





Published by
Quill & Die

A digital publishing studio for thinkers, builders, and creatives.

Product: *RedTapeHelper*

Copyright © 2025 Quill & Die. All rights reserved.

This product may not be copied, distributed, or resold without explicit permission.

Contact:

 john@quillanddie.com

 www.quillanddie.com

[RedTapeHelper](#)

[Contact:](#)

[!\[\]\(2bdfe261b986065ee0ac76460d6528c9_img.jpg\) john@quillanddie.com](mailto:john@quillanddie.com)

[!\[\]\(dfbd6b3763a6d1d9afaa974f64e2e4b5_img.jpg\) www.quillanddie.com](http://www.quillanddie.com)

[Don't Want to Read This Whole Thing?](#)

[!\[\]\(23d9fc146e83b5c3013cfa32c784f8d5_img.jpg\) What This Tool Does](#)

[!\[\]\(c694a3ff3b077d76910920a6a1593ab4_img.jpg\) What To Do \(Right Now\)](#)

[Step 1: Open ChatGPT](#)

[Step 2: Paste This In](#)

[!\[\]\(aa53ad6fea213b8b2226d3077e30533a_img.jpg\) Bonus Tip \(If You Have It\)](#)

[!\[\]\(dd161862f9164df98f62b726e9846241_img.jpg\) You're Good To Go](#)

[RedTapeHelper: Push Back and Win](#)

[!\[\]\(fe3aebe81acea8d45108cd2768939da7_img.jpg\) How It Works](#)

[A No ChatGPT Plus? No Problem.](#)

[B Got ChatGPT Plus? Use the Custom GPT](#)

[!\[\]\(248b91fcdac4810ffd15cf33fb6aec6f_img.jpg\) What You'll Leave With](#)

[Why did I make this? I'll tell you.](#)

[How I Fought My Warranty Company with AI and Won \\$2,275](#)

[!\[\]\(cbd8541a32dfc32f356f5c6c994b0a21_img.jpg\) The Problem](#)

[!\[\]\(d3e32d099174a7c248ec1f564ee4f69c_img.jpg\) The Turning Point](#)

[!\[\]\(40770d9ed6ed4f1222ebf89a1396e8b2_img.jpg\) The Result \(2 Weeks Later\)](#)

[!\[\]\(ccd39a0dc6d5afcc151e1371f9462f58_img.jpg\) Now It's Yours](#)

[Core Prompts](#)

[!\[\]\(1f99bf65f43889da445ecc1fe8d9504f_img.jpg\) RedTapeHelper: Core Prompts](#)

[!\[\]\(8b0a097b4b9c9c3eeaea0f4289ea77e5_img.jpg\) 1. Research the Company](#)

[!\[\]\(a2bb1e57b467f1e41142026aa73db90f_img.jpg\) 2. Find the Relevant Policy](#)

[!\[\]\(89a5017cdd03c2e4afc4be6aed118419_img.jpg\) 3. Diagnose the Real Problem](#)

[!\[\]\(c2bfbac22dda98b727edb5823568d334_img.jpg\) 4. Write the First Complaint or Request](#)

[!\[\]\(4c3510be7e062b88b134d9fe870478aa_img.jpg\) 5. Follow Up Without Losing Patience](#)

[!\[\]\(9352cdb2fdfaf3ccfd4037374b35da5d_img.jpg\) 6. Summarize the Paper Trail](#)

[!\[\]\(4cd0113cac5a630b62763c24af1897bb_img.jpg\) 7. Reference Policies or Rights](#)

[!\[\]\(3d20681358fc97885ad401fe189f8c42_img.jpg\) +1. Make It Sound Like Me](#)

[RedTapeHelper GPT](#)

[!\[\]\(aaea9d55ec7e05231e57f246a23a2f24_img.jpg\) How to Use RedTapeHelper GPT](#)

[!\[\]\(8ca028f9e2a49f208b9be4b48bf3bf2f_img.jpg\) What This Is](#)

[!\[\]\(827dbbeabb2599c0955cb337fd8e3293_img.jpg\) How to Use RedTapeHelper GPT](#)

[!\[\]\(90b096e1129d324ada81a75592277d88_img.jpg\) Setup Steps:](#)

[!\[\]\(fc01473c77136a9e8943605a60e128d2_img.jpg\) How to Talk to It](#)

