



## Positive Reinforcement Infographic

Positive reinforcement is **most effective** when used **immediately, specifically, and consistently**. Follow these **key principles** to encourage **positive behavior** and build **long-term success**.

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### Be Immediate

- ✓ **Reinforce as soon as** the behavior happens.
- ✓ **Avoid delaying praise or rewards**—kids need to connect the action to the reinforcement.
- ✓ **Example:** *"I love how you shared your toy just now!"*

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### Be Specific

- ✓ **Describe exactly** what they did well.
- ✓ **Focus on effort**, not just the outcome.
- ✓ **Example:** *"Great job using your calm words when you were frustrated!"*

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### Be Consistent

- ✓ **Reinforce behaviors regularly** to build habits.
- ✓ **Follow through** with agreed-upon rewards (*stickers, privileges, praise*).
- ✓ **Example:** If using a reward chart, **don't skip days**—momentum matters!

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**Empower • Educate • Elevate**

**Reinforcement builds confidence, motivation, and cooperation.**



## Need Help Implementing Positive Reinforcement?

Book a **free 30-minute consultation** for expert guidance on **reinforcement strategies that work for your child.**



[Schedule Here](#)

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♥ Which principle will you focus on today? 🎉✅

*Warmly,*

*Tom*