



<b>Available Treatments</b>	
<i>Available to groups of 4 to 8 people</i>	
<b>Sauna sessions</b>	
Dry Sauna session 40min	R450/person
Crystal Sauna session 40min	R450/person
Crystal Sauna session 40min with clay	R550/person
<b>Cold Jacuzzi sessions</b>	
<i>(incl: cocktail of the day)</i>	
30-minute session	R150/person
1 Hour session	R250/person
<b>Massages</b>	
Full body massage	R800/person
Back, Neck and Shoulder massage	R650/person
Back, Neck and Shoulder Deep Tissue Massage	R700/person
<b>Homeopath</b>	
Wellness check (microscopic blood analysis)	R500/person
Full Consultation	R800/person
Colour Therapy Session	R500/person
<b>Facials coming soon!!</b>	

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<i>Available to groups of 4 to 8 people</i>	
<b>Please note that the highlighted treatments are only available at certain dates. You can request with Janetta about booking these treatments.</b>	
<b><u>Hot Stone Therapy</u></b>	
Hot Stone Back, Neck and Shoulder	R700/person
Hot Stone Full Body	R800/person
Hot and Cold Stone Full Body	R900/person
<b><u>Chinese Suction Cupping</u></b>	
Flash Cupping	R500/person
Back, Neck and Shoulder Lymph Draining	R500/person
Full Body Lymph Draining	R700/person
<b><u>Sound Massage</u></b>	
Tibetan Singing Bowls sound massage	R650/person
<b><u>Reflexology</u></b>	
45min Reflexology session	R600/person
<b>Nails</b>	
New Full Set	R350/person
Full Set and Toes	R450/person
Pedicure with cutex or gel overlay	R280/person
Acrylic overlay	R300/person
Gel overlay	R250/person
Nail Art	R65
<b>Microblading</b>	
First session	R2000/person
Touch-up (after 6 weeks)	R800/person
<b>Tinting &amp; Lifting</b>	
Lash Lift	R500/person
Lash Tint	R100/person
<b>Lamination</b>	
Brow Lamination	R600/person
Brow Tint	R100/person

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<b>Lash and Brow Combo</b>	
Lash Lift and tint with Brow lamination and tint	R700/person
<b>Lash extensions</b>	
Classic Lashes	R600/person
Classic Lash fill	R300/person
Volume Lashes	R750/person
Volume Lash fill	R450/person
<b>Facial Waxing</b>	
Brow Wax	R100/person
Lip Wax	R100/person
Chin Wax	R100/person
Full Facial Wax	R300/person
<b>Restaurant</b>	
Breakfast	R120/person
Light Lunch	R150/person
Platter for 4	R450 each
Drinks menu available at Spa	

**Groups of 4 to 8 people are eligible for booking individual treatments.**

**Book with Janetta Uys**

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