



**FOUR SEASONS**  
RESORT  
SEYCHELLES AT DESROCHES ISLAND

## Kosher Menu

### Soups

<b>Miso</b> 🌿 Tofu, Shimeji, Spring Onions	240
<b>Lentil</b> 🌿 🌿 Lemon, Olive Oil, Pita Crisp	240
<b>Asparagus</b> 🌿 Zucchini, Spinach, Coconut	445
<b>Cream of Corn</b> 🌿 🍷 Potato, Spring Onions	240
<b>Hearty Beetroot</b> 🌿 Carrot, Onion, Celery, Vegetables Stock	240

### Gazpacho

<b>Double Green</b> 🌿 Cucumber and Apple	400
<b>Melon</b> 🌿 Melon and Basil	400
<b>Tomato</b> 🌿 Tomato and Bell Pepper	400

### Salads

<b>Green</b> 🌿 Cucumber, Tomato, Parsley, Avocado, Lemon Juice, Olives	410
<b>Apple</b> 🍏 🌿 Green Apple, Peach, Kiwi, Orange, Lettuce, Roasted Almonds, Mustard Dressing	410
<b>Beetroot</b> 🌿 Roasted Beetroot, Parsley, Orange, Lemon Juice, Olive Oil	400
<b>Egg</b> 🌿 Boiled Eggs, Potato, Parsley, Lemon Juice, Mayonnaise	350

Prices are in Seychelles Rupees, subject to service charge of 10% and prevailing local taxes.  
Please let us know if you have any allergies or dietary restrictions. We will do our best to accommodate you.

Vegetarian 🌿 Vegan 🌿 Gluten 🌿 Dairy 🧀 Locally Sourced 🇲🇵 Nuts 🌰 Pork 🐷 Shellfish 🦞 Spicy 🌶️



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### Starters

Hummus 🌱	280
Chickpea, Tahini, Lemon Juice, Olive Oil, Pita Bread	
Eggplant Moutabel 🌱 🍷	280
Roasted Eggplant, Tahini, Bell Pepper, Olive Oil, Pita Bread	
Tuna Tataki 🌱	400
Cucumber, Mixed Lettuce, Soya Ginger Dressing, Negi Sauce	
Salmon Tartare 🍷	550
Cucumber, Apple, Roasted Cashew Nuts, Coconut Cream, Sour Dressing	

### Sushi & Sashimi

Cucumber and Daikon Maki 🍷	325
Avocado and Cucumber Maki 🍷	325
Shiitake Mushroom Maki 🍷	325
Tamago Maki and Cucumber Roll	325
Tuna Maki with Cucumber	340
Salmon Maki with Avocado	340
Rainbow Roll - Snapper, Tuna, Salmon, Avocado	350
Nigiri - Salmon, Tuna, Red Snapper, Tamago	350

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## Main Courses

Eggplant Moussaka  	410
Roasted Eggplant, Chickpea, Bell Pepper, Paprika, Tomato Sauce	
Creole Pumpkin Curry  	390
Desroches Pumpkin, Cauliflower, Creole Curry, Coconut Cream, Turmeric Coconut Rice	
Cauliflower Manchurian 	550
Fried Cauliflower, Ginger Soy Sauce, Spring Onion, Shallot	
Mushroom and Tofu 	405
Spring Onion, Vegetable Fried Rice	
Stuffed Bell Pepper 	390
Capsicum, Mushroom, Zucchini, Tomato, Olives, Capers, Herbed Pilaf Rice	
Mediterranean Pasta  	390
Penne, Tomato Sauce, Olives, Eggplant, Zucchini, Artichoke	
Risotto  	390
Asparagus - Coconut Cream, Roasted Almonds, Coconut Crumble Mushroom - Coconut Cream, Roasted Almonds, Coconut Crumble	
Red Snapper Filet	600
Pan-Seared Snapper Filet, Broccoli, Tomato, Asparagus, Herb Dressing	
Salmon Filet	750
Baked Salmon Filet, Roasted Pepper and Eggplant, Olives, Chunky Tomato Sauce	
Tuna Loin	680
Pan-Seared Tuna Loin, Vegetable Tagine, Chickpea	

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**Desserts**

Vegan Chocolate and Coconut Mousse	🌿	250
Chocolate Lava Cake	🌿	325
Yuzu & Coconut Vegan Cake	🌿 🥥	320
Date and Chocolate Cake	🌿	325
Carrot Cake	🌿 🥕	325
Fruit Platter	🌿	370
Selection of Sorbet	🌿	65

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