

Los Frailes & La Cañada Neighborhood News

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Mid-Year Update

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Contributors:

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LA FRONTERA IS EXPANDING IT'S FRONTIER!

NOREN CACERES has been in the restaurant business for many years. Her love of food began in Italy, where she grew up. She loved the Italian way of eating, with a slow and relaxed approach where people savored their meals. Little did she know that her love of antipasto bars and culinary adventures would be inspiration for future endeavors and in the creation of a space that is now La Frontera, a place where people can do the same without feeling the need to rush their dining experience.

La Frontera opened its doors in San Miguel de Allende on Thanksgiving Day, 2012. Located at Refugio Sur 28, La Frontera serves what can be called Mexican-American Comfort Comida. As a Mexican-American of

Security Update: Our Community Surveillance Network Expands

In our March newsletter, the association announced the initial launch of our security initiative with five cameras integrated into the police C4 monitoring system. Today, thanks to the generous contributions of our neighbors, we are proud to report that we now have a total of thirty cameras active within the C4 network.

Comprehensive Coverage

Our neighborhood security has reached a new milestone. We now have 24/7 police monitoring across:

- ALL ENTRANCES AND EXITS
- COMMUNITY PARKS
- MAJOR RESIDENTIAL STREETS

In April, the Board of Directors visited the C4 facility to meet with police officials. It was an impactful experience to see our cameras in action and witness firsthand the professional coordination

Jewish descent, Noren looked to her heritage in creating the menu at La Frontera. You can expect offerings such as a chopped liver sandwich and matzo ball soup to enchiladas and tortilla soup.

With La Frontera a proven mainstay of San Miguel de Allende’s culinary scene, we are thrilled to announce that Noren is expanding with the opening of La Frontera-Los Frailes. Situated in the former Flor de Jamaica space, Noren hopes to open to the public on June 4.

The menu will be very similar to the original La Frontera, with at the addition of rotisserie chicken with organic chicken from Rancho Viejo along with some other surprises.

The hours of operation to start are Thursday-Monday, 12:30-830, Sundays 11-7.

Let’s welcome Noren and her team to Los Frailes-La Canada!

Save Rodrigo Park

<https://www.parquerodrigo.org/>

Sign the Petition

Newsletters are available online at our website and WhatsApp channel.

www.losfraileslacanada.org

<https://chat.whatsapp.com/JIPOrxeS2n0Hw5tRUP2KYZ>

behind our community's safety.

How to Participate

If you and your neighbors are interested in adding a camera to your specific street, the process is streamlined and efficient:

Cost: \$6,800 pesos per camera. Come to the office to pay.

Fast Installation: Once ordered, the turnaround time for programming, installation, and C4 connection is two weeks or less.

Together, we are building a safer environment for every family in the association. Thank you for your continued support and vigilance!



Become a paid member of the association to help us continue our work to improve the community.

Contributions can be made through a bank transfer or paid in person at the office.

Lawn and Order

We all love seeing our furry friends enjoying their daily walks in our beautiful neighborhood.



But we need everyone's help to keep our shared spaces clean and safe.

Please....

* Always carry a bag (or two) when you walk

out your door

- * Pick up after your pet immediately
- * Dispose of waste in your own trash bin or one of the many park receptacles
- * If you employ a dog walker, please ensure that they follow these guidelines

Why.....

- * Pet waste carries bacteria and parasites that can be harmful to children, other pets and wildlife.
- * When left on the ground, waste can be washed into storm drains, leading directly to waterways where it fuels harmful algae growth.
- * Keeping sidewalks and shared grassy areas clear shows respect for your neighbors and helps maintain property values. Let's work together to keep our sidewalks clean and our grass green!

Bridge of the Friar

Did you know how Villa de Los Frailes came to have its name? It is said to be in honor of the many Franciscan friars who passed through this area, but specifically Fray Juan de San Miguel, who established the original settlement. But there is another spot with a much darker history only a few kilometers away..... a place named the Puente del Fraile (or Friar's Bridge).

