



## Pro Bono Services

Who is Eligible:

- Active duty military
- Veterans
- Federal workers
- ICF outreach community members

What I Offer:

- One hour of coaching per month
- Available for up to six months
- Sessions available online or in-person

## New Clients

Your First Session is On Me!

- Complimentary discovery session to explore your goals
- Coaching style and client match assessment
- Let us get started on your journey to change!

## Coaching Packages

- 10-Session Package

\$150 per session | Total:  
\$1,500

Ideal for those seeking  
deep transformation.

- 5-Session Package

\$200 per session | Total:  
\$1,000

Perfect for tackling specific  
goals or challenges.

- Non-Profit Leaders Special

20% Discount on all  
packages

Note: Rates are negotiable  
after the first 10 sessions for  
continued support.

## Contact & Schedule

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