes before the departure time.

4 TIMETABLE, DISTANCES AND CATEGORIES

Friday, August 1st

12:30–18:30 Race office open, Wessman-talo

14:00 Shakeout ride

18:00–19:00 Team managers' meeting – race info session. Recommended for all participants. Wessman-talo

Saturday, August 2nd

08:00–10:30 Race office open, Wessman-talo

Start #1 · 10:00 · 155 km

- Finnish Championship categories: Women U23, Women Elite
- Open race category: Women

Start #2 · 10:10 · 155 km

- Finnish Championships: Men U23, Men Elite, Men 19-34, 35, 40, 45
- Open race category: Men

Start #3 · 10:20 · 115 km

- Finnish Championships: Women U19, Women 19-34, 35, 40, 45, 50, 55, 60
- Finnish Championships: Men U19, Men 50, 55, 60, 65, 70
- Open race category: Women & Men

Start #4 · 10:30 · 155 km: Hobby

Start #5 · 10:40 · 115 km: Hobby

Start #6 · 10:50 · 50 km

- Finnish Championships: Women U17, Men U17
- Hobby

13:30–19:00 Meals served, Wessman-talo

13:00–19:00 Showers available, Nikkilän Sydän

16:00 Prize ceremony for Finnish Championship categories, Nikkilän keskuspuisto

19:00 Race office and event area close

Free entry, open to everyone. Welcome!

5 ROUTE DESCRIPTION

The route mainly consists of smooth and fast gravel roads. However, there are a few smaller forest road sections where wider tires are highly recommended. Approximately 80% of the 50 km route, and around 85% of the 115 km and 155 km routes, are on unpaved roads. Each route includes an average of about 10 meters of elevation gain per kilometer ridden.

The race starts at Nikkilän Sydän, after which riders proceed for about 4 kilometers along skiing trails. The first kilometers is a neutral roll-out behind a lead motorcycle until the commissaire signals the start of racing. First and last 4 km are on twitchy skiing tracks. At around 7.5 km, riders reach the first wide gravel road.

Key sections and features along the routes:

1. **50, 115, and 155 km:** At 13.2 km on Hommanäsintie, there is a downhill section ending in a wooden bridge and a sharp left-hand turn.
2. **115 and 155 km:** At 22 km, the route passes through the center of Pornainen.
3. **115 and 155 km:** At 38.3 km, riders go under Mäntsäläntie and continue on a bike path toward Saksalantie. Follow signage and course marshals closely here.
4. **115 and 155 km:** At 47.5 km, the route reaches Kirkkokiventie and enters the first forest road, about 7 kilometers of narrower, more technical terrain.
5. **155 km:** At 79.8 km, the course hits Hallanojantie and the second forest road. The terrain becomes more rugged here, continuing for roughly 3 km.
6. **155 km:** At 101 km, riders return to Askola and tackle the first forest road again, this time in the opposite direction.
7. **115 and 155 km:** At 76 and 116.7 km respectively, riders again pass under Mäntsäläntie using a pedestrian underpass from Saksalantie.

