



The One Body Clinical Approach™

Care at One Body Acupuncture follows the **One Body Reset System™**—a structured pathway designed to restore function and support long-term results. Recovery is not based on a single visit. It is built through **precision, consistency, and progression.**

Your Body Runs on a Circuit

For your body to respond, three parts must work together:

- ❖ **Signal (The Treatment)**
Acupuncture and bioelectric therapy tell your body:
“It’s time to respond.”
 - ❖ **Wiring (Your Nervous System)**
Carries the signal throughout your body.
Stress and injury weaken this connection.
 - ❖ **Materials (Minerals + Nutrients)**
Provide the **energy and structure** needed to respond.
- If something is missing, the signal cannot complete.**

Why Results Don't Hold

Most care focuses only on the **signal**.

But if:

- Wiring is unstable
- Materials are insufficient

The result doesn’t last.

Continuity of Care

Continuity ensures your body can:

- Receive the signal
- Carry the signal
- Complete the response

Without continuity → the system resets

With continuity → the system progresses

This is how results are built—and maintained.

Depending on your care pathway, this coordination is included in your program or as a \$30 Continuity of Care component per visit.

Assessment & Planning

Today is focused on **assessment and planning.**

- ❖ We use:
 - Current symptoms
 - Health history



Initial Health Status and Registration

Acupuncture and Oriental Medicine
For Questions, please call ASH at 800.972.4226

- **Biological Load** (stress vs. recovery capacity)
- ❖ to determine:
 - What your body needs
 - How often care is required
 - The strategy to move forward

Treatment is not performed at this visit.

Clinical Precision

Your plan begins with what is present. It is refined with additional inputs when needed:

- ❖ **14-Day Food Snapshot**
Identifies nutrient gaps and patterns affecting recovery
- ❖ **Recent Lab Work (if available)**
Reveals deeper system function over time
- ❖ **Your Baseline Matters**
We assess your **current activity level**—not past ability.

Care is based on:

- What your body can do now
- Your Biological Load
- Your goals

This allows for **realistic, progressive results.**

Your Treatment Plan

From this process, we determine:

- Frequency of care
- Duration of treatment
- Clinical approach
- Best-fit care pathway

Your plan evolves as your body changes.

Clinical Standard

Insurance or self-pay—how care begins may vary.
How care is completed is always structured.

Welcome

No force. Just alignment.

Welcome to One Body Acupuncture.
Welcome to the Reset.

**SCAN TO ACCESS
YOUR RESET SYSTEM**



This is part of your treatment.

onebodylac.com/reset

Password: