

			Year	Year #
Beginning Point		BC	457	1
For 490 & 2300		BC	456	2
Years—457BC		BC	455	3
		BC	454	4
		BC	453	5
		BC	452	6
		BC	451	7
		BC	450	8
		BC	449	9
		BC	448	10
		BC	447	11
		BC	446	12
		BC	445	13
		BC	444	14
		BC	443	15
		BC	442	16
		BC	441	17
		BC	440	18
		BC	439	19
		BC	438	20
		BC	437	21
		BC	436	22
		BC	435	23
		BC	434	24
		BC	433	25
		BC	432	26
		BC	431	27
		BC	430	28
		BC	429	29
		BC	428	30
		BC	427	31
		BC	426	32
		BC	425	33
		BC	424	34
		BC	423	35
		BC	422	36
		BC	421	37
		BC	420	38

			Year	Year #
		AD	11	468
		AD	12	469
		AD	13	470
		AD	14	471
		AD	15	472
		AD	16	473
		AD	17	474
		AD	18	475
		AD	19	476
		AD	20	477
		AD	21	478
		AD	22	479
		AD	23	480
		AD	24	481
		AD	25	482
		AD	26	483
Last 7 Years		AD	27	484
of the 490		AD	28	485
		AD	29	486
		AD	30	487
		AD	31	488
		AD	32	489
		AD	33	490
		AD	34	491
		AD	35	492
		AD	36	493
		AD	37	494
		AD	38	495
		AD	39	496
		AD	40	497
		AD	41	498
		AD	42	499
		AD	43	500
		AD	44	501
		AD	45	502
		AD	46	503
		AD	47	504
		AD	48	505

			Year	Year #
		AD	1843	2300