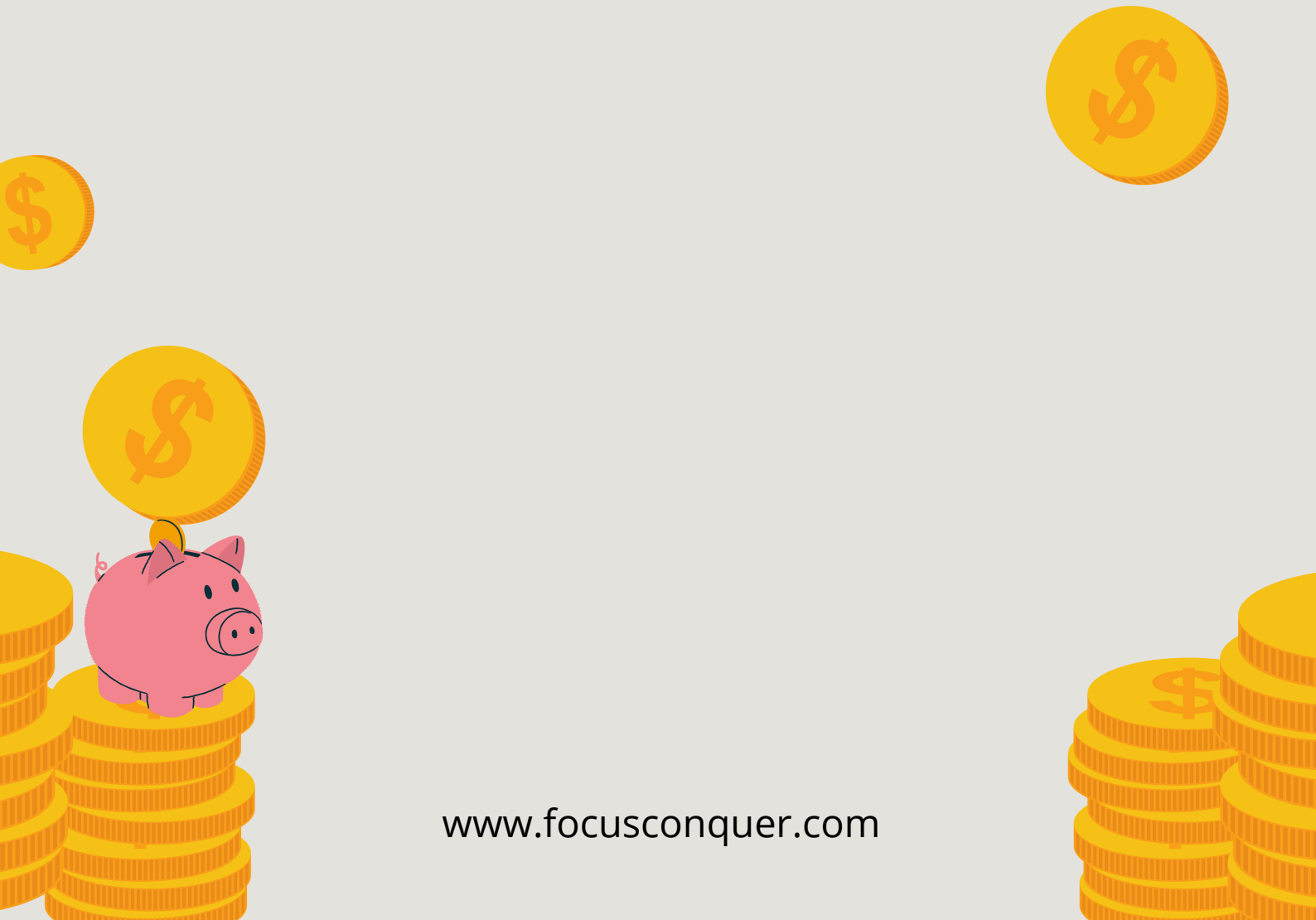


By Focus & Conquer

Money Mindset \$ Journal Prompts



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Mindset Shifts for Wealth & Abundance

- What are my earliest memories about money? How have they shaped my current financial beliefs?
- Do I believe money is abundant or scarce? Why?
- What limiting beliefs do I have about wealth? (Example: "Rich people are greedy" or "Money is hard to earn")
- How can I start seeing money as a tool for freedom rather than a source of stress?
- What are three empowering beliefs about money that I can adopt today?



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Mindset Shifts for Wealth & Abundance

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Breaking Free from Financial Blocks

- What fears do I have around money? How can I reframe them positively?
- Do I feel guilty about earning or spending money? Why?
- How do I currently talk about money?
(Example: "I'm always broke" vs. "I'm learning to manage money better")
- What's one past financial mistake that taught me an important lesson?
- How can I forgive myself for past money struggles and move forward?



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Breaking Free from Financial Blocks

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Developing a Wealthy Mindset

- What does financial freedom look like to me?
- How would my life change if I had no financial stress?
- Who are my financial role models, and what can I learn from them?
- What daily habits can I implement to think and act like a wealthy person?
- How can I surround myself with people who inspire financial growth?



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Developing a Wealthy Mindset

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Money Goals & Action Steps

- What are my top three financial goals for the next year?
- How much money do I need to achieve financial independence?
- What are three ways I can increase my income in the next six months?
- How can I start investing, even if it's just a small amount?
- What is one action I can take today to improve my financial future?



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Money Goals & Action Steps

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BONUS: DAILY MONEY AFFIRMATIONS

☀ Money flows easily and abundantly into my life.

☀ I attract wealth and financial opportunities effortlessly.

☀ I am worthy of financial success and prosperity.

☀ I manage my money with confidence and intelligence.

☀ Wealth is my birthright, and I claim it with gratitude.



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BONUS: DAILY MONEY AFFIRMATIONS

✨ Ready to reprogram your money mindset?

Commit to journaling for 5-10 minutes a day using these prompts and watch your financial reality shift.

💰 Want to take your financial mindset to the next level? Grab my [10K Challenge Guide](#) for deeper insights and actionable wealth-building strategies!



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