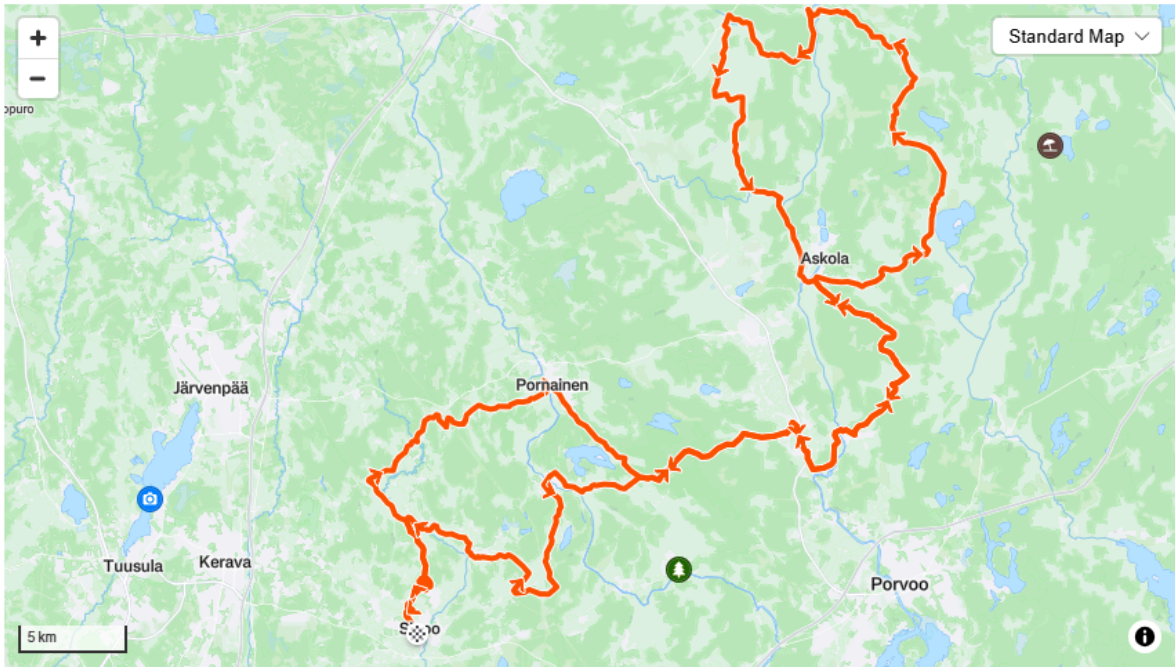
The final 5 kilometers of all routes take place on the hilly skiing trails around Nikkilä, offering a last chance to empty the tank. The finish line is accessed via the Nikkiläntie underpass and across a gravel field, ending back at the Nikkilän Sydän start/finish area.

Traffic control is arranged in urban areas and at major intersections. On gravel roads, traffic is generally minimal and there is no active traffic control.

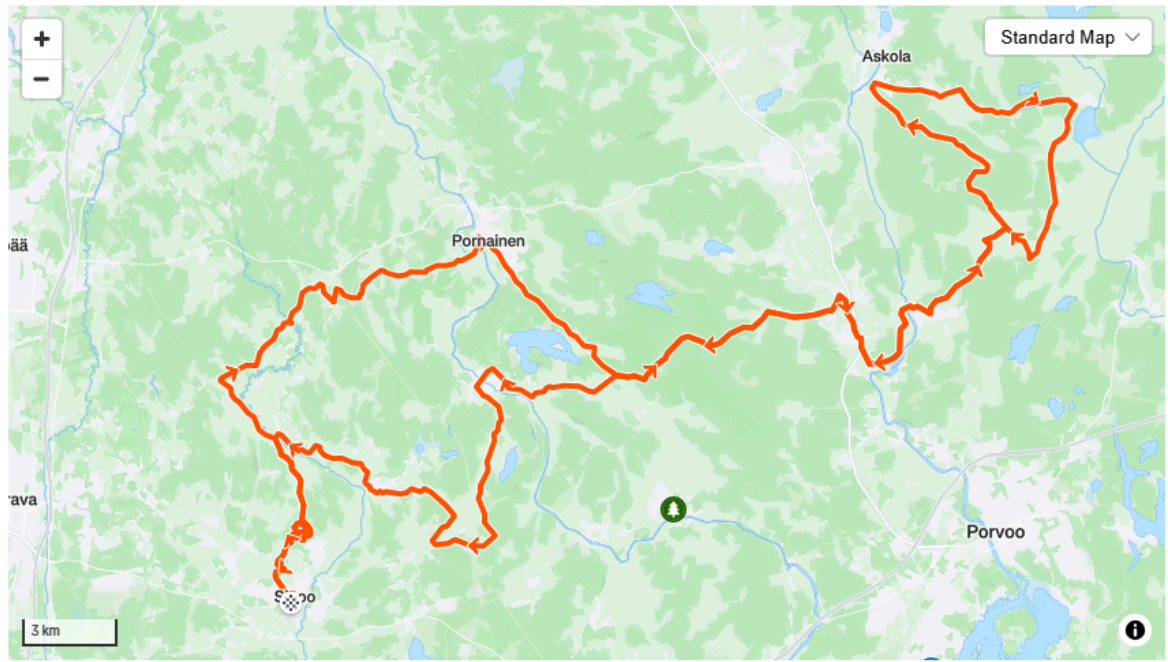
The course will be marked, but we strongly recommend downloading the GPX file to your cycling computer. Multiple timing loops from RaceResult are placed along the course.

