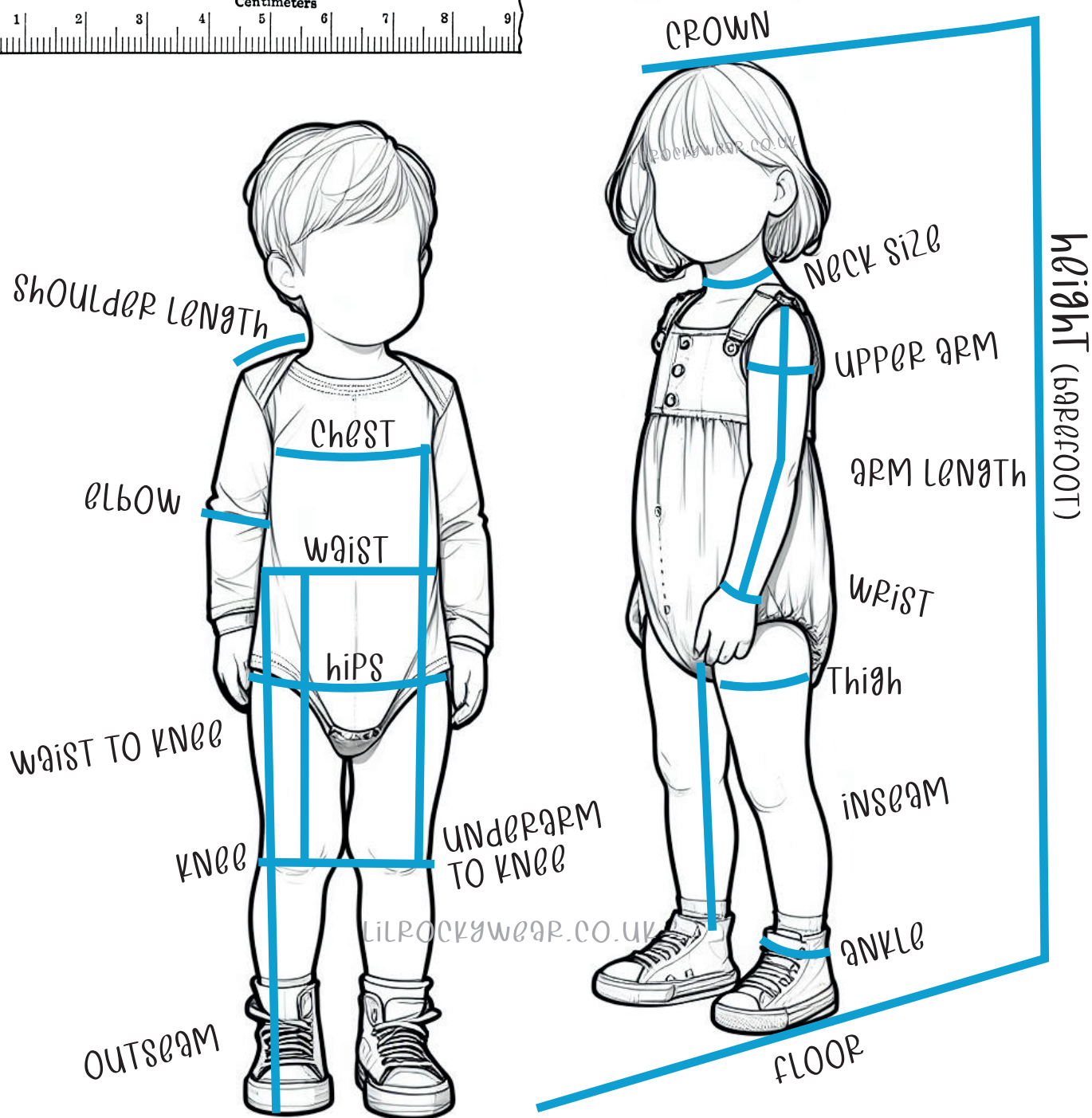
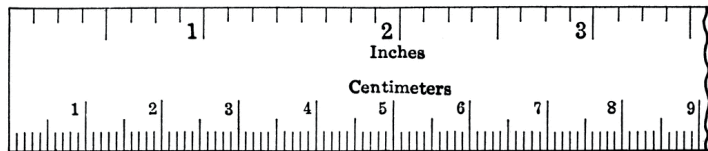


MEASUREMENTS ♥

name: _____

date:					
age:					
height:					
waist:					
chest:					
hips:					
inseam:					
waist to knee:					
thigh:					
chest:					
hips:					
inseam:					
waist to knee:					
shoulder length:					
arm length:					

BODY MEASUREMENTS GUIDE



GIRTHS (AROUND THE BODY) MEASUREMENTS

CHEST, WAIST, THIGH, NECK, HIP, ANKLE, UPPER ARM, ELBOW, WRIST

VERTICAL MEASUREMENTS

HEIGHT, WAIST TO KNEE, SHOULDER LENGTH, CHEST TO KNEE, INSEAM, OUTSEAM, ARM LENGTH, BACK WAIST LENGTH

Check out the blog LilRockyWear.co.uk for more information.