

Dr. Matthew DuBroy

Teacher | Theologian | Speaker



Dr. DuBroy is a Catholic theologian who holds a doctorate in Thomistic theology. As founder of the Aquinas Institute for Christian Perfection, he helps ordinary Catholics grow in holiness through Thomistic wisdom and the enduring riches of the Catholic tradition.

Our Approach

Many parish speakers stir up emotions, but their impact fades quickly. Our approach is different: serious, deep teaching drawn from the treasury of the Catholic tradition, presented in a way that people can wrestle with and live by.

Speaking Formats

Featured — Parish Missions

Substantive teaching, extended Q&A, and guided prayer. Standard missions run across four consecutive nights, offered during Advent, Lent, or year-round as “Evenings of Formation & Renewal.”

Retreat Days — Half-day or full-day with multiple talks and guided prayer.

Reading Seminar — Serious engagement with selected Catholic works (classic or contemporary), blending expert commentary and discussion, helping participants grapple with serious arguments in an accessible way.

Catholic Formation Seminars — Highly interactive, dialogue-based seminars with extended time for Q&A. Available as a single intensive session (half-day or evening) or as a multi-week short course (6 weeks of 90-minute sessions).

Signature Themes

- **The Universal Call of Holiness Made Clear: Christian Perfection, Charity, & Friendship with God**
A clear vision of the spiritual life rooted in charity, and a roadmap for growth in holiness.
- **The Theological Virtues: The Backbone of the Spiritual Life**
How faith, hope, and charity shape the spiritual life, and how to live them in everyday life. (Also available as separate talks on Faith, Hope, or Charity).
- **Friendship and Holiness: We Can't Grow Alone** — Why we cannot reach holiness alone, but through friendship with those who love God deeply, and recovering the art of friendship in the Christian life.
- **From God to Neighbor: How Penance Heals Every Relationship**
What penance really is, why it is essential for healing relationships (including with God), and how to put it into practice in daily life.

Contact

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**AQUINAS
INSTITUTE**
FOR CHRISTIAN PERFECTION

FORMING CATHOLICS IN THE TRADITION