In addition to this guide, the routes are available and downloadable at <https://dirtysipoo.com/reitit>. Participants will also receive the GPX file by email and are required to upload it to their bike computer.

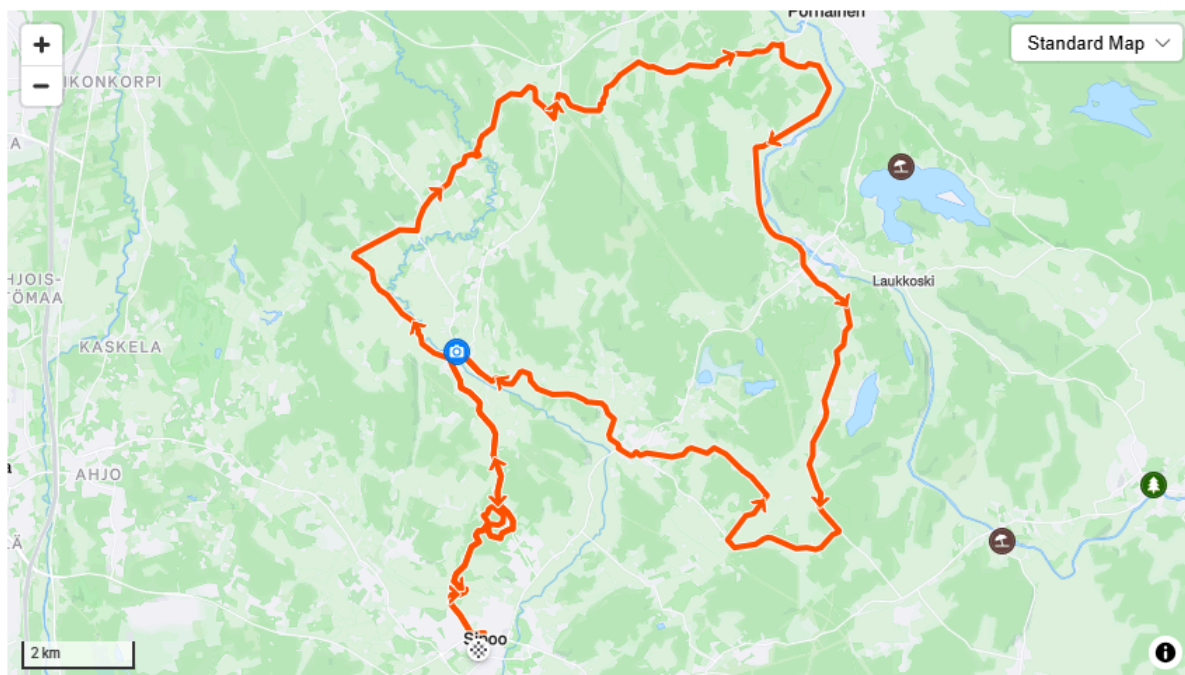
155km



115km



50km



5.1 NUTRITION AND EQUIPMENT SUPPORT

Nutrition and equipment support is provided at designated service areas. There is a total of three service areas. The service areas offer sports drinks, water, as well as snacks such as bananas, and both savory and sweet options.

A separate table for personal nutrition products, drinks, and spare parts is arranged for the participants. This is located on the right side of the service area. Technical service area is located at the feed station of Kaarenkyläntie and Tuorilantie crossroads.

If a competitor wishes to have their personal products delivered to the service areas, they must clearly mark their items (with their name and the service area number) and bring them to the race office on Saturday, August 2, between 08:00-09:00 and place them in the designated boxes.

Littering zones are located at the feedzones. Littering elsewhere on the course is prohibited.

Note! Support is not allowed outside the designated feed zones. Participants may have personal support crew only on the feed zones.

Mechanical assistance is not available in the service areas. Competitors must be prepared with the necessary maintenance tools, and they are responsible for the technical functionality of their own racing bicycles.

In case a bicycle breaks and the participant switches to a new bike, he or she make sure that the race number is also attached to the new bike. The race number must be visible and readable at all times.

