



Special points of interest:

- Membership
- Leadership
- Contest Rules
- Club News

Inside this issue:

Officer Reports	2
Chairman Reports	5
Club News	10

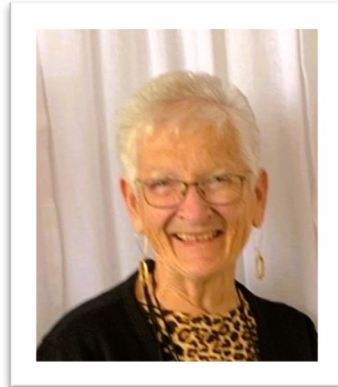


gfwcokansas.org

KANSAS CLUBWOMAN NEWS

OFFICIAL PUBLICATION OF THE GENERAL FEDERATION OF WOMEN'S CLUBS OF KANSAS

From Sabra's Chair...



Sabra Clarke
GFWC of Kansas President
2024-2026

Dear GFWC of Kansas Clubwomen,

The month of October is here and moving down that "Yellow Brick Road" in Kansas. Our weather is summer most days but is sure cooler in the evenings.

We had a good Kansas Board Meeting in September and decisions were made for our 2025 Annual Convention in Salina, KS on April 11-12, 2025. There will be lots for us to work on as our International President, Suellen Brazil, will be attending Convention. It will be a wonderful and informative and fun time.

It is nearing time to start planning for the citizenship essay contests, music auditions, and other contests sponsored by GFWC Kansas. Club Chairmen and State Chairmen, please contact your counterpart and make sure everything is taken care prior to the deadline. If you have questions or I can help in anyway, please don't hesitate to call or send me a message.

October is a great month with, pumpkins, ghosts, witches, goblins and candy corn; then it is November and we again have pumpkins, family dinners with all the fixings being with family and friends and end December with caroling, wrapping presents, fixing Christmas dinner, being with family and friends, decorating Christmas trees and remembering the 'Reason for the Season'.

Sabra Clarke
GFWC of Kansas President
sabrajc4@gmail.com

785-798-7554 (cell)

President-Elect

Hello from Clay Center Kansas!

I have been crazy busy since the April GFWC of Kansas Convention. My 25-year-old daughter got married in June, my son and his family from New Jersey came for a long visit, I flew to Chicago for the GFWC International Convention, attended the Mississippi Valley Region Conference in September in Des Moines, Iowa. Wow! These conventions and conferences are such an opportunity to learn more about GFWC International and how all of our levels interact with each other. Our achievements at club level combine with the efforts of clubs all over the GFWC world. This is where we hear about the great achievements we make together.

Alzheimer's Association

Alzheimer's Association is now an official Affiliate organization for GFWC. Learn as much about the Alzheimer's Association as you can. We take care of family members battling with this or we know someone who is. Many of us just want to support those who are. If there is a Walk to End Alzheimer's near you, sign up and show your support for your loved ones and GFWC's newest affiliate. I walked for GFWC this last weekend in Manhattan, Kansas and the whole experience was fantastic!

Membership Retention

I hope your clubs got off to a great start to the 2024-2025 club year. Many clubs start with a membership drive. If your club did this, I would love to hear about it! I can share it with other clubs during my club visits and relay them in this article. We all want to hear about what is working for other clubs.

You may receive a note from me if your club has lost members due to dropping. I would like to know if those members shared with you a reason. If we don't know why we lose our members we can't work on membership retention. I recently ordered a book, Start with the WHY, by author Simon Sinek. Just this title made me think, GFWC. I can't wait to read it.

Why did she join? Ask her when she joins.

Why does she stay? Conduct periodic surveys.

Why is she leaving? Conduct an exit interview or survey.

When we are honest with each other about our strengths and weaknesses we can continue with what works and celebrate and we can develop new approaches, renewing our sense of focus.

Your Club Membership Reports show evidence that the state has dropped in membership from last year. We had three clubs either unaffiliate or disband. If there is a discussion from a member or club about dropping or disbanding please do your SWOT analysis. Find out the WHY's.

One of my WHY's for joining and staying involved is the impact GFWC has legislatively. GFWC fights for issues involving women, families and children.

The power in GFWC comes from the members.

