

Friendship Framework

Friendship Type:

How would you define your friendship?

- **Shared experience based.**
 - The friendship resulted from going through an experience together.
- **Shared activity based.**
 - The friendship resulted because of an interest in one specific activity.
- **Shared community based.**
 - The friendship resulted from membership in a shared community.
- **Shared location based.**
 - The friendship resulted from living in the same place.

Core Activities:

What activities will define your friendship?

- **List the core activities your friendship will entail.**
 - Ex. Hiking, talking, sailing, working out, gaming, etc.

Depth:

What will the depth of your friendship be?

- **Surface level only.**
 - Interactions are kept light and jovial.
 - Personal lives are not really discussed.
- **Moderate depth.**
 - Personal lives are discussed occasionally at a superficial level.
 - Flaws and problems are not discussed.
- **Deep.**
 - All aspects of life are free game for discussion.

Expectations:

What are your expectations for the friendship?

- **List your expectations.**
 - What do you expect to get out of the friendship?
 - What do you expect to put into the friendship?

Effort Level:

What will the effort level of your friendship be?

- **Low effort.**
 - Not much effort will be put into maintaining the friendship.
 - If it works, it works.
- **Medium effort.**
 - Activities will be planned to foster the friendship.
 - A deliberate effort will be made to stay in touch.
- **High effort.**
 - Annual, monthly, or weekly recurring activities to stay in touch.
 - Talking on a weekly or daily basis.

Weekly Time Commitment:

How much time per week will you plan on committing to the friendship?

- **Less than 1 hour per week.**
 - Pretty typical.
 - Occasional phone call type of friend.
- **1 hour per week.**
 - Talk to them once a week.
- **2 hours per week.**
 - See them around during the week.
- **3 hours per week.**
 - Dedicated weekly gathering.
- **4 hours per week.**
 - Multiple gatherings per week.
- **5 hours per week.**
 - Frequent contact.
- **6 hours per week.**
 - Very frequent contact.
- **7 hours per week.**
 - Daily interactions.
- **More than 7 hours per week.**
 - Almost at the level of family.

Friendship Duration:

What is the planned duration of the friendship?

- **Undefined.**
 - There is no planned duration.
- **While circumstances make it easy.**
 - The friendship will continue while things are convenient.
- **For the present season of life.**
 - The friendship will continue while both parties are in the same state.
 - Ex. both living in the same city or interested in the same activity.
- **For life.**
 - The friendship will continue until someone dies.

Priority:

What is the priority level of this friendship?

- Low priority.
 - Nothing would be sacrificed for the friendship.
- Medium priority.
 - Insignificant events would be sacrificed for friendship.
- High priority.
 - Significant nonfamily events would be sacrificed for the friendship.
- Family.
 - Friendship is at the level of family.
 - Any non-family obligations and commitments take second place to the friendship.
- Max priority.
 - The friendship is more important than family.