TROTTA LEARNING
Solutions

EMPOWER. EDUCATE. ELEVATE.

TrottaLearningSolutions@gmail.com
TrottaLearningSolutions.com

Let's Connect!

🎯 Goal Setting Best Practices

Setting **clear and measurable goals** helps your child **stay on track and build confidence**. Use these **best practices** to create goals that set them up for **success!**

_____

🎯 Keep Goals SMART

✔️ **Specific** – Focus on a **clear, defined** behavior or skill.
✔️ **Measurable** – Track **progress** in a way that's easy to see.
✔️ **Achievable** – Keep it **realistic** for your child's abilities.
✔️ **Relevant** – Make sure the goal **aligns with your child's needs**.
✔️ **Time-Bound** – Set a **reasonable timeframe** for success.

Example:
❌ Instead of: *"Be better at finishing homework."*
✅ Try: *"Complete math homework independently 3 times per week for the next month."*

_____

📊 Break It Down

✔️ **Small steps = big progress!** Divide larger goals into **manageable steps**.
✔️ **Celebrate small wins** along the way to keep motivation high.

_____

🔄 Adjust When Needed

✔️ If a goal feels **too hard**, tweak it—**progress over perfection!**
✔️ **Review and refine** goals regularly based on **what's working**.

_____

🎉 Celebrate Progress

✔️ **Acknowledge effort, not just results**.
✔️ Use **praise, rewards, or simple recognition** to keep momentum going.

TROTTA LEARNING
Solutions

TrottaLearningSolutions@gmail.com
TrottaLearningSolutions.com

Let's Connect!

EMPOWER. EDUCATE. ELEVATE.

💡 **Need Help Setting Personalized Goals?**

Book a **free 30-minute consultation** for expert guidance on **goal-setting strategies** tailored to your child's needs.

📅 **Schedule Here**

Empower • Educate • Elevate

📧 **Contact:** TrottaLearningSolutions@gmail.com

🌐 **Website:** TrottaLearningSolutions.com

The **right goals** create **confidence, motivation, and success**—for both you and your child.

What small goal can you set today to make a big difference? 🎯💙

Warmly,

Tom