*Joanna Treas
GFWC Kansas President-Elect*



Vice President

Hello Everyone,

I hope that your club year is off to a good start. It is amazing how fast this year has gone. It will be time to compile our volunteer hour reports before we know it. I distributed reporting guidelines and forms at our Fall Board Meeting. Finalized guidelines and forms will be sent to all Club Presidents in mid-December. The due date for clubs to submit their reports to me and our State President, Sabra Clarke, is February 1. Those reports will be distributed to our Chairmen in mid-February along with the necessary forms and instructions. Chairman reports are due to their International counterparts, as well as Sabra and me, by March 15.

We have all been doing some amazing things in our communities. Let everyone know what you've accomplished. Now is your time to shine.

Linda Loyd
GFWC Kansas Vice President

Treasurer

As your new Treasurer of GFWC of Kansas, I have been very busy "learning the ropes" from Carol Hanson, our past Treasurer. I would like to thank Carol for all her help, having all records up-to-date, and the books opened for the current new year when I took office.

It was a pleasure to meet with the other officers of GFWC of Kansas in Ness City for our first Executive Meeting of the new Administration! We all worked hard and accomplished a great deal, but also had a lot of fun and good food, too! Thank you to President Sabra Clarke for her hospitality, fun attitude, and treating all of us to dinner at Louie's and breakfast at her home.

GFWC of Kansas, with the help of Chairman Ila Stone, has issued the \$1000 general scholarship for 2024-2025 to a nursing student at Johnson County Community College.

One of the 2024 Music Audition Scholarships has been issued in the amount of \$500 to a first-place piano contestant, Meilia Taylor, a senior at Kansas State University.

I am looking forward to our Fall Board Meeting in Salina, Kansas, and hope to see many of you there! I will have GFWC of Kansas financial statements ready and answer any questions our members may have. I am using a different format, but displaying the same information as Carol Hanson has always had available. Carol has done such a fabulous job all these years—I hope I can live up to her good teaching! I look forward to being your Treasurer in the months and years ahead.

Linda Krebs
GFWC Kansas Treasurer

Secretary

IMPORTANT EMAIL ADDRESS CHANGE:

Please direct all email correspondence to me through this email: mohmes1@gmail.com (The mohmes1@kc.rr.com account has been deleted.)

Now that my email address change is out of the way, let me say what an honor and privilege it is for me to step into this role as your new GFWC of Kansas Secretary. Linda Krebs, our outgoing secretary, has shown herself a true leadership model in the way she has mentored and guided me in this new role. I don't exactly have Linda's phone number on speed dial; however, she has assured me that she is always there for questions and guidance. Thank you, Linda!

There are a couple of items I'd like to remind all club members about.

First, please send membership and leadership changes to me as they occur in your clubs. It's so very important to keep our club rosters updated, but especially mailing addresses. Mailed copies need an accurate postal mailing address which includes your zip + 4 zip code. If you receive your mail at a post office box, we'll need your PO Box number. However, you may also want to consider providing your physical house address as in some circumstances that could be helpful to other GFWC club members. Feel free to send these changes to me via email if that is more convenient than dropping a note in the mail. My email address is: mohmes1@gmail.com

Second, a bit of cost saving information if you sometimes rent a vehicle for travel but have already purchased a Ktag for your personal vehicle. The car rental agency will charge you a processing fee/ convenience fee PLUS the toll amount each day. But here's a tip from DriveKS to save on those processing fees: "...you can add the rental license plate number once you receive the vehicle. Then all your tolls will be billed to your account rather than the rental company. You can either add the license plate on our website or by calling the DriveKS office Mon-Fri 7:30 AM - 6:30 PM CST at 800-873-5824 and a customer service representative would be happy to assist you." Remove the rental car license plate number from your account when you return by the same process and you've saved some money.

I'm looking forward to seeing you all at our next meeting and hearing about what the awesome GFWC Kansas Clubs have been working on. My local club, Gardner Athena, has a lot of new and exciting events coming up this year, one of which is a membership drive in September with games and prizes for both members and prospective members.

I hope your summer months are filled with 'Sun and Fun' with family and friends!

Margaret Ohmes, GFWC Kansas Secretary
mohmes1@gmail.com (913) 856-7149

Leadership

Why does GFWC membership matter?

Many times it is heard that a person or even a club will say, “There isn’t any reason to belong to GFWC. Let’s just not join and we’ll keep the money in our club.” While it is true that there are dues to be a member of GFWC, the benefits far outweigh the small cost. One problem is that a only small percent of members take advantage of the benefits and fewer members even know what they are. So, I’m going to list some of the top advantages here.

