

The background is white with various colorful, hand-drawn abstract shapes and patterns. These include a pink star-like shape in the top left, a yellow and blue striped shape, a blue cloud-like shape, a pink striped shape, a green cloud-like shape, a blue spiral in the top right, a yellow star-like shape with radiating lines on the left, a pink shape with radiating lines on the left, a yellow shape with radiating lines on the right, a blue striped shape in the bottom left, a green wavy shape, a yellow flower-like shape, a pink wavy shape, and a pink striped shape in the bottom right.

PERSONAL DEVELOPMENT ASSESSMENT CRITERIA FOR SCHOOL STUDENTS

AN INTRODUCTION TO CHILD PSYCHOLOGY

ACADEMIC GROWTH

- Consistency in grades & improvement over time
- Curiosity & willingness to learn new concepts
- Ability to apply knowledge in real-life situations

SOCIAL & COMMUNICATION SKILLS

- Confidence in speaking & writing
- Active listening & respectful interactions
- Ability to work in teams & resolve conflicts

EMOTIONAL INTELLIGENCE & BEHAVIOR

- Handling stress, failures & criticism
- Showing empathy, kindness & respect
- Taking responsibility for actions

TIME MANAGEMENT & RESPONSIBILITY

- Handling stress, failures & criticism
- Showing empathy, kindness & respect
- Taking responsibility for actions



LEADERSHIP & INITIATIVE

- Volunteering for school activities & projects
- Taking responsibility for group tasks
- Helping peers & mentoring juniors

CREATIVITY & PROBLEM-SOLVING

- Coming up with innovative ideas
- Solving challenges independently
- Thinking critically & making informed decisions



HOW TO ASSESS THESE?



Self-Reflection (Student Journals & Goal Setting)

Students can maintain a growth journal and reflect on:

- "What did I learn today?"
- "What challenge did I overcome?"
- "How did I help someone today?"

✓ Teacher Feedback & Report Cards

Teachers can evaluate non-academic growth through:

- Behavior observations
- Classroom participation
- Peer collaboration

✓ Peer & Parent Feedback

- Conduct peer reviews: "What's one strength I see in my friend?"
- Parent-teacher meetings to discuss personality development

✓ Personal Development Rubrics & Scorecards

Create a rubric (scale of 1-5) for each criterion and track progress over time.

PERSONALITY DEVELOPMENT PLAN FOR SCHOOL STUDENTS

1. Self-Confidence & Self-Esteem (Week 1-2)

Activities:

- "Mirror Talk" – Encourage students to practice speaking in front of a mirror daily.
- Show & Tell – Let students present their favorite book, toy, or hobby in class.
- Appreciation Board – A class board where students write one good thing about a peer.

Outcome: Students learn to express themselves without fear.