

Creative Learning and Wellbeing  
in Education

# INFORMATION PACK

Working with  
A Mind Apart Theatre Company



A kite with a red and white diamond shape and a long tail with colorful bows is flying above the text. The text reads: *A mind<sup>o</sup>apart*

opening hearts and minds  
through performing arts

[amindapart.org.uk](http://amindapart.org.uk)

# A MIND APART'S MISSION...

IS TO OPEN HEARTS AND MINDS THROUGH PERFORMING ARTS, BY PROVIDING CARING AND SAFE SPACES WHERE INDIVIDUALS CAN LEARN, GROW AND DEVELOP CREATIVELY.

THROUGH OUR PROGRAMMES AND SERVICES WE AIM TO FOSTER CONFIDENCE, SELF-ESTEEM, AND SKILLS DEVELOPMENT WHILST PROMOTING INCLUSIVITY AND DIVERSITY.

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# 1.1 WHO WE ARE

*A Mind Apart Theatre Company is a UK based organisation delivering creative learning, performing arts, and therapeutic support for children and young people. We partner with schools and colleges to help students feel safer, more confident, and more connected through high quality creative practice.*

School leaders choose A Mind Apart when they want provision that is inclusive, well planned, and easy to implement. Our team are experienced, DBS checked, and trained to work with a wide range of needs, including neurodiversity and additional learning needs.

## *What we deliver*

We offer a clear menu of support that can sit within curriculum, enrichment, pastoral, SEND, and staff wellbeing plans.



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## 2.0 SERVICES AND PRICING

### 1:1 Therapy Sessions For Students

Specialist 1:1 creative therapy delivered in school or college.

**From £85 per hour**

**Minimum commitment:** at least one term

**How it works:** We agree a regular weekly slot and a referral pathway with your team.

### After School Clubs

Performing arts clubs for primary and lower secondary age. Suitable for students with learning needs.

**From £7 per hour per student**

**Group size:** up to 20 students

**How it works:** School provides space and supports promotion. Parents pay A Mind Apart directly via our booking system.

Staffing and safeguarding: all staff are trained, DBS checked, and suitably experienced according to the needs of the school.

Pupil Premium option: school can fund places for eligible students via invoice.



### Subject Based Workshops

One off workshops or a series connected to curriculum learning. Examples include:

- Historical topics brought to life through drama
- Performing arts skills development
- Drama sessions based on plays, techniques, and practitioners
- English text based workshops
- Shakespeare

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## 2.1 SERVICES AND PRICING

**Pricing:** quoted based on topic, group size, length, and staffing ratio.

### *Theme Based Workshops (PSHE)*

Interactive workshops that support wellbeing and positive behaviour, delivered as one off sessions or short programmes.

#### **Common themes include:**

- Anti bullying
- Online safety
- Healthy relationships
- Emotional regulation
- Exam stress
- Identity and belonging
- Peer pressure
- Consent
- Conflict resolution
- Transitions
- Resilience
- Attendance and motivation



### *One Off Workshop (60 to 90 minutes):*

**From £550** for up to 30 students

**From £750** for up to 60 students

**From £950** for up to 90 students

**Half day** (up to 3 hours delivery): **From £900**

**Full day** (up to 6 hours delivery): **From £1,500**

#### **Programme options:**

- 3 workshop series: **from £1,500**
- 6 workshop programme: **from £2,700**

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## 2.2 SERVICES AND PRICING

### *Extra curriculum enrichment (weekly sessions)*

Weekly sessions that develop creative skills in performing arts while supporting social development, confidence, communication, and teamwork.

#### **Delivery options:**

- Open access enrichment for any students
- Targeted groups via SENCO, pastoral, inclusion, or attendance teams
- Skills based, theme based, or blended programmes

#### **Weekly session (60 minutes):**

- **From £85 per hour**, one facilitator, up to 15 students
- **From £120 per hour**, one facilitator, up to 25 students
- **From £160 per hour**, two facilitators, up to 25 students or higher needs groups

#### **Weekly session (90 minutes):**

- **From £125**, one facilitator
- **From £175**, two facilitators

Minimum commitment: one term recommended for outcomes.

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### *Teacher Training (CPD)*

Training delivered by an expert team with over 25 years of collective experience in creative learning across school and college settings. We bring a trauma informed approach and deep understanding of student wellbeing.

#### **Training topics can include:**

- Creative ways to manage behaviour
- Bringing creativity into the curriculum
- Creatively engaging students
- Understanding student health and wellbeing
- Staff health, wellbeing, and burnout

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## 2.3 SERVICES AND PRICING

**Twilight CPD** (90 minutes): **From £600**

**Half day CPD** (3 hours): **From £1,050**

**Full day INSET** (up to 6 hours): **From £1,800**

### Optional add ons:

- Planning call and tailoring: **from £150**
- Resource pack and follow up guide: **from £100**
- Follow up wellbeing check in session within the same term: **from £450**

### Reflective Practice For Staff

Facilitated reflective practice sessions for teachers and school staff. Designed to support staff working on the front line with high workloads, complex student needs, and ongoing pressure.

#### Group reflective practice (90 minutes):

- **From £250** for up to 8 staff
- **From £350** for up to 15 staff
- **From £450** for up to 25 staff

Half day reflective practice (3 hours): **From £650**

**Minimum commitment:** one term recommended.

#### Package options:

- **Half term package** (6 sessions): **from £1,350** (90 minutes, up to 8 staff)
- **Term package** (12 sessions): **from £2,400** (90 minutes, up to 8 staff)



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## 3.0 HOW TO GET STARTED

- 1 • Tell us what you want to achieve and who the provision is for.
- 2 • We recommend the right format, staffing ratio, and schedule.
- 3 • We agree dates, delivery details, and safeguarding processes.
- 4 • Delivery begins, with clear communication and practical next steps.

## CONTACT

*To discuss provision, availability, and the best fit for your setting, contact our team.*

General enquiries:

[admin@amindapart.org.uk](mailto:admin@amindapart.org.uk)

Creative Learning enquiries:

[lydia@amindapart.org.uk](mailto:lydia@amindapart.org.uk)

Therapy and wellbeing enquiries:

[natasha@amindapart.org.uk](mailto:natasha@amindapart.org.uk)

Telephone:

**0114 232 1172**

Website:

[amindapart.org](http://amindapart.org).



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