- Friendships with volunteer-motivated members.
- Long history of outstanding accomplishments, a well respected organization.
- The GFWC website contains a large amount of information and also includes the Member Portal (available for members only).
- Access to a wide variety of resources through the Member Portal including ideas for new club projects, ways to grow your club, personal development, and many more.
- Connection with highly regarded organizations that your club can partner with.
- With over 60,000 members world-wide, GFWC has a strong voice to champion for causes such as Domestic Violence, safety for children and many others.
- Attend activities (State, Regional, GFWC) beyond your club meetings to learn from the work-shops offered there, meet fellow GFWC members and establish networking.
- Develop leadership skills in your club, State, Region and GFWC. There is a considerable amount of information in the Member Portal to help you get started.
- Influence your elected officials to effect positive change through the Legislative Action Center.
- Publications that keep you informed on what is happening with GFWC.
- Access to members around the world.

These are just a few of the advantages that come from membership in GFWC. And it seems like when you take the step to the next level you will find yourself reaping more benefits. So I’m issuing this challenge to you.....Take the Next Step.....attend a State or Regional event. I think you might just come away with a new level of growth and development. Let me know how it goes!

Kathy Baker
Leadership Chairman

Need help getting signed up for the Membership Portal, News and Notes or Legislative Action Center?

Contact Joanna Treas at 630-631-1220 or Kathy Baker at 913-787-2252.

Citizenship Essay Contest

Education is an important part of GFWC and here in Kansas we respect that part of our organization with the Citizenship Essay Contest.

This years topic is “What is Democracy and why is it important to me?”

Information about the requirements for students to enter have been given to all Clubs, but if you did not get yours or have questions, please contact me at tcgrelk@cox.net.

Each Club is allowed two entries so hope you will make sure the schools in your area are contacted and receive the information.

Hoping to have lots of essays in my inbox or mailbox.

Charlotte Grelk, Citizenship Essay Chairman

Creative Writing Contests

It is time to be thinking about the short stories and poems for the creative writing contest. The guidelines can be found at gfwc.org Members/Club Manual/Awards, Contests , and Grants/Writing Contests or in the state handbook on pages 37-38. The contest is open to all youth grades K-12 and all dues paying club members. Now is the time to visit with your school teachers to get them and the students interested in submitting an entry.

Remember a signed waiver must accompany each entry. Also, please note the important information which must be in the top right corner of each page.

Entries are due to me no later than March 1, 2025. If you have questions, please contact me at 1220 W 20th Ave N, Argonia, Ks 67004-8014, Ph: 620-435-6416, or email elizabethhemberger5@gmail.com. Please note the change of email address.

I look forward to receiving your entries.

*Elizabeth Hemberger
Creative Writing Chairman*

Student and Clubwoman Art and Photography Contest

As the school year progresses, GFWC Clubs of Kansas need to be thinking of students for the State Art and Photography Competition held at the state convention in April. In 2023 and 2024 there were changes made to some of the rules. To avoid repeating the changes check the March 2024 Kansas Clubwoman News or the website. I will submit additional information in the March, 2025 Kansas Clubwoman News. If you are checking the 2020-2022 State Handbook (yes, I still use mine) you will find changes were made to pages 16, 20, and 21. For the crafty and artist clubwoman, there is a contest for you. More information in the next publication. Have a great fall and holiday season.

Contact art chairman with questions, Karen DeCou 620-665-8050, text 620-664-8753, or email KL63decou@cox.net

Karen DeCou, Art Chairman

Library Board

Literacy-based reading programs for children are signature activities for libraries across the country. Through the support of the State Library of Kansas, the youngest Sunflower State sprouts have one made just for them, Kansas Reads to Preschoolers.

This is an annual, one-state/one-book event that promotes reading to all Kansas children from birth through age five. It highlights the importance of reading to and with them and sets the goal that every Kansas child in this age group is read to during the month of November. In addition to family reading at home, this also includes story programs in libraries as well as outreaches to preschools and childcare centers.

To do this, the state library forms a volunteer committee of Kansas librarians that takes on the task of reading and reviewing many children's books each year and then selects one to be the featured title. Then it purchases and gives one copy of it to each public library location in the state. Promotional materials, ideas on companion programs and activities, background on the author and illustrator and more are also provided to local libraries so they can lead the celebration.