Feed stations on 155km route

1. 38 km crossroads of Kaarenkyläntie and Tuorilantie, until 16:30
2. 72 km crossroads of Huhdintie and Puntarmäentie, until 14:15
3. 117 km crossroads of Kaarenkyläntie and Tuorilantie, until 16:30
4. 132 km Mika Waltarin koulu, until 17:15

Feed stations on 115km route

1. 38 km crossroads of Kaarenkyläntie and Tuorilantie, until 16:30
2. 76 km crossroads of Kaarenkyläntie and Tuorilantie, until 16:30
3. 92 km Mika Waltarin koulu, until 17:15

Feed stations on 50km route

1. 26 km Mika Waltarin koulu, until 17:15

5.2 WITHDRAWAL

In case of withdrawal from the competition, participants must inform the organizers by arriving at the finish area if possible, or by calling or sending a text message to Luis Fraile on the number +358 45 8691839.

There is a service vehicle on the road that you can use to get back to the event area in case of mechanical/physical issues. In case you need the ride of the service vehicle, call Risto Suppala on +358 40 0511846.

5.3 FIRST AID

The first aid station is located at the start and finish area.

The contact person is Sonja Fraile, reachable at **+358407252522** during the competition.

The general emergency number is 112. We recommend saving the emergency numbers in advance and downloading the 112 application to your phone.

6 DONE AND DUSTED! AFTER THE RACE

After crossing the finish line, there is a meal (also a vegetarian/vegan option) in the event area. A token is used for dining, you get a token when you sign up.

Showers and bike wash are available on the event area.

Shower until 19:00.

Meal until 19:00.

6.1 Results

The results can be viewed during and immediately after the competition at <https://my.raceresult.com/>

Final results will be published in the evening after the race.

Protests, notes or problems with the results has to be reported latest an hour after finishing the race.

6.2 AWARD CEREMONY

The award ceremony will take place at the event area, near the starting and finishing area at 16:00. The awards will be given to the top three in each category in the Finnish Championships.

The awards will be presented according to the competition schedule. Award recipients must be present 15 minutes before the award ceremony in their competition attire.

7 RULES

This competition follows the rules of Finnish Cycling governing the Finnish Championship for Gravel races (updated version as of January 1, 2023). The competition is held in accordance with section 15 (recreational cycling) regulations.

The Finnish Gravel Cycling Championship (cycling for all) includes the following categories:

- Under 17 category (U17)
- Under 19 category (U19)
- Under 23 category (U23)
- Elite
- Age groups: 19–34, 35–39, 40–44, 45–49, 50–54, 54–59, 60–64 (women 60+), 65–69, 70+

It is only possible to win official Finnish championships from the Elite categories. Other categories race only for championship of that specific category.

These categories are open to both men and women. **All Finnish champions achieved in this competition (except for U17 and U19) are eligible to compete in the UCI World Championships in the Netherlands, if desired.**

In addition to the rules of Cycling Finland, the traffic laws will also be followed in this competition. Traffic control will be organized along the route, but the roads will not be closed separately. We encourage participants to exercise caution, even though the race is mainly held on low-traffic sections.

This section highlights some rules that we consider particularly important.

Behavior 15.3.007 Every participant must comply with the rules of UCI and Cycling Finland as well as the instructions and regulations of the event. Every participant must follow the instructions of the race organizer, officials, and marshals, and be responsible for any possible consequences. In addition to the provisions 1.2.07 - 028, each participant accepts the principles of "fair play" and respect for others and commits to abide by these principles when participating in the gravel event.

Offenses and Penalties 15.3.008 In addition to what is stated in section 12 (penalties) of the rulebook, violations related to the competition or failure to comply with the rules of UCI/SP, event organizer's instructions or guidelines, may result in time penalties, warnings, or disqualification of the rider. The penalties will be determined by the officials.

Equality

We kindly request that you respect other road users as well as other participants in the race and event. We ask participants to commit to an equal, fair, and inclusive event where everyone is welcome as themselves. We do not tolerate any form of harassment or discrimination. Please report any observed instances of discrimination or harassment to the organizers.

Cleanliness

We ask that you respect the environment in which we ride. **Littering is prohibited.** If necessary, you can leave trash at the service areas.

8 LIABILITY

The license holder of Cycling Finland is responsible for their insurance coverage and solely responsible for any accidents and consequences caused by them. The license holder is also responsible for any consequences caused to third parties. (Rule 1.1.006N)

All participants are insured for accidents by the organizer. However, we also recommend that participants have personal accident insurance. Suitable insurance can be obtained, for example, when purchasing a license through Suomisport.

9 MORE INFORMATION

Breakaway CC

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