BOOTHE Training Institute
"Grow. Lead. Succeed."

STEP Worksheet

Copy and use this sheet to guide you.

Turn Thought Into Action — Now

If nothing else gets done — WHY are you doing this?

S — See It Clearly

If you can't see it, you won't move toward it.

What is the specific result you want in the next 90 days?

- _____
- _____
- _____

Why does this matter to you right now? (Make it personal.)

- _____
- _____

T — Target the Move

Clarity creates momentum.

What is the ONE key action that will move you forward immediately?

- _____

Break it into 3 simple steps:

1. _____
2. _____
3. _____

E — Execute Now

Movement beats perfection.

When will you take the FIRST step? (Date & Time)

_____

Every dollar has a job.

What could stop you?

- _____

How will you overcome it?

- _____

_____

P — Progress & Adjust

Winners track and adapt.

How will you measure progress?

- _____

Checkpoint Dates:

- Week 1: _____
- Week 2: _____
- Week 4: _____

What will you adjust if needed?

- _____

_____

Commitment Statement

No more starting over.

I commit to taking action on this plan starting now.

Signature: _____

Date: _____

Final Trigger

Don't overthink this.

What is the VERY NEXT action you will take — right now?

Answer: _____

_____

Success is not built in years — it is built in days.