Now in its 19th year, the program recently announced its featured title for 2024, *How Do You Hug a Porcupine* by Laurie Isop. Per the description on the state library website: "Can you imagine hugging a porcupine? Sure, it's easy to picture hugging a bunny or even a billy goat, but where would you begin to try to hug a porcupine? After seeing all his friends hug their favorite animals, one brave boy works up the courage to hug a porcupine, but the porcupine isn't so sure he wants to be hugged!"

Reading them aloud to kids can help to stimulate their imagination, develop language and listening skills, and prepare them to understand the written word. It can also help to improve their cognitive skills and facilitate their cognitive development.

Kansas Reads to Preschoolers is one example of the state library's commitment to libraries, literacy and increasing reading readiness and on-grade reading. Join the celebration in your community this fall and give a word of thanks to the state library while you're at it.

Susan Moyer
Library Board Appointee

Music Auditions

Attention all GFWC Members!! The GFWC Music Auditions are scheduled for Saturday, March 1, 2025 in Junction City. Now's the time to get the word out to all school music departments and private music teachers. GFWC Music Auditions have been a part of our agenda for 100 years. Twenty-five hundred dollars in scholarship money will be available for students to use as they pursue college, or for a music camp. Audition rules... registration form... and contact information is emailed to each GFWC Club. If you have any questions, please contact me at 785-238-2395 or fcwhitebread@gmail.com.

Florence Whitebread
GFWC State Music Chairman

Women's History Resource Center

My report will not be very long as I had not heard anything from my International counterpart until Thursday when the News and Notes was sent. In the article it tells of some events that clubs did in the past. Take the time to read them, as they are very interesting.

Due to a health issue it wasn't in the cards for me to attend the International Convention in Chicago, but did get daily updates through email. It looks like everyone had a super time.

One thing I was anxious to find out: did Kansas win any awards? When results were sent through email, I found out that Kansas won the WHRC award!! What a wonderful surprise as I felt we should have won in the past. I may not receive very many reports, but the ones I do get show what wonderful events you club women do. So, please take a bow. You certainly deserve it

Hopefully, when I receive reports next year, some of you had a celebration on May 1st or a later date to celebrate the 40th anniversary of the Women's History and Resource Center. You still have time to hold a celebration at the year isn't over!!

Jeanne Urban
WHRC Chairman

Epsilon Sigma Omicron—Zeta Chapter of Kansas ESO

The 2024-2026 ESO Reading List and Book Challenge has been sent to ESO members, pledges, and club presidents. The Book Challenge is based on topics from the ESO Reading List. Just choose a book from the list, or a book of your choice that fits the topic. The challenge can be used to complete the Pledge Level 16 book requirement, or members can use the challenge to reach the next reading level. Keep a list of the books that you read and send them to me periodically. Definitely send me an update by February, 2025 so that I can include your reading in our year end report.

Please let me know if you would like to join ESO. I will send you the Reading List, Book Challenge, and the ESO Standard Rules. The Reading List is also available on GFWC.org in the Digital Library.

ESO is intended for our own self-improvement and fulfillment. It's easy to do. Why not join us?

Linda Loyd
ESO Chairman
lindaloyd05@gmail.com

GFWC Kansas Clubwoman Mailing Changes

Due to increased printing and mailing costs, the Executive Committee voted at the Fall Board meeting to change the printing schedule. The September and December newsletters were combined into one issue to mail in November. The March and June issues will be printed as usual. Also, everyone will receive a printed copy, although I plan to continue sending digital copies like I've been doing.

Due dates for articles are now: **October 20, February 20, and May 20**. I will send a reminder of the due date to the Chairmen and Club Presidents, but please go ahead and send me your articles if you have them ready early. I keep a working copy of the Clubwoman, and will add your articles when I receive them. Please let me know if you have any questions.