[!\[\]\(a52d553915841383e56a1222d54b7fd1_img.jpg\) Best Practices](#)

[!\[\]\(3765aedc0d88080cfae472fab5ed28ea_img.jpg\) Stay Factual](#)

[!\[\]\(8bc22162857ab637ba7ab66339fc71b2_img.jpg\) Save Everything](#)

- [!\[\]\(83eb2aa26b610eb6a9dca7cf4702d681_img.jpg\) Use Your Voice](#)
- [!\[\]\(94dfacbf937cdd7da4837a6fcd8fc785_img.jpg\) Push Politely](#)
- [!\[\]\(dae8c3c5fa7c80febd6526a5e8a853bf_img.jpg\) Share Information](#)

[!\[\]\(8af806fb1314382d09bc5ec5b767526c_img.jpg\) Use It. Win. Share It.](#)

[Want to support more tools like this?](#)

[Legal & Disclaimer](#)

- [!\[\]\(ce77bba2916ff045bdb9f4584b191293_img.jpg\) Copyright & Usage](#)
- [!\[\]\(b31d4eff00ee94d2cc889725763ab186_img.jpg\) Not Legal Advice](#)
- [!\[\]\(7cca60917fc4166291d2b648cb6bea1b_img.jpg\) User Responsibility](#)
- [!\[\]\(d87bb2c832300cfc0eca445594614032_img.jpg\) AI Tool Disclaimer](#)
- [!\[\]\(df123c3dbb04676ceb3727572e366e1e_img.jpg\) Free Use, No Strings](#)

Don't Want to Read This Whole Thing?

Totally fine. You don't have to. Start here and get moving.

I get it. This is a LONG document.

This page gives you the *minimum input* needed to start using RedTapeHelper.
No reading. No overthinking. Just action.



What This Tool Does

RedTapeHelper helps you write calm, clear, professional messages that get companies, landlords, or service reps to respond and do their job.



What To Do (Right Now)

Step 1: Open ChatGPT

Go to chat.openai.com

- ✓ If you use the **free version**, just log in.
 - ✓ If you have **ChatGPT Plus**, click this link:
 - 👉 [Launch RedTapeHelper GPT](#)
-

Step 2: Paste This In

"Help me write a professional email to [company name] about [short issue]. Include what happened, when, and what I'm asking for. Make it sound calm but confident. Ask any questions you need to achieve your goal."

Done. You're in.

Bonus Tip (If You Have It)

Copy and paste any policy, warranty, or contract language you found online.

Say:

“Here’s the policy I found. Can you summarize it and use it in my message?”

You’re Good To Go

If you never read the rest of this document, you’ll still get value.

If you come back later, it’ll still be here for deeper support.

Now go handle your situation. We’ve got your back.

Or, you know, read the rest of the thing.



RedTapeHelper: Push Back and Win

Frustrated? Don't give up. We'll help.

Losing money or dealing with a company giving you the runaround is the worst. At best, it is an annoyance and something that drives your blood pressure sky high.

At worst, it is a serious threat to your financial life.

But the reality is that most people don't want to fight.

They just want their refund, repair, or resolution, without being ignored or gaslit.

RedTapeHelper is a free tool that helps regular people push back professionally, even if you hate conflict.

Whether it's a warranty claim, airline refund, landlord dispute, or billing mess, you don't need to yell.

You just need to be **calm, clear, and consistent**.

RedTapeHelper gives you the prompts, structure, and language to do exactly that.



How It Works

You can use RedTapeHelper in **two ways**—whatever fits your tools or comfort level:

A No ChatGPT Plus? No Problem.

Use the **copy/paste prompts** included in this guide.

Just open chat.openai.com, paste the prompt into the free version of ChatGPT, and follow the guidance.

Works great for:

- Email drafts
- Complaint outlines
- Follow-up language
- Tone help (firm, not rude)

B Got ChatGPT Plus? Use the Custom GPT

If you have **ChatGPT Plus** (\$20/month from OpenAI), you can use the full **RedTapeHelper GPT**, which:

- Asks smarter follow-up questions
- Tracks context across your conversation
- Sounds more like *you*
- Helps you stay focused without getting overwhelmed

It's like a personal assistant who speaks fluent policy-speak—but always stays polite.