In 1575, two Franciscan friars, Fray Francisco



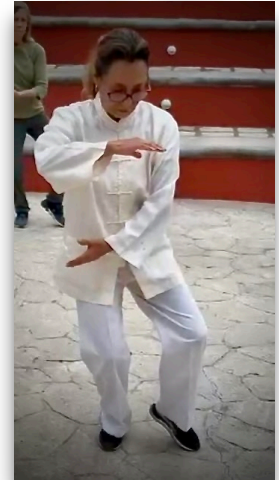
Doncel and Fray Pedro de Burgos, were traveling through the region along what was on of the "Camino Real de Tierra

Adentro" (Royal Road of the Inland). They were tasked with bringing two crucifixes, known as the Cristo de la Conquista (Christ of the Conquest), to the area.

While crossing the area near the La Laja River (close to present-day Celaya Road), they were attacked by local Chichimeca. Both friars were killed in this encounter.

Meet Your Neighbor: Maria Cristina Montull Guerrero

If you've spent any time in La Conchita Park on a Monday or Thursday morning, you've likely seen Maria Cristina Montull Guerrero practicing or teaching Tai Chi Chuan. While she has been a familiar face and a resident of Los Frailes for the last ten years, her journey to our neighborhood is a fascinating story of resilience, reinvention, and a deep-seated passion for holistic wellness.



Born in Mexico City as the youngest of four siblings, Cristina's roots trace back to Spain. Her grandfather emigrated from Catalonia and achieved extraordinary entrepreneurial success in Mexico, eventually becoming a major force behind foundations like Grupo Bimbo and the Mexican Red Cross. Cristina's father became a doctor and radiologist, and later managed a family-owned hotel in Acapulco, where Cristina spent an idyllic year enjoying the beach life.

However, hardship struck early. Following her grandfather's sudden passing, business partners cut the family out of their inheritance. The financial strain and emotional loss plunged her father into a deep depression, and he passed away from emphysema when Cristina was just 17 years old.

Cristina refused to let tragedy define her. She went on to study architecture at UNAM, where

According to legend, the crucifixes survived the attack, which brought significant importance to the location. The site of their death became known as Puente del Fraile (Bridge of the Friar).

This area is linked to the local ghost story of "El Fraile sin Cabeza" (The Headless Friar). For centuries, travelers reported seeing a ghost in a Franciscan tunic at the bridge, also historically associated with fatal accidents. The bridge is no longer part of the highway system but is a place of mysticism with evidence of black magic rituals being carried out.

Located on the Carretera a Celaya approximately 10 kilometers West from Villa de Los Frailes/La Canada before the exit onto 110 Entronque Begona-Presa de Allende. The site itself is challenging to get to and sadly a dumping ground for some. Best to be avoided at night! (Sources: Lugares INAH, AI Facebook)

The mission of the Los Frailes/La Canada Homeowners Association is to preserve and enhance the quality, safety and appearance of our community.

We are committed to responsible financial management, transparent leadership and consistently fair application of our governing documents.

We strive to maintain a welcoming community that residents are proud to call home through respectful communication and thoughtful stewardship of our shared amenities.

she met her future husband, Francisco. Even a severe motorcycle accident that shattered her left leg and required eight months of hospitalization couldn't slow her down. By age 23, she was already spearheading major remodeling projects. After graduation, she and Francisco moved to San Luis Potosí, where they both began careers as university professors and established a highly successful construction company.

Always an avid athlete and thrill-seeker, Cristina balanced raising her two children, Paola and Aldo, with motocross racing, cave exploration, and competitive equestrian show jumping. Though her marriage ultimately ended, she continued to pivot with resilience, opening a stained-glass workshop and continuing her design work to support her family.

Years of high-impact sports and her youthful motorcycle injury eventually caught up with her, leaving Cristina with severe, chronic knee pain. Refusing a knee replacement, she searched for alternatives and discovered Tai Chi Chuan. This discipline completely transformed her life, successfully healing her knee. She dedicated 17 years to training, ultimately achieving the prestigious rank of fourth-degree Si-Hung.