Linda Loyd, Editor
lindaloyd05@gmail.com

Health and Wellness

National Safe Sun Week was May 20 – 26 , but is so important throughout the summer months. It's important to educate our communities about sun-related risks like heat stroke, dehydration, and the harm of UV rays to our skin. Staying hydrated assists our body in managing its core temperature, thus helping us avoid heat exhaustion. Know the warning signs (nausea, headache, fatigue, excessive sweating, and dizziness) but seek medical assistance immediately if you feel at risk. Be especially careful if drinking alcohol or exercising. Apply SPF 30 sunscreen every two hours

Lupus is one of the world's most mysterious and devastating diseases that ravages different parts of the body. It is a disease that occurs when your body's immune system attacks its own tissues and organs (autoimmune disease). Inflammation caused by lupus can affect many different body systems including your joints, skin, kidneys, blood cells, brain, heart, and lungs. Headaches are quite common. Lupus can be difficult to diagnose because its signs and symptoms often mimic those of other ailments. Signs of lupus include inflammation of connective tissue marked by skin rashes, joint pain and swelling, inflammation of the kidneys, and inflammation of the tissue surrounding the heart. It is not known what causes lupus but like other autoimmune diseases, it does run in families. Nine out of ten people with lupus are women and usually show signs between 15 and 44 years of age. Some people are born with a tendency toward developing lupus, which may be triggered by infections, certain drugs, or even sunlight. While there is no cure for lupus, treatments can help control symptoms. <https://www.lupus.org/lupus-awareness-month>

We're starting a new administration and as we leave the past administration comes to a close, the Health and Wellness team would like to offer a round of applause to all of you for embracing the GFWC Health and Wellness initiative – "Get Fit Within our Communities." Over the two-year administration, we devoted 1,138,470 hours, completing 16,399 projects which resulted in \$4,025,708 donated and, \$3,963,019 in-kind contributions. That is very impressive! Our members have engaged in personal fitness and nutrition programs that I hope have become and will remain habits. Keep up those walking clubs! They served as both physical and mental betterment activities and member retention and recruitment opportunities. (From the Health & Wellness newsletter by Dale Fisher)

Thanksgiving and Christmas are a beautiful time of year. But they are also a most stressful time of year. So this year let us commit to adding some self-love and a more peaceful time by following some tips while facing these holidays.

1. Spend an evening or two doing nothing. We don't always have to be superwomen.
 2. Give yourself a healthy boost by eating healthy. Take your vitamins.
 3. Listen to music at least 30 minutes every day without background noise. Music has an incredible impact on our moods.
 4. Have you ever gone on a SOLO date. Take yourself to a movie or visit an art museum.
 5. Spend at least an hour outside. Breathe in that cool, fresh air and notice the changing season or the decorations of your neighbors.
 6. Laugh! What makes you giggle? For me it's watching the crazy kittens on You Tube.
 7. Make a GRATITUDE LIST. List the blessings in your life.
 8. Connect with someone you haven't spoken to in a while.
 9. STAY OFF THE SOCIAL MEDIA AND NEWS ON THANKSGIVING AND CHRISTMAS> For one day it's not necessary.
 10. Treat yourself. Buy yourself flowers, get your nails done or go for a massage.
 11. Take a nap. No excuses ladies! Get in at least 30 minutes of shut-eye.
- Make Holiday wellness a priority this year ladies!

ADDED NOTE: In support of Ukraine, GFWC has donated a total of \$74,139 to UNICEF's emergency programs in Ukraine. This support was instrumental in allowing UNICEF to build and operate crucial programs on the ground for children greatly affected by the war. (See News & Notes October)

*Sharon Teagarden-King
Health and Wellness Chairman*

GFWC Wamego Study Club

Here we are at the start of a new club year! Wamego Study Club Yearbook Committee has been working through the summer on our Yearbook. It is always such fun to plan for the new club year and think about projects we can do, and field trips our members will enjoy!

Our National Day of Service project will be in conjunction with our club's "Penny Pocket" fundraising effort. We started Penny Pockets in 2019 and found it was an easy way to bring extra dollars into our club by saving our pocket change in a pretty, little, red tub. Our members bring in their collections and we vote on what charity or how to use the funds every two to three months. This year we will collect our Penny Pocket donations and use it to purchase food for Wamego's Food Pantry or use it in other ways to help alleviate food insecurity.


September is the month for our Annual Breakfast get-together and to reconnect after the summer hiatus. It is always a time of friendship, visiting, and talking about all that GFWC has to offer us, as well as enjoying the good food. WSC has great cooks!

October will find our club taking a trip to Grandma Hoerner's and to Paxico to tour the Native Customs Live Edge Furniture & Art Shop owned by Rob (Woody) Baldwin, son of one of our members.

