



YOVA YOGA ACADEMY SRI SHAKTHI INTERNATIONAL SCHOOL

PRESENTS



OPEN NATIONAL YOGA

CHAMPION VS **CHAMPION**







WORTH GIFT + TROPHY FOR WINNERS

Age Categories

All Age Category

Registration Fees

Common Category : Rs. 500

Special Category : Rs. 700

Champion Category : Rs. 1000

Performance Categories

Common Category : Perform any 3 asanas

Special Category : Perform any 5 asanas

Champion Category : Perform any 10 asanas

Forward Bends – 2 | Backward Bends – 2 Leg Balances – 2 | Twisting Poses – 2 Hand Balances – 2

Awards & Certificates

- Participation Certificate for all participants.
- Winners receive worth gift, trophies, and recognition.

Awards & Certificates

- All participants must wear proper Yoga dress.
- Wild Card Entry: Direct entry to finals available for Rs. 2000.
- No Spot Entries Participants must register in advance.
- After registration, send your yoga photograph via email to opennationalchallenge@gmail.com with the subject line: 3rd Open National Yoga Challenge.

Free Costume will be provided to Champion Category Participants

For Further Queries

Yova Yoga Academy

Puzhal Plaza, Annur Road, Karumathampatti, Coimbatore - 641659 Contact: 8344446744

Email: opennationalchallenge@gmail.com

Registration will be closed on 1st May 2025

Event Date:

17th & 18th May 2025

Event Venue:

Sri Shakthi International School, Thekkalur.



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