



Daily Behavior Tracker

Tracking your child's **behavior** helps **identify patterns**, **celebrate progress**, and **adjust reinforcement strategies**. Use this log to **monitor daily behavior goals** and **track successes**.

 **Date:** _____

 **Target Behavior Observed? (✓/✗)**

(What behavior were you focusing on? Was it demonstrated today?)

 **Reinforcement Used**

(What type of positive reinforcement did you use? Verbal praise, sticker chart, reward?)

 **Any Challenges?**

(Did any obstacles come up? What might you adjust next time?)

Empower • Educate • Elevate

Tracking behavior **consistently** helps **reinforce positive change**.





💡 Need Help Creating an Effective Behavior Plan?

Book a **free 30-minute consultation** for expert guidance on behavior tracking and reinforcement strategies.



[Schedule Here](#)

✉ **Contact:** TrottaLearningSolutions@gmail.com

🌐 **Website:** TrottaLearningSolutions.com

💖 What progress did you celebrate today? ☒

Warmly,

Tom