Veterans and their needs will fill our time at our November workshop where we will sew, decorate, and fill with candy bright, felt Christmas stockings for food trays at the Colmery-O'Neil Veterans Hospital in Topeka. We also plan to donate and deliver hygiene items, snacks, coffee, and needed clothes to the veterans at the hospital.

Wamego Study Club looks forward to the coming club year with plans to help others and enjoy the friendship that our members offer!

GFWC WAMEGO STUDY CLUB
Wamego, Kansas



Wamego Study Club, 1923

**Honoring the past,
Looking to the future.**

2024-2025

**GENERAL FEDERATION OF
WOMEN'S CLUBS of KANSAS**

GFWC Gardner Athena

The GFWC Athena Club, Gardner participated in the National Day of Service. In 4 hours time we collected 1,081 items of food which was 4,000 pounds PLUS \$100 cash from Price Chopper shoppers. Items were delivered to 2 blessing boxes and a local food pantry.

*Kathy Baker
Club President*



Pictured: Doris Smith, Margaret Ohmes, Arlene Strauss, Louise Sawyer, Kathy Baker, and Linda Loyd.



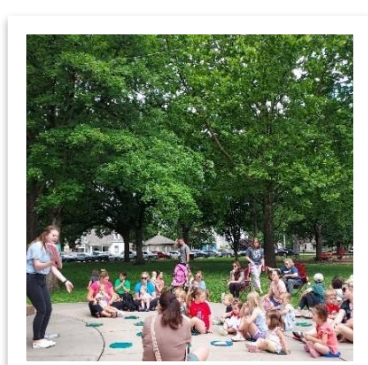
Wamego Ad Astra

Astra Officers met in May to plan for the 2024-2025 Club year. The budget, programs, and projects for next year were discussed.

Ad Astra has been registered to participate in the National Day of Service Project. We will donate food items to the local food pantry in Wamego in September and February.



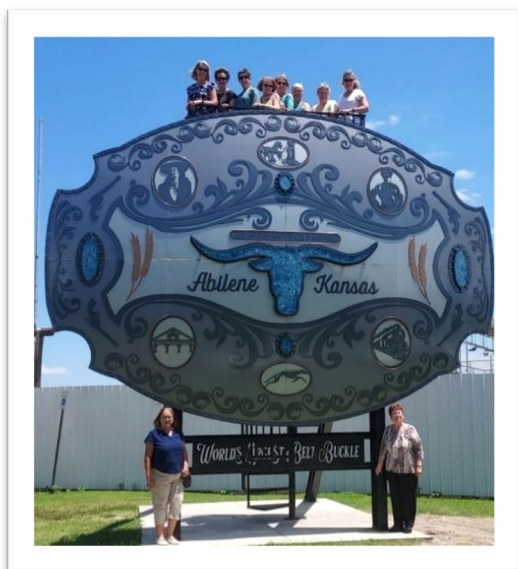
Ad Astra Members, Linda and Roxie Peterson



Kathy Freeze and Reading Dog, Rusty

Astra began summer activities by participating in Wamego Public Library's Summer Storytime in Wamego City Park. Our Club received a Thrivent Grant to purchase individual copies of the featured book to distribute to each family in attendance. Club member, Kathy Freeze, and her Reading Dog, Rusty, attended each Storytime session to allow children to share their books with Rusty.

Our annual summer day trip in June included a trip to Abilene. We had lunch at Amanda's Bakery and Bistro, toured Abilene Public Library, and also saw the newly dedicated "I Like Ike" sign. Then on to The World's Largest Belt Buckle. A GREAT time was had by all.



Wamego Ad Astra

Four Ad Astra members volunteered for the Meal Makers program at the RONALD MCDONALD HOUSE in Topeka. A menu was approved and prepared in the “Josephine and Jane” licensed food establishment located in the house. Club members were given a tour of the house. We plan to continue this most worthwhile project.



Barb Depew, Joanie Doperalski, Kathy Freeze, and Roxie Peterson were The Meal Makers.

The following poem was presented by member, Eudora Hempler, as a devotion at our April Ad Astra meeting,

Volunteers

are ordinary people with extraordinary hearts.

They offer their gift of time to teach, to build, to help, to inspire, to grow, to learn.

They expect no pay, yet the value of their work knows no limit.

They've known the unexpected joy of a simple hug.

