



List of Academic Support Tools

Supporting your child's **learning and executive functioning** is easier with the right tools. Below is a **curated list** of apps and resources designed to help with **organization, time management, and focus**.

Organization & Note-Taking

✓ **Google Keep** – Create digital **checklists, color-coded notes, and reminders** for assignments.

 keep.google.com

✓ **Evernote** – Organize **class notes, to-do lists, and important documents** in one place.

 www.evernote.com

Focus & Time Management

✓ **Forest App** – Encourages focus by **growing a virtual tree** when staying on task.

 www.forestapp.cc

✓ **Time Timer** – A **visual countdown timer** to help kids **manage work sessions and break times**.

 www.timetimer.com

✓ **Pomodone** – Uses the **Pomodoro technique** (*work for 25 minutes, break for 5*) to boost productivity.

 www.pomodoneapp.com

Task & Homework Management

✓ **Todoist** – A simple, easy-to-use **task manager** for organizing homework and deadlines.

 www.todoist.com



✓ **My Study Life** – A planner designed for **students to track classes, assignments, and exams.**

🔗 www.mystudylife.com

✓ **Habitica** – A **gamified task manager** that **rewards kids** for completing homework and chores.

🔗 www.habitica.com

Empower • Educate • Elevate

Finding the **right tools** can make **schoolwork more manageable and less stressful.**

💡 Need Help Finding the Right Tools for Your Child?

Book a **free 30-minute consultation** for expert guidance on **choosing the best academic support tools** for your child's **specific needs.**



[Schedule Here](#)

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♥ Explore these resources and see which ones work best for your child's needs!

Warmly,

Tom