

NEWSLETTER

April Showers Bring May Flowers and Spring Cleaning

April showers bring May flowers! April is also a good time to change your clothes (fall/winter to spring/summer) or do a little spring cleaning. Studies have shown that reducing clutter frees up space and improves your home's air quality, reduces stress and anxiety and makes it easier to be more productive.

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Spring cleaning is a time to come out of hibernation and let the sunshine reveal all the dust left behind.



Cleaning with Vinegar

Washing Machine: use a cup along with baking soda and run it on a soaking cycle with hot water.

Microwave: Use two cups of water and two tablespoons of vinegar. Boil it and leave it in the microwave for a few minutes. Finally, wipe it clean.

Dishwasher: Run the dishwasher with a cup of vinegar

Cleaning Your Broom

You use your broom to clean, ever stop to think that maybe you should clean your broom? Take it outside to shake off excess dust, soak it in warm, soapy water, rinse it and then hang it outside to dry.

Purify Your Pillows

Cleaning your pillows makes a lot of sense. After all, our pillows collect allergens and germs. Wash your pillows in the washing machine (and dryer) to freshen your pillows.

Wipe Down Your Phone

Did you know, your cell phone has more germs than a toilet seat. So don't wait until Spring Cleaning but make cleaning your phone with a microfiber cloth regular.