Trigger His Craving: 3 Steps to Flip a Man's Mind

Learn how to make him crave you-with zero chasing, zero guessing, and zero games.

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Step 1: The Craving Mistake

Most women unknowingly shut off male desire by doing what feels safe-over-explaining, over-checking, over-giving. The craving dies when predictability takes over. Mystery isn't optional. It's the fuel.

Step 2: The Trigger Sequence

There are three triggers that activate male chase mode:

- 1. Emotional tension
- 2. Visual impact
- 3. Inaccessibility

The order matters. Hit him with the right energy, let him see what he wants, then back off. That gap pulls him in.

Step 3: The Silent Pull

You don't need louder signals-you need cleaner ones. Eye contact. Pauses. Space. Silence. A woman who doesn't force energy creates gravitational pull. He'll feel it whether he understands it or not.

Check your inbox for more from Jax Mercer.

This was just the beginning.

Watch your email for deeper drops, breakdowns, and methods.

Until then-don't chase. Let him crave.