During this healing chapter, Cristina met her soulmate, Juan Jose Hernandez Estrada, a dedicated yoga master. Together, they founded the *Angel Valenzuela* holistic center in San Luis Potosí, an organization that continues to thrive today.

A decade ago, Cristina relocated to San Miguel de Allende to support her daughter following the birth of her twin grandchildren. We are incredibly fortunate to have her wisdom, energy, and community spirit right here in Los Frailes.

Want to experience the incredible benefits of her lifelong practice for yourself? You can join

Get In Touch

Email: info@losfraileslacanada.org

Website: www.losfraileslacanada.org

Office Hours

Monday, Wednesday, Friday

1 pm to 3pm

**Email for an appointment if you are
unable to come during regular office**



Rodrigo Park - Mauricio Gama

From a very young age, I used to come to San Miguel with my family, and I always kept in my heart the most beautiful memories of this place. When I started my own family, I wanted to share with them the same happiness I had experienced when visiting this beautiful and picturesque place. On one of our many visits, my wife and I began to dream of having a place of our own for our young family.

With great effort, but even greater enthusiasm, we purchased a piece of land in Los Frailes. How many times we visited that space when there was only dirt and the occasional tree, however, we looked beyond that and imagined our children running and playing there.

Over time, we managed to build our home, but despite its beauty, we felt that something more was needed. In front of our home there was a large area designated by the residential development as green space, since high-voltage towers run through it. It was a disorderly and unattractive space. Even so, with the same enthusiasm with which we built our house and with the desire to beautify the surroundings, we decided to begin, little by little, to plant trees and create green areas. It all started with cleaning the land, removing weeds, and planting flowers. The entire family

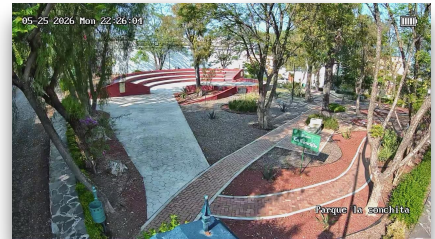
participated in these tasks, with no other interest than sharing this effort with the neighbors of Los Frailes. This project began in 1994. As time went by, some neighbors joined in improving the area and added cacti. Later, a water connection was installed for maintenance, and as more and more families began to visit with their children, swings, a slide, lighting, and trash bins were installed.

Thus, with dedication and perseverance, this space was transformed into a park that since 2003, has borne the name Rodrigo Park, in memory of our second son, who sadly passed away in October 1999 at the age of 17.

From childhood, Rodrigo helped clean and care for this place. He deeply loved this space, as well as the dogs that also enjoy this recreational area. Let us continue to receive the blessings that this place gives us and remember that it all began as a dream and today is a reality. Let us honor his memory by caring for this park which belongs to all the neighbors.

As We Enter June: A Mid-Year Update from the Board

We are officially halfway through 2026, and it has been a year of significant progress. Thanks to the generous contributions of our members, we have successfully installed a community-wide security camera network monitored 24/7 by local police. This project provides an unparalleled level of safety for Los Frailes and La Cañada. Furthermore, the Association continues to collaborate closely with city government to prioritize the repair and maintenance of our vital infrastructure.



Transparency remains a core value for this Board. To keep you informed, we provide weekly activity updates, monthly financial statements, and this quarterly newsletter. Beyond our daily operations—such as lot cleanup and park maintenance—we remain dedicated to hearing from you. Our doors are always open for your questions and feedback.

Looking Ahead: Regional Town Hall We are currently organizing a joint Town Hall meeting with our neighbors in El Mirador, Antigua, Club de Golf, Serena, and La Condesa. The goal is to meet with government officials to address the ongoing challenges we face daily on the highway. We anticipate this meeting will take place in July and will share specific details regarding the date, time, and location as soon as they are finalized.

Support Your Community Finally, we encourage all residents to contribute financially to the Association. Your support is what allows us to keep our community safe, functional, and beautiful.

Sincerely,

The Board of Directors