They've planted tiny seeds of love in countless lives.

Volunteers are just ordinary people who reach out and take a hand

And together MAKE A DIFFERENCE that lasts a lifetime.

*Submitted by President,
Joanie Doperalski*

GFWC Wamego Ad Astra

Ad Astra began the 2024-2025 club year with a tour of the newly remodeled Wamego Public Library. The Grand Opening was in the summer of 2024. The remodel includes an expanded collection of all media (books, CD.s, and DVD's), and enhanced technological learning resources and programing for all user age groups. The children's library has been enlarged to nearly 50% more space for books, and comfortable seating and play. It is a delightful addition to our community.



Several Ad Astra Club women participated in the annual Praisefest Global Impact Event: Feed My Starving Children. It is a mobile food packing event where members of the community pack MannaPack meals for starving children around the world. The food packet included a scoop of powdered vitamins, a scoop of dried chopped vegetables, a cup of soy, and two cups of rice. Thousands of food packets were prepared to be mailed overseas over the two day event.



Erin Steele, director of The Heritage Home in Alma, Kansas, presented a very interesting program in October. The Heritage Home is an intergenerational living facility that has a creative concept in that elder care and child care are housed in the same building. Programs are developed to incorporate both generations. This concept is growing in popularity. What a great addition to the community.

*Submitted by
Joannie Doperalski, President*

GFWC Ladies Reading Club of Junction City



April 27, 2024 Arbor Day Preparations—Paula Jarnot, Jolene Stackhouse, Lois Gallagher, Deb Murray

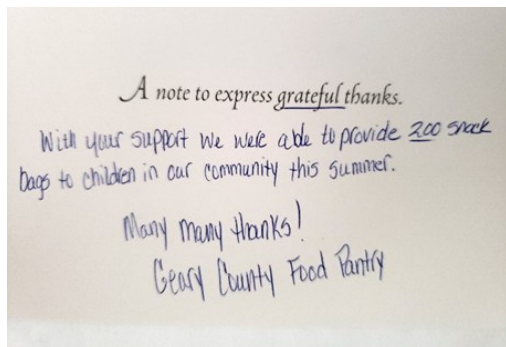
Ladies Reading Club of Junction City annually celebrates Arbor Day by giving away tree seedlings purchased from Kansas State University and perennials from club members gardens. It is a perfect fit with our butterfly garden that continues to develop! Donations are the norm on this event



LaQuita

Steggeman, Pat Foster, Lisa Eickhoff, Dianne Hepler, and Marilyn Smith

This past spring, the Ladies Reading Club of Junction City continued its ongoing collection of personal care items in support of our veterans. The clubwomen assembled 32 men's and 10 women's "ditty bags" which were donated to the US Department of Veteran's Affairs in Topeka. The bags contained deodorant, soap bars, hand sanitizers, toothbrushes, toothpaste, combs, shaving cream/gel, razors, hand cream/body lotion, Chap-Stick, socks, t-shirts, tissues, hand mirrors, playing cards, note cards and magazines. The donations are warmly welcomed by the VA Staff.



The Ladies Reading Club of Junction City club collects and delivers food items to the Geary County Food Pantry at each meeting. Our additional support provided 200 snack bags to children over the summer. Our food donations continue to be a consistent way for our club to help others in need in our community.

"And What They Dare to Dream of, Dare to Do"

James Russell



RETURN TO:
GENERAL FEDERATION OF WOMEN'S
CLUBS OF KANSAS
SABRA CLARKE
405 MCKAY DR
NESS CITY, KS 67560

Non-Profit Org.
U.S. Postage
PAID
Permit No. 923
Wichita, Kansas

**GFWC KANSAS CLUBWOMAN
NEWS**

Official Publication of the
General Federation of
Women's Clubs of Kansas

Editor-in-Chief Sabra Clarke
GFWC of Kansas President 2024 - 2026
405 McKay Dr
Ness City, KS 67560
Phone: 785-798-7554
sabrajc4@gmail.com

Editor Linda Loyd
381 Birch St
Gardner, KS 66030-1724
913-856-8602
lindaloyd05@gmail.com

www.gfwcofkansas.org

The GFWC Kansas Clubwoman News is
printed three times per club year by Direct
Mail Printers for the General Federation
of Women's Clubs of Kansas.

Living the Volunteer Spirit