What You'll Leave With

- A calm, professional email or message that gets attention
- A clear record of the issue, request, and follow-ups
- A little less anxiety—and a little more control

Why did I make this? I'll tell you.

How I Fought My Warranty Company with AI and Won \$2,275

Now I'm giving the same tool to you for free.

The Problem

For four months, my refrigerator was either freezing everything or letting food rot. I filed a claim with my warranty company and got stuck in a loop of missed appointments, vague answers, and broken promises.





We lost food. We ate out more. We bought a backup fridge just to survive. And still there was no help, no payout, no end in sight.

The Turning Point

I've gotten pretty good at ChatGPT over the last couple of years. It's been helpful in personal organization, business, and creative projects. So I wondered, could it help me with this problem too?

To answer that, I built a custom AI assistant. It helped me stay organized, be persistent, and relentlessly professional.

Wants specifics? Here's what it helped me do:

-  Draft a clear, policy-based complaint
 -  Send follow-ups that kept the pressure on
 -  Log every tech visit, delay, and missed fix
 -  Reference exact language that triggered a replacement clause
-

The Result (2 Weeks Later)

- \$2,275 gift card for a new fridge
 - Delivery and haul-away handled
 - Case closed—on my terms.
-



Now It's Yours

This isn't a product.

I'm not running a company.

I'm just someone who got tired of being ignored and built something to fight back.

Now you can use it too.

Use these prompts and/or custom GPT to help you with all of the red tape that companies use to keep your money in their pockets.

Core Prompts

RedTapeHelper: Core Prompts

Use these prompts in **ChatGPT (free or Plus)** to stay calm, organized, and in control—whether you're asking for a refund, reporting a delay, or trying to get a real response from someone who keeps ghosting you.

1. Research the Company

Prompt:

“Research [company name] and summarize any recent complaints, reviews, or patterns in how they handle customer issues. What do people usually struggle with, and how does the company tend to respond?”

✓ Output: A quick snapshot of what you're up against—so you're not walking in blind.

2. Find the Relevant Policy

Prompt:

“Look up [company name]’s refund, warranty, or service policy. Summarize anything that could support my case, and highlight anything that might work against it.”

✓ Output: The exact policy language or summary you can use to hold the company accountable to its own rules.

3. Diagnose the Real Problem

Prompt:

“Here’s what’s been happening: [brief summary of your situation]. Based on this and what you know about [company name], what’s likely going on—and how should I approach it to get a resolution?”

✓ Output: Helps you frame the issue clearly, choose the right tone, and avoid wasting energy on the wrong strategy.



4. Write the First Complaint or Request

Prompt:

“Help me write a calm, professional message to [company name] about [brief description of issue]. Include what happened, key dates, what I’ve already done to resolve it, and what outcome I’m asking for. Keep the tone polite but firm.”

✓ Output: A clear, confident message that gets taken seriously—without sounding angry or emotional.



5. Follow Up Without Losing Patience

Prompt:

“Write a polite follow-up message to [company or agency] about my unresolved issue with [brief issue]. Remind them of my last message, restate my request, and ask for a reply within [reasonable time frame]. Keep the tone professional.”

✓ Output: A respectful nudge that keeps the pressure on—without escalating too soon.



6. Summarize the Paper Trail

Prompt:

“Help me summarize everything that’s happened so far with [issue]. Include dates, phone calls, messages, appointments, or delays. Format it as a short timeline I can use in an email or escalation.”

✓ Output: A clear record of your efforts—ready to paste into your next message or submit as evidence.



7. Reference Policies or Rights

Prompt:

“Help me quote or paraphrase [company/agency]’s policy or legal language that supports my request. Keep it factual, polite, and effective.”


✓ Output: Shows you’ve done your homework—and expect fair treatment, not favors.



+1. Make It Sound Like Me

Prompt:

“Tweak that message to sound more [calm / clear / confident / warm / serious / direct / like something I’d actually say].”

 Output: A version of your message that still gets the point across—but feels like *you* wrote it.

RedTapeHelper GPT

How to Use RedTapeHelper GPT

Your personal support strategist that's calm, clear, and relentless.

What This Is

RedTapeHelper GPT is a custom-built AI assistant that helps you stand up to customer service runarounds, warranty dead-ends, and institutional indifference with composure and precision.

This GPT isn't confrontational. It's strategic.

