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**References**

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Stillman, J. (2021, May 6). *A Harvard Business School professor's simple trick to stop wasting your life: A dead simple trick to rid yourself of time-wasting bad habits*. Inc. https://www.inc.com/jessica-stillman/a-harvard-business-school-professors-simple-trick-to-stop-wasting-your-life.html

Thiessen, E. J. (2007). Refining the conversation: Some concerns about contemporary trends in thinking about worldviews, Christian scholarship and higher education. *Evangelical Quarterly*, *79*(2), 133-152.

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