It helps you:


- Write complaint letters that get read
- Reference policies and cite terms without legalese
- Track timelines, parts, and failed fixes
- Escalate respectfully (but effectively)
- Persist without sounding pushy

Whether it's a warranty, a billing dispute, or a housing fight, this GPT helps you stay sharp, strategic, and polite.

How to Use RedTapeHelper GPT

 You'll need ChatGPT Plus (\$20/month from OpenAI) to access this GPT.

Setup Steps:

1. Go to chat.openai.com
2. Log in or create a free account
3. Click "Upgrade to Plus" in the lower-left corner
4. Activate your plan (no contract—monthly only)
5. Once you've upgraded, click this link to access RedTapeHelper GPT:
 [Launch RedTapeHelper GPT](#)

6. Click the ★ star icon to pin it for easy access

How to Talk to It

Just start typing. Here's how to begin:

Example:

“I filed a warranty claim with [Company], and they’ve gone silent after sending out 3 techs. Can you help me figure out what to do next?”

It helps you:

- Draft a calm escalation email
- Create a professional summary of the timeline
- Find policy language to back up your request
- Suggest next steps that don’t sound aggressive

You can also say:

- “Here’s what’s happened so far. Can you help me write an email?”
- “What does this part of the warranty mean?”
- “Can you rewrite this to sound more confident and clear?”

Best Practices

These simple habits make RedTapeHelper more powerful and help you stay in control when things get frustrating.

Stay Factual

Let AI help you write with clarity, not emotion.

Stick to what happened, when, and what you were told. Avoid venting and focus on results. If

you're upset, start by saying:

“Help me write this in a calm, professional tone.”

Save Everything

Create a simple bullet-point timeline of every call, visit, delay, or excuse.

You can paste this into RedTapeHelper to generate summaries or sendable updates.

It keeps the facts on your side and the story consistent.

Use Your Voice

Ask the AI to match your tone so it feels like something you'd actually send.

You can say:

“Make this sound more firm but respectful.”

Or:

“Can you rewrite this in my voice—clear, warm, and direct?”

Push Politely

You don't need to sound angry to be effective.

Let your persistence and professionalism speak for you.

RedTapeHelper is designed to help you follow up firmly, without making enemies or losing momentum.

Share Information

Found the company's policy online? Great.

Copy and paste anything you can: service terms, repair policies, refund conditions, contact details.

RedTapeHelper can read it, explain it, summarize it, or include it in a well-worded message.

The more context you give, the better it can help.

This tool helps you stay in the fight without losing your cool.

You don't need to yell to be powerful.




Use It. Win. Share It.

If this helps you get money back, peace of mind, or even just a real reply, that's amazing. That's literally the point of this whole thing.

Once you've won, share it with others. Everyone deserves help fighting back.

Want to support more tools like this?

If you liked this and want to support me and what I do, that's great! Don't feel obligated, though. I made this and wanted to give it to people for free. I don't expect to get rich from it.

-  [\[Buy me a coffee\]](#)
-  [\[Buy my other solutions\]](#)
-  [Share your story or suggest the next GPT]

There's no catch. No upsell. Just people helping people.

Legal & Disclaimer

Product Name: RedTapeHelper

Publisher: Quill & Die

Contact: john@quillanddie.com | www.quillanddie.com

Copyright & Usage

This product is provided *as-is* for informational and educational purposes.

© 2025 Quill & Die. All rights reserved.

No part of this product may be copied, modified, distributed, or resold without prior written consent.

Not Legal Advice

RedTapeHelper is not a law firm, and the information provided here does not constitute legal advice. While this tool is designed to help users write professional, effective messages and understand policies, it should not be relied upon for legal decisions or disputes requiring formal representation. Always consult a qualified attorney for legal advice specific to your situation.

User Responsibility

You are solely responsible for how you use the prompts and guidance in this tool. Outcomes will vary based on your specific context, communication, and follow-through. Quill & Die does not guarantee any particular result or resolution.

AI Tool Disclaimer

RedTapeHelper GPT is powered by OpenAI's ChatGPT platform. Use of the GPT features is subject to OpenAI's terms of service and privacy policy. Quill & Die does not store or access user inputs made in ChatGPT.

Free Use, No Strings

RedTapeHelper is a free tool. There are no hidden fees, subscriptions, or upsells. Support options (such as donations or related